



# ST FRANCIS DE SALES COLLEGE

**Permanently Affiliated to Bangalore University || AICTE Approved** Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

## A FRANSALIAN INSTITUTE OF HIGHER LEARNING

### WOMEN EMPOWERMENT CELL

WOMEN HEALTH CARE QUIZ

CANCER AWARENESS

Greetings from Women Empowerment Cell, St Francis De Sales College, Electronic City, Bengaluru.

As the concern for women health has increased multi fold in the recent times, women Empowerment Cell is presenting to you the women health care awareness quiz on 26.11.2021 through Google forms. The instruction for the same has been given as follows.

#### INSTRUCTIONS:

- You are allowed to participate only through your official mail ID.
- The portal will be opened only on 26.11.2021.
- Twenty five questions will be asked, each carries 1 point.
- After submitting your answer on clicking 'view score', you can get correct answers with explanation for the same.
- All the participants will get appreciation certificates through your official mail.

All the Best

Link to participate:

<https://forms.gle/mj7nnm1BCr7qrT4F6>



# ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

## A FRANSALIAN INSTITUTE OF HIGHER LEARNING

### Report Format

Title	Women health care quiz – Cancer awareness.
Date of Event(s)	
Department / Association /Cell / Committee	Desalite women empowerment cell
Venue (Mention the platform if it is Online)	Online(Google form)
Number of Participants	27
Target Audience	

Resource Person(s) with qualification	

Place of visit/ details of Industrial visit place (if applicable):	
Event Coordinator	Dr. Rosaline Jayanthi & Prof. Roshini Anne Koshy

#### Report :

Being a man or a woman has a significant impact on health, as a result of both biological and gender-related differences. The health of women and girls is of particular concern because, in many societies, they are disadvantaged by discrimination rooted in sociocultural factors.

Cancer is a large group of diseases that can start in almost any organ or tissue of the body when abnormal cells grow uncontrollably, go beyond their usual boundaries to invade adjoining parts of the body and or spread to other organs. The latter process is called metastasizing and is a major cause of death from cancer. Cancer is the second leading

cause of death globally, Lung, prostate, colorectal, stomach and liver cancer are the most common types of cancer in men, while breast, colorectal, lung, cervical, ovarian and thyroid cancer are the most common among women.

Desalite women empowerment cell had conducted a cancer awareness quiz on 26-11-2021 for all the faculty members to provide general awareness on cancer that usually affects women. Breast cancer is the most common cancer in women, it can occur at any age, but the risk goes up as you get older. Because of certain factors, some women may have a greater chance of having breast cancer than others. But every woman should know about the risks for breast cancer and what they can do to help lower their risk. Endometrial cancer is a cancer of the endometrium (the inner lining of the uterus). The risk of endometrial cancer increases as a woman gets older. Things that affect hormone levels, like taking estrogen without progesterone and taking tamoxifen for breast cancer treatment or to lower breast cancer risk can increase a woman's chance of getting this cancer. Having an early onset of menstrual periods, late menopause, a history of infertility, or not having children can increase the risk, too. Women with a personal or family history of hereditary non-polyposis colorectal cancer (HNPCC or Lynch syndrome) or polycystic ovary syndrome (PCOS), or those who are obese, also have a higher risk for getting endometrial cancer. Women who have had breast cancer or ovarian cancer may also have an increased risk of endometrial cancer.

Chronic infection by certain types of the human papillomavirus (HPV) is the most important risk factor for cervical cancer. You can get HPV through intimate skin-to-skin contact, such as having vaginal, anal, or oral sex with someone who has the virus. Other risk factors for cervical cancer include smoking, having a weakened immune system, having had a chlamydia infection, being overweight, being exposed to or taking certain hormone treatments, and not having regular cervical cancer screening tests.

The quiz questions were framed in such a way that each of the question had its explanation also, so that everyone would be able to understand the facts related to particular type of cancer. Almost 27 faculties took part in the quiz, e certificates were provided to all the faculties.

