



# ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

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**A FRANSALIAN INSTITUTE OF HIGHER LEARNING**

## Report of “Understanding ADHD Children and Application of ABA Technique”

<b>Title</b>	Understanding ADHD Children and Application of ABA Technique
<b>Date of Event</b>	March 14, 2023 (Tuesday)
<b>Department/Association</b>	Dept of Psychology PG Centre in Association with Desalite Skill Development Cell, St. Francis De Sales.
<b>Venue</b>	Room No 109
<b>Number of participants</b>	19
<b>Target Audience</b>	M.Sc Psychology Students
<b>Event Coordinator</b>	Mrs. Payel Roy
<b>Resource Person &amp; details</b>	*Mr. Chetan S V ** Dr. Mamatha K *Clinical Psychologist and Research Scholar, IIT Hyderabad ** Asst. Prof. Head - Dept of psychology, PG Centre, St Francis De Sales College

### REPORT:

The session was conducted by the The Dept of Psychology PG Centre in Association with Desalite Skill Development Cell, St. Francis De Sales. The agenda of the session was to help students understand how to work with ADHD children and how to apply ABA technique. The workshop was conducted by Mr Chetan SV on the topic of understanding ADHD Children while Dr. Mamatha K. conducted the workshop on Application of ABA techniques.

The session began with a welcome speech by Milton and the resource person's introduction. The workshop began with a brief overview of children's mental health. Post this a video was shown to make the students understand mental health of children. There was an interview that was shown which helped students understand the difference between the thoughts and

behaviors of ADHD Children to that of Non-ADHD Children. The socio-demography and etiology of ADHD was explained.

The workshop then proceeded to an iceberg session on ADHD, followed by the assessment of ADHD and how there could be issues in such assessments. The session then moved on to the major theoretical framework to understand ADHD. The first half of the session ended with the neurodiversity framework. A break was given for an hour to the students

The second part of the session commenced at 11:00 AM with understanding of how to interview parents and children with ADHD. The workshop then taught on how to conceptualize a case for ADHD. The session then moved on to the therapeutic relationships and holistic intervention. Certain behavioural strategies were also taught. The session then explained on how to work with the families of ADHD children and parent management. The workshop also highlighted on the strategies that schools and colleges should apply in dealing with ADHD Children. The session on understanding ADHD children ended with an example of a case conceptualization.

A short break was given to the students, post which the second part of the workshop which is application of ABA technique was started from 1:15 PM. The session started with introduction to ABA technique. The workshop then proceeded with the explanation of the four factors to identify problematic behavior. The seven dimensions employed in evidence based scientific methods was explained. Post this the evidence-based strategies were introduced to the students. In total, 24 strategies were taught. The session ended at 2:15 pm.

**Learning Outcome:**

The session gave an in depth understanding of how to deal with ADHD children and also their families and parents. The application and strategies through which ABA technique can be applied was also a learning for the students. The session was interactive and informative.

  
**COORDINATOR**  
Desalite Skill Development Cell  
St. Francis de Sales College  
Bengaluru - 560100

  
**PRINCIPAL**  
St. Francis de Sales College  
Electronics City Post, Bangalore - 560 100.

## **Profile of the resource person**

Link to Resource person profile - <https://sites.google.com/iith.ac.in/chetansv/home>

## **Email Screenshot of Resource person invitation and acceptance:**

Re: Invitation to be the Resource Person on 14th of March



Chetan S V <chetansv.fr@gmail.com>  
01-03-2023 10:34

To: Payel Roy

Dear ma'am,

Thank you for your email. I'm happy to accept the invitation. Looking forward to workshop!

Warm regards,  
Chetan

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Chetan S V ( he/him/his)  
M.Phil. Clinical Psychology (NIMHANS)  
RCI CRR No. A73451  
Ph.D. Scholar in Psychology and Disability Studies,  
Department of Liberal Arts,  
Indian Institute of Technology Hyderabad  
<https://sites.google.com/iith.ac.in/chetansv/home>

On Wed, Mar 1, 2023, 9:43 AM Payel Roy <payelroy@sfscollege.in> wrote:  
Respected Sir,

As per our previous telephonic conversation, I hereby formally invite you to be our resource person for the Session "Understanding ADHD children :  
March 2023 at 9AM at St. Francis De Sales College, Bengaluru 560100.

Requesting you to kindly accept the invitation.

