



# ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved

Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

A FRANSALIAN INSTITUTE OF HIGHER LEARNING

## DESALITE WOMEN EMPOWERMENT COMMITTEE

*Presents*

### Group Discussion on Women Empowerment

Moderator: Lathika Chandran, Counselor, SFS College

Date: 20.06.2022 (Monday)

Venue: Auditorium

Time: 2:15 pm





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## DESALITE WOMEN EMPOWERMENT CELL (DWEC)

### Report on Group Discussion



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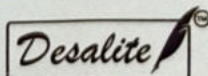
Time: 2:15 pm



COORDINATOR  
Desalite Women Empowerment Cell  
St. Francis de Sales College  
Bengaluru - 560100

COORDINATOR  
Best Practices Cell  
St. Francis de Sales College  
Bengaluru - 560100

Electronics City P.O., Bengaluru - 560 100  
Tel.: 080-27836065 / 27834611, Fax: 080-27832299, Email: principal@sfscollege.in  
www.sfscollege.in



|  |                                       |
|--|---------------------------------------|
| Title  | Group discussion on women empowerment |
| Date of Event(s)   | 20-06-2022                            |
| Department/Association/<br>Cell/Committee                  | Desalite women empowerment cell       |
| Venue<br><i>(Mention the platform if it<br/>is online)</i> | Closed auditorium                     |
| Number of Participants                                     | 50                                    |
| Target Audience  | 75                                    |

|   |  |
|---|--|
| Resource Person(s) with<br>qualification <i>(if<br/>applicable)</i> : |  |
|   |  |

|   |  |
|---|--|
| Place of visit/ details of<br>Industrial Visit place <i>(if<br/>applicable)</i> : |  |
| Event Coordinator   | Dr. Rosaline Jayanthi & Prof. Roshini Anne Koshy |

**Report:**

Women empowerment means emancipating (liberating, unshackling) woman from the stereotypes associated with them. Since time immemorial we have lived in a patriarchal society, where women have played a second fiddle to their fathers, brothers, husbands and sons. They have mostly occupied the domestic space and were expected to look after the house whereas the men of the house are free to explore. In order to have a discussion on this matter, Desalite women empowerment cell conducted a Group discussion for the faculty members of both UG and PG on the topics, "Work life Balance" and "importance of women in financial decisions at home".

It was conducted in closed auditorium, Mrs. Lathika Chandran, counsellor of SFS College was the moderator for the discussion. Prof. Lavin was the MC.

Often, work takes precedence over everything else in our lives. Our desire to succeed professionally can push us to set aside our own well-being. Creating a harmonious work-life balance or work-life integration is critical, though, to improve not only our physical, emotional and mental well-being, but it's also important for our career.

The Program started with discussion on the topic "Work life balance", Dr. K. Mamatha,

Dr. Kanchana, Prof. Dhruva Kumar and Prof. Priya Parvathi were the participants of this discussion, each of them expressed their views and ideas and also their suggestions on how to have a proper work life balance.

In the second part Discussion was based on the topic, "importance of women in financial decisions at home".

Prof. Maruthi, Prof. K. Mamatha, Dr. Thanapackiam were the participants, each of them discussed about how women can be financially independent and how they can involve themselves in the financial decisions at home.

Both the sessions were moderated by Mrs. Lathika Chandran, she also gave her valuable suggestions on both the topics. The session ended with open questions to the audience, where few of the faculty members discussed about their opinions and suggestions.

*Rosaline Jayanthi*

**PRINCIPAL**

**St. Francis de Sales College**

Electronics City Post, Bangalore - 560 100

**Report By**

**Dr.S.Rosaline Jayanthi**

**Prof. Roshini Anne Koshy**



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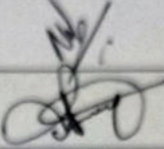
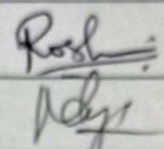
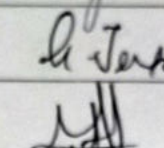
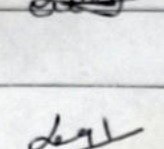
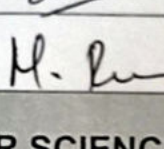
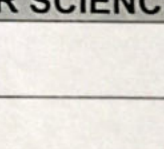
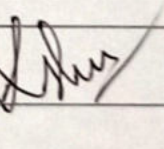
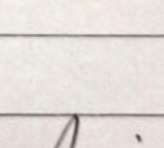
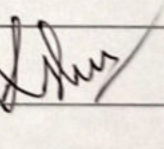
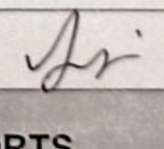
## UG TEACHING FACULTY -

