



# ST FRANCIS DE SALES COLLEGE

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## A FRANSALIAN INSTITUTE OF HIGHER LEARNING

### DWEC Meeting

**Date:** 15-10-2021

**Venue:** IQAC Room

**Time:** 2.00 pm to 2.30 pm

#### Agenda:

- Action Plan for the Gender Sensitization for the academic year 2021-22

#### Discussion:

1. Activities planned for the academic year 2021-22 based on Gender Sensitization
2. DeSalite Women Empowerment Cell will take initiative to arrange these activities
3. Some the activities identified:
  - a. Each for equal: An awareness program
  - b. Role of Women in Work life Balance
  - c. Abhikya: Women's Day Celebration based on "Gender equality today for a sustainable tomorrow."
  - d. Collage Competition on Theme : Cycle of Domestic Abuse of Females
  - e. Story Writing Competition on Navigating career and motherhood

COORDINATOR

DeSalite Women Empowerment Cell  
St. Francis de Sales College  
Bengaluru - 560100

COORDINATOR

Best Practices Cell  
St. Francis de Sales College  
Bengaluru - 560100

PRINCIPAL

St. Francis de Sales College  
Electronics City Post, Bangalore - 560100



### Desalite Women Empowerment cell

Coordinators: Prof. Roshini Anne Koshy  
Dr. Rosaline Jayanthi

#### Annual Report

- The Desalite Women Empowerment Cell upholds women and their rights. It coordinates with the women staff and the students and support them in their welfare.
- To train women to protect themselves
- To educate women on their rights and duties
- To conduct various programmes and invites experts on various value-based topics to build a strong independent woman for a better society.
- To Empower women and to instill in them the need to be financially independent
- To organize programmes for the upliftment of women in the vicinity of the College.
- The cell organizes and celebrates 'International Women's Day' every year.

The following activities were conducted during the academic year 2021-2022.

#### 1. Health care quiz on women's Health - 26-11-2021.

Desalite women empowerment cell had conducted a cancer awareness quiz on 26-11-2021 for all the faculty members to provide general awareness on cancer that usually affects women. Breast cancer is the most common cancer in women, it can occur at any age, but the risk goes up as you get older. Because of certain factors, some women may have a greater chance of having breast cancer than others. But every woman should know about the risks for breast cancer and what they can do to help lower their risk. The quiz questions were framed in such a way that each of the question had its explanation also, so that everyone would be able to understand the facts related to particular type of cancer. Almost 27 faculties took part in the quiz, e certificates were provided to all the faculties.

#### 2. Collage making competition on the theme Cycle of Domestic Abuse of Females : 08-02-2022

Niralya meaning "You are Unique and wonderful" based on this a Collage making competition on the topic "The cycle of domestic abuse of females" was conducted for students on 8-02-2022. The competition was held in seminar hall, there were 18 Participants registered for the event, out of which only two teams participated. Registration was done through google form. Time allots was half an hour The teams which participated took a lot of effort in making the collage in a creative way, they tried to show lot of real-life incidents of domestic abuse.

Many real-life incidents and case studies were displayed by the students, the competition was judged by Prof. Maruthi and Prof. Akshaya.

First prize was bagged by Himanshi and Stephen Cyril of third sem B.com and second prize by Thanushree .P. and Sandhya K. of B.com third sem.



### **3. Story writing competition on the topic Navigating career and motherhood. 28-02-2022**

In view of women's day celebration Desalite women empowerment cell conducted a story writing competition on the topic "Navigating career and Motherhood", on February 28<sup>th</sup>, 2022, the event was conducted in seminar hall at 2:15 PM. It was conducted for all the faculty members of SFS College. Registration link was sent through google form. Twelve participants had registered for the event, out of which nine of them had participated. Prof. Mamatha, Prof. Chaitra S, Prof. Sandhya Kumari and Prof. Samundeeswari from department of commerce, Prof. Mamatha and Prof. Dakshina from PG department of Psychology, Prof. Maruthi and Prof. Jenifer from department of Science and Prof. Deepa from department of Humanities were the participants. The participants penned down their imaginations in a creative way based on the theme. All the written stories were judged by Prof. Archana from the department of English. The winners of story writing competition were first prize was won by Prof. Dakshina, second prize by Prof. Maruthi and third prize by Prof. Chaitra S.

### **4. Drawing Exhibition on Shades of women:07-03-2022**

As a part of women's day celebration the students and faculty members of SFS college were asked to contribute drawings on the theme "Shades of Women" which would be kept for exhibition on the day prior to women's day celebration. participants had submitted their creative work in the form of drawings and pencil sketching's which was displayed in exhibition on 7<sup>th</sup> March 2022. All drawings were very expressive and explained clearly the roles and responsibilities played by women in different spheres of of life.

### **5. Abhikya – 2022 Women's day celebration: 08-03-2022**

The theme for this year's International Women's Day was: "Gender equality today for a sustainable tomorrow." Desalite women empowerment cell of St. Francis de Sales College organized a small program in order to celebrate international women's day on 8<sup>th</sup>, March 2022. The event was named as Abhikya. The program was conducted in closed auditorium at 1:00 PM. The chief guest for the program was Dr. G.N Sangeetha, M.A, Ph. D who is a national awardee for social justice and empowerment. Dr. G.N Sangeetha is the first blind woman to have received doctorate in the state of Karnataka. Currently she is working as a documentarist in NMKRV women's college, Jayanagar, Bengaluru.

### **6. Group Discussion on the topics " Work life balance and Role of women in Financial decision at home" : 26-06-2022**

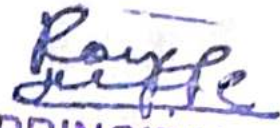
Women empowerment means emancipating (liberating, unshackling) woman from the stereotypes associated with them. Since time immemorial we have lived in a patriarchal society, where women have played a second fiddle to their fathers, brothers, husbands and sons. They have mostly occupied the domestic space and were expected to look after the house whereas the men of the house are free to explore. In order to have a discussion on this matter, Desalite women empowerment cell conducted a Group discussion for the faculty members of both UG and PG on the topics, "Work life Balance "and "importance of women in financial decisions at home" .

7. Session on topic Each for equal:10-09-2022.

In order to create awareness about equality and gender discrimination a session on the topic, " Each for equal was conducted on 10-09-2022 , for the PG students in room no 006. Dr. Mamatha. k from the PG department of psychology was the resource person. the session began at 12:30 pm and concluded by 1:30 pm..



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