



# ST FRANCIS DE SALES COLLEGE

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## Report of Activity

Title	Skill development- Effective communication skills
Date of Event(s)	19 February 2022
Department / Association	Department of Psychology, Postgraduate Centre
Venue	Room no: B07
Number of Participants	15
Resource person	Ms. Nida Syeda, PhD Scholar, Christ (Deemed-to- be) University.

### Report:

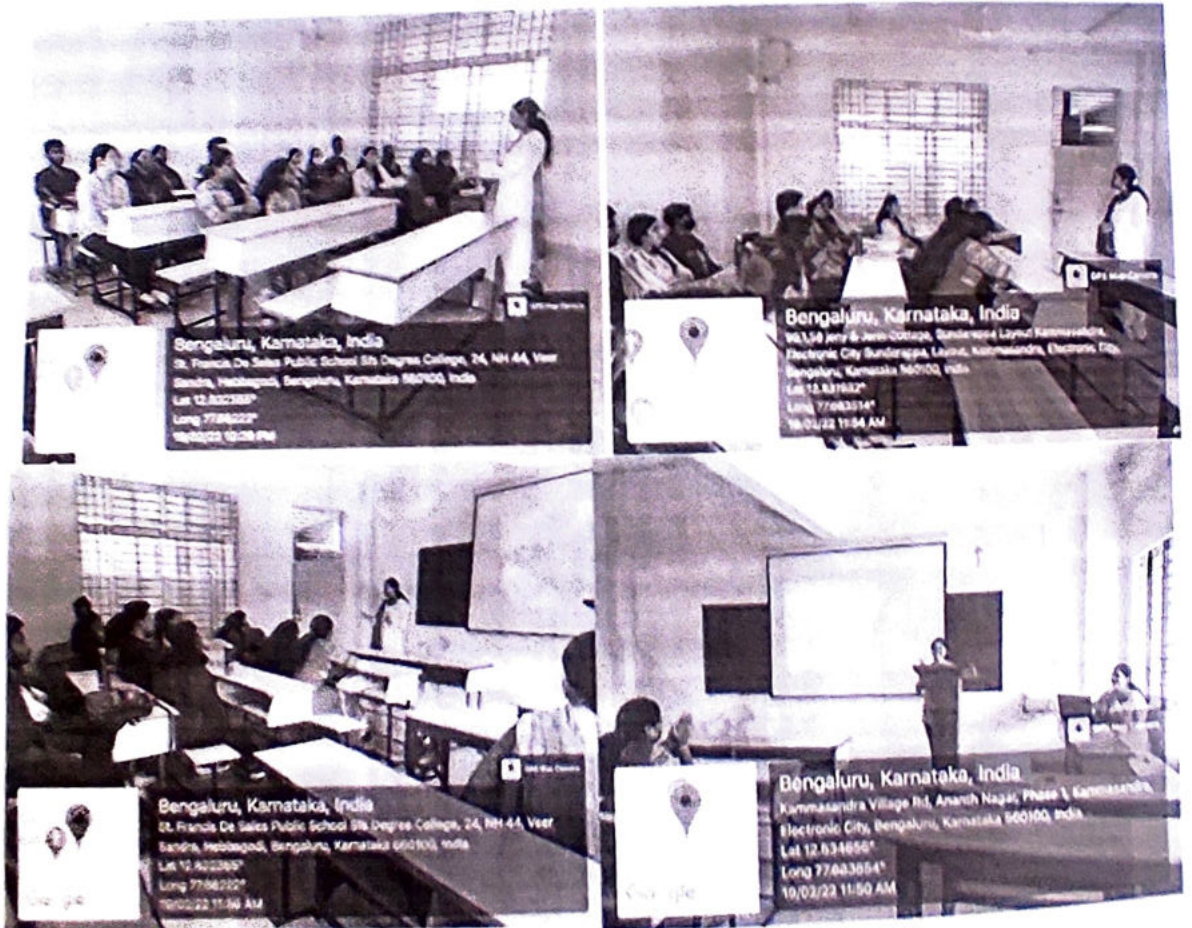
The Department of Psychology, Postgraduate Centre, conducted the second skill development workshop for the students on "Effective Communication Skills" on 19 February 2022 at 11:40 am. The resource person for the workshop was Ms. Nida Syeda, who is a Ph.D. scholar with Christ ( Deemed-to-be) University, Bangalore. She has completed her MA in English from Jyoti Nivas College, Bangalore. Her area of research is on different modes of control that influence knowledge production on user generated online platforms. Her areas of interests are digital humanities and cultural studies.