Thanks and Regards,  
Payel Roy  
Asst. Prof.  
Dept of Psychology




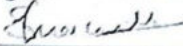
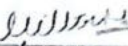
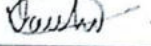

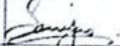




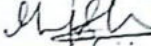



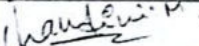
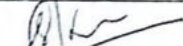

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**Attendance Sheet:**

**ATTENDANCE SHEET**

**Understanding ADHD Children and ABA Technique**

**Date: 14/03/2023**

Class	Name	Signature of Student
2 <sup>nd</sup> M.Sc Psychology	Deeksha K N	
2 <sup>nd</sup> M.Sc Psychology	Anjana Shaji	
2 <sup>nd</sup> M.Sc Psychology	Nafiya Fathima M	
2 <sup>nd</sup> M.Sc Psychology	Shalini M	
2 <sup>nd</sup> M.Sc Psychology	Baptist Milton	
2 <sup>nd</sup> M.Sc Psychology	Vaishnavi A	
2 <sup>nd</sup> M.Sc Psychology	Vincy Veronica T	
2 <sup>nd</sup> M.Sc Psychology	Sowjanya Adiga	
2 <sup>nd</sup> M.Sc Psychology	Ancy Alexander E	
2 <sup>nd</sup> M.Sc Psychology	Aashin Shajeev Keloth	
1 <sup>st</sup> M.Sc Psychology	Lekshmi Rajesh Nair	
1 <sup>st</sup> M.Sc Psychology	Bachan Bagsingh	
1 <sup>st</sup> M.Sc Psychology	Mercy SM	
1 <sup>st</sup> M.Sc Psychology	Shalini . y	
1 <sup>st</sup> M.Sc Psychology	Alwin Raj .	
1 <sup>st</sup> M.Sc Psychology	Vimi J Nershni	
1 <sup>st</sup> M.Sc Psychology	Chandini M	
1 <sup>st</sup> M.Sc Psychology	Sahil George Kujur	
1 <sup>st</sup> M.Sc Psychology	Jayashree R .	

## Payment Voucher

### ST FRANCIS SALES EDUCATIONAL & CHARITABLE TRUST

ST. FRANCIS DE SALES COLLEGE

Hebbagodi, Electronic City P.O. Bangalore - 560100. Karnataka

#### PAYMENT VOUCHER

☎ 080-27834611

Head of Account	UNIT CODE	
Paid to <i>Mr. Chetan S.V.</i>	CASH CODE	
Towards <i>Honorarium - Skill Development of Psychology (Ph)</i>	BANK CODE	
Amount (Rs) <i>Two thousand only and five hundred only</i>	VOUCHER NO	
Cash / Cheque /D.D. No. <i></i>	DATE	<i>14/03/2023</i>
<b>Rs. 2500/-</b>	A/C CODE	
	PARTY CODE	

#### RECEIPT

Received with thanks the sum of Rs. *2500/-*  
from the Finance Officer, ST. FRANCIS DE SALES COLLEGE, Hebbagodi.

Sanctioning Authority

*[Signature]*  
Signature of Recipient

## Appreciation Letter



### ST FRANCIS DE SALES COLLEGE

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Recognized by NAAC, with 'B++' Grade | Recognized under section 2(f) & 12(b) of the UGC Act | An ISO 9001:2015 Certified Institution

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### Letter of Appreciation

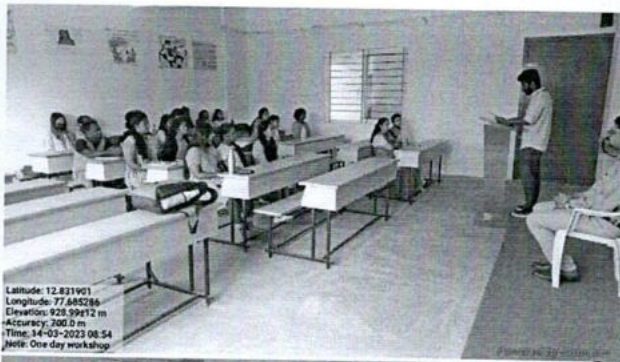
This is to certify that Mr. Chetan S V, Clinical Psychologist & Research Scholar IIT, Hyderabad, has been the Resource Person for One - Day Workshop on "Understanding ADHD Children & Application of ABA Technique" organized by the Department of Psychology - Postgraduate Centre in association with Desalite Skill Development Cell held on 14<sup>th</sup> March, 2023.

We are indeed privileged to have your honourable presence with us and look forward for future support and collaboration.