**COORDINATOR**  
Desalite Women Empowerment Cell  
St. Francis de Sales College  
Bengaluru - 560100

**COORDINATOR**  
Best Practices Cell  
St. Francis de Sales College  
Bengaluru - 560100

**PRINCIPAL**  
St. Francis de Sales College  
Electronics City Post, Bangalore - 560 100



# ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

A FRANSALIAN INSTITUTE OF HIGHER LEARNING

## Attendance Sheet

Timestamp	Email Address	Score	Name	Department
11/26/2021 10:57:21	rosalinejyanthi@sfscollege.in	23 / 25	DR.S ROSALINE JAYANTHI	Commerce
11/26/2021 11:30:14	padmavathiv@sfscollege.in	15 / 25	PADMAVATHI V	Mathematics
11/26/2021 11:36:42	jeseenthamathew@sfscollege.in	13 / 25	Jeseentha Mathew	Commerce
11/26/2021 11:36:45	chitrnk@sfscollege.in	13 / 25	Chitra N. K	Commerce
11/26/2021 11:55:05	umamaheshwarij@sfscollege.in	Dec-25	J Umamaheswari	English
11/26/2021 12:09:16	sonia.ashok@sfscollege.in	Sep-25	Sonia Ashok	Hr
11/26/2021 12:29:25	akshayab@sfscollege.in	17 / 25	Akshaya B	Science
11/26/2021 12:45:44	thanushree_3291@sfscollege.in	17 / 25	Thanushree. B	Commerce
11/26/2021 12:45:55	sharada_3293@sfscollege.in	17 / 25	Sharada R	Commerce
11/26/2021 12:54:13	chaithras@sfscollege.in	18 / 25	Chaithra S	Department of commerce
11/26/2021 12:56:19	madhusudan@sfscollege.in	14 / 25	Madhusudan M	Commerce
11/26/2021 12:59:57	mamathak_psy@sfscollege.in	19 / 25	Mamatha K	Psychology
11/26/2021 13:08:06	diliyajoseph@sfscollege.in	Oct-25	Diliya Joseph	Humanities
11/26/2021 16:22:02	indra@sfscollege.in	15 / 25	Indra kumari V	Commerce
11/26/2021 16:37:15	arunb@sfscollege.in	Oct-25	Arun B	Department of Economics
11/26/2021 17:24:58	tharinip@sfscollege.in	15 / 25	Dr. Tharini Prabakaran	English
11/26/2021 17:51:55	dakshinaukanthi@sfscollege.in	15 / 25	Dakshina U Kanthy	Psychology
11/26/2021 17:56:57	roshiniannekoshy@sfscollege.in	22 / 25	Roshini Anne Koshy	Science
11/26/2021 18:03:44	priyaparvathi@sfscollege.in	17 / 25	Priya Parvathi P	PSYCHOLOGY PG Pg Economics Dept.
11/26/2021 18:17:30	shivakumarsm@sfscollege.in	Nov-25	SHIVA KUMARhi	Commerce
11/26/2021 18:21:06	thanapackiam@sfscollege.in	19 / 25	Dr. Thanapackiam	Commerce
11/26/2021 18:39:07	sinyphilip@sfscollege.in	Aug-25	SINY PHILIP	PG - M.com
11/26/2021 18:58:00	mangayarkarasi@sfscollege.in	Apr-25	Mangayarkarasi.N	BBA
11/26/2021 19:43:37	mariapriyap@sfscollege.in	Nov-25	Dr. Maria Priya P	BBA Department of Business Administration
11/26/2021 20:35:08	ashwini@sfscollege.in	Dec-25	Ashwini C	BCA
11/27/2021 13:20:25	kalpana@sfscollege.in	Dec-25	Kal3	Commerce
11/27/2021 13:27:45	bsamundeeswari@sfscollege.in	13 / 25	B Samundeeswari	Commerce

EACH FOR EQUAL PHOTOS