The workshop began with a welcome note by Ms. Preeti, who also introduced the speaker to the gathering. The session was then handed over to the speaker. She began with an interaction with the students on how important they think is communication in their lives, then she moved on to show the snaps of few famous speakers all over the world. Students were asked to identify the names and asked if they have ever listened to them speaking. Most of the students recognised all their speakers and shared their thoughts on the same. She then moved on to speak about the importance of spatiality in communication. She explained with examples as to how people differ in their communication when they are in a personal and professional space. She discussed about the different aspects of communication like kinesics, paralinguistics and chronemics. She spoke about how important is it to be organised in your thoughts when you are addressing a gathering. She elaborated about the different skills that are involved in being an effective communicator. She ended her session by interacting with the students on how the world-famous orators became famous through their speeches. The session ended with a vote of thanks by Ms. Preeti from second year MSc Psychology.

## Positive Outcome:

Objective of the event was help the students the importance of effective communication and developing the right skills to lead a successful life. The speaker took all efforts to explain this through a wide variety of activities and this was an eventful and refreshing experience for the postgraduate students of the department.

## Photo Gallery



Supporting documents enclosed

Student list

Photographs of the event

Sample Certificate


Invitation and acceptance mails

### Student List

Roll number		Name of the student
20NCSM8001	<i>Aak</i>	Akriti Rao
20NCSM8003	<i>Ash</i>	Dibyangana Paul
20NCSM8004	<i>Ebin</i>	Ebin Leo Abraham
20NCSM8005	<i>Felicia</i>	Felicia Saldanha
20NCSM8006	<i>Ishmat</i>	Ishmat
20NCSM8008	<i>Preethi Devi Y</i>	Preethi Devi Y
20NCSM8009	<i>Siddhartha</i>	Siddhartha Kumar
20NCSM8011	<i>Tibirisetti S Matha</i>	Tibirisetti S Matha
21SM8001M	<i>Anjana Shaji</i>	Anjana Shaji
21SM8002M	<i>Vincy</i>	Vincy Veronica
21SM8003C	<i>Shalini M</i>	Shalini M
21SM8004C	<i>Nafiya Fathima</i>	Nafiya Fathima
21SM8005C	<i>Baptist Milton</i>	Baptist Milton
21SM8006C	<i>Vaishnavi V</i>	Vaishnavi V
21SM8009M	<i>Ancy Alexander</i>	Ancy Alexander

# Invitation and Acceptance mails:

Invitation- Skill development session- Effective Communication Skills- Postgraduate Centre- St Francis De Sales College, 19 February 2022  

PSYCHOLOGY MSC  

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Dear Professor,

*Greetings from Dept. of Psychology, Postgraduate Centre, St. Francis de Sales College, Electronic City, Bangalore!*

The Department of Psychology, Postgraduate Centre, St Francis De Sales College is planning to conduct a Skill development session for the students of the Psychology department on "Effective Communication Skills" on 19 February 2022. It is indeed a great honor and privilege to extend our warm welcome and cordially invite you to be the **Resource Person** for the session.

We would be extremely delighted if you could address the young aspiring minds and help them inculcate the skills to be effective speakers.

We look forward to your positive response. [psyc@stfrscollege.com](mailto:psyc@stfrscollege.com)

Thank You

Respectfully

Dakshina U. Kanthy  
Asst. Professor  
Department of Psychology  
Postgraduate Centre  
St Francis de Sales College  
Bangalore

Tue Feb



Nida Syeda

2:02 PM

My apologies for the delayed response as the mail was lost in the spam folder. Thank you for the invitation. I would consider it an honour to be there.

Thank you,

Nida

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Report prepared by

Prof. Dakshina U Kanthy

Department of Psychology

Postgraduate Centre

St Francis de Sales College.



**ST FRANCIS DE SALES COLLEGE**  
Electronics City Bengaluru - 560 090

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## PsyLight Club

Dept. of Psychology  
Postgraduate Centre  
Welcomes You

To

Skills Development Program  
on "Effective Communication Skills"

19<sup>th</sup> February 2022

11.30 p.m. to 1.00 p.m.



Speaker of the Day

**Ms. Nida Syeda**

PhD Scholar

Christ University

Bengaluru