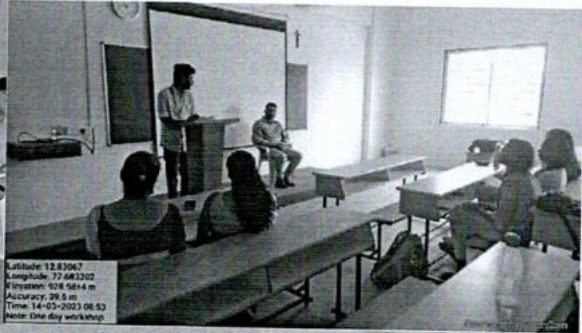
*[Signature]*  
PRINCIPAL  
St. Francis de Sales College  
Electronic City Post, Bangalore - 560 100.

Electronics City P.O., Bangalore - 560 100  
Tel.: 080-27835065 / 27834611. Fax: 080-27832299, Email: principal@sfscollege.in  
www.sfscollege.in

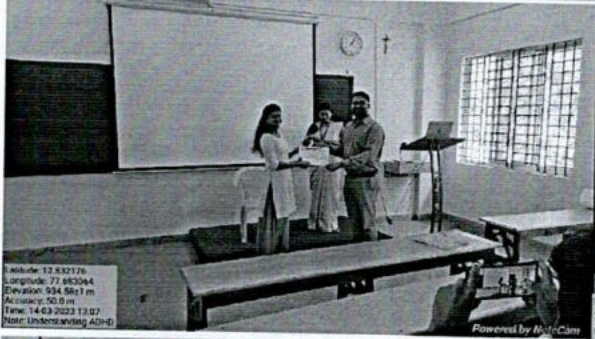
*Desalite*



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Note: One day workshop



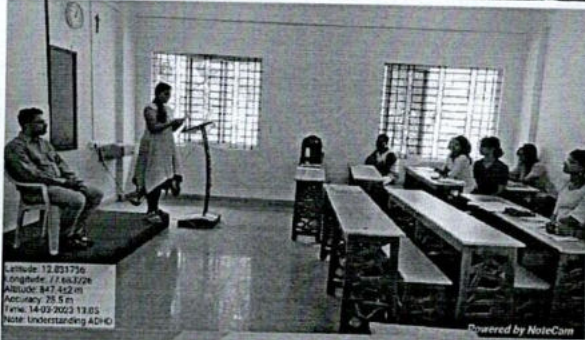
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Note: Understanding ADHD



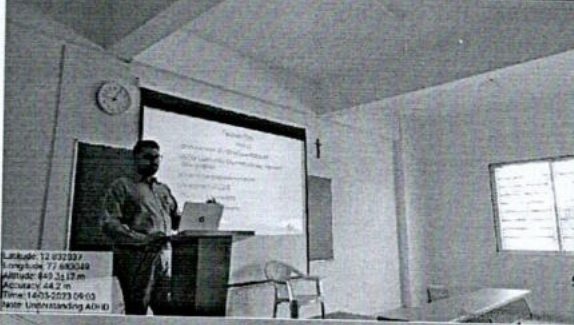
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Time: 14-03-2023 13:05  
Note: Understanding ADHD



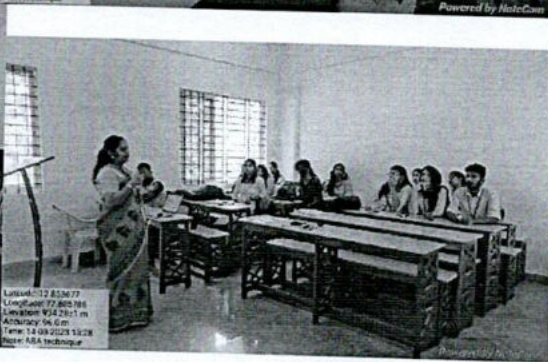
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Note: ABA technique



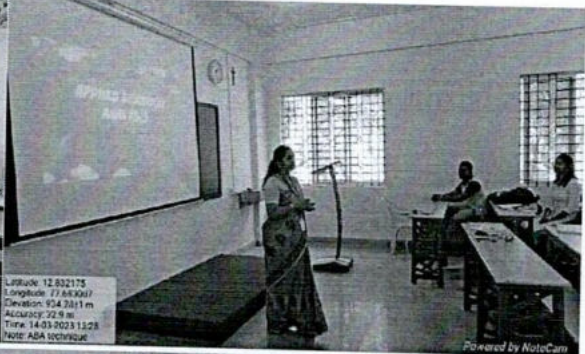
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