DATE: 20-06-2022 (ED)

| SI NO                        | NAME                         | SIGNATURE |
|------------------------------|------------------------------|-----------|
| 1                            | REV. FR. DR. ROY. P. K       |           |
| 2                            | REV. FR. JIJO JOSE MANJACKAL |           |
| <b>ACADEMIC COORDINATOR</b>  |                              |           |
| 3                            | MR. SREENIVASA MURTHY. V     |           |
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| 5                            | MRS. VEENA. N                |           |
| 6                            | DR. PRAKASHA                 |           |
| 7                            | MR. KARIBASAVANA GOWDA. G    |           |
| 8                            | MR. KITTAPPA. R              |           |
| 9                            | MR. KUMARA. C                |           |
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| 11                           | MR. DEVIDAS TUKARAM          |           |
| 12                           | MRS. MADHURI R KSHIRSAGAR    |           |
| <b>DEPARTMENT OF ENGLISH</b> |                              |           |

|                                 |                          |                    |
|---------------------------------|--------------------------|--------------------|
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| 16                              | MRS. ARCHANA R           | <i>R. Nua</i><br>4 |
| 17                              | DR. THARINI. P           |                    |
| 18                              | MS. B SIVAKAMI           |                    |
| <b>DEPARTMENT OF HUMANITIES</b> |                          |                    |
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| 21                              | MR. SAMPATH KUMAR. R     |                    |
| 22                              | MR. BENET RAJADURAI J    |                    |
| 23                              | MRS. DILIYA JOSEPH       |                    |
| 24                              | MRS. DEEPA S             |                    |
| 25                              | DR. SUDHAKARA KARAKOTI   |                    |
| 26                              | MRS. K R. AJITHA SHAJI   |                    |
| <b>DEPARTMENT OF COMMERCE</b>   |                          |                    |
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| 28                              | MRS. CHITRA N. K         |                    |
| 29                              | MRS. MAMATHA K           | <i>M. Mammala</i>  |
| 30                              | MR. DRUVA KUMAR K. S     |                    |
| 31                              | MR. JOHNSON PEREIRA      |                    |
| 32                              | MR. LAVIN BHAWNANI       |                    |
| 33                              | MRS. VANITHA T           |                    |

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| 35   | MRS. KAVYASHREE B V    |               |
| 36   | MRS. SATISHWARI T K    |               |
| 37   | MRS. DEEPASHREE. P     |               |
| 38   | MS. DHANUJAKSHI. A     |               |
| 39   | MS. NAGARATHNA. M      |               |
| 40   | MS. PRIYA. E           |               |
| 41   | MRS. SANDHYA KUMARI. B |               |
| 42   | MS. CHAITRA S          |               |
| 43   | MRS. RONITA R          | <i>Ronita</i> |
| 44   | MRS. MEENA PARASARAN   |               |
| 45   | MS. MOUSIME XALXO      |               |
| 46   | MR. KUMAR N            |               |
| <b>DEPARTMENT OF BUSINESS ADMINISTRATION</b> |                        |               |
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| 48   | MRS. GEETHA P.S        | <i>psg</i>    |
| 49   | MRS. MANGAYARKARASI. N |               |
| 50   | DR. MARIA PRIYA P      |               |
| 51   | MRS. RAMANDEEP KAUR    |               |
| 52   | MS. VICTORIA REENA     | <i>VR</i>     |
| 53   | MRS. ASHWINI. C        |               |
| 54   | MRS. RAKSHITHA. G      |               |
| 55   | MRS. SONIA ASHOK       |               |

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| <b>DEPARTMENT OF SCIENCE</b>          |                        |  |
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| 58                                    | MRS. RASHMI. N         |    |
| 59                                    | MRS. ROSHNI ANNE KOSHY |    |
| 60                                    | MRS. MAYA MATHEW       |    |
| 61                                    | MRS. JENIFER SUJITHA   |    |
| 62                                    | MR. MARUTHI C.V.       |   |
| 63                                    | MRS. AKSHAYA. B        |  |
| 64                                    | DR. REGIMOL JOSE       |  |
| 65                                    | MRS. PANDIKANI M       |  |
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| 69                                    | MS. SARANYA. C         |  |
| 70                                    | MRS. GOWTHAMI. S       |  |
| 71                                    | DR. S SIVAGAMI         |  |
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| 73                                    | MS. CHRISTINA MARY     |  |
| 74                                    | MR. ANAND N            |  |
| 75                                    | MR. RADHASWAMY         |  |



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|--------------------|--------------------|----------------|
| 76                 | MR. MADHUSUDAN M   |                |
| 77                 | MR. KARTHIK. R     |                |
| PRO                |                    |                |
| 78                 | MRS. SONIA S BABY  |                |
| NON-TEACHING / LAB |                    |                |
| 79                 | MRS. INTURI APARNA | <i>IS</i>      |
| 80                 | MRS. KALPANA .R    |                |
| 81                 | MR. WILLIAM ALFRED | <i>AK</i>      |
| 82                 | MS. SHAKTHI K      | <i>Shakthi</i> |

| ICT FACULTY |                         |  |
|-------------|-------------------------|--|
| 83          | MRS. CHITHRA THANKACHAN |  |

|    |                       |
|----|-----------------------|
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| 2  | MRS. SINI PHILIP      |
| 3  | MRS. THANAPACKIAM     |
| 4  | MRS. MAMATHA. K       |
| 5  | DR. ROSALINE JAYANTHI |
| 6  | MRS. PADMAVATHI       |
| 7  | MR. SHIVA KUMAR S M   |
| 8  | MR. ARUN B            |
| 9  | MRS. KANCHANA         |
| 10 | MS. PRIYA PARVATHI P  |
| 11 | MR. VINAYAKA          |
| 12 | MS. TRISHALA M        |
| 13 | MR. RAJU              |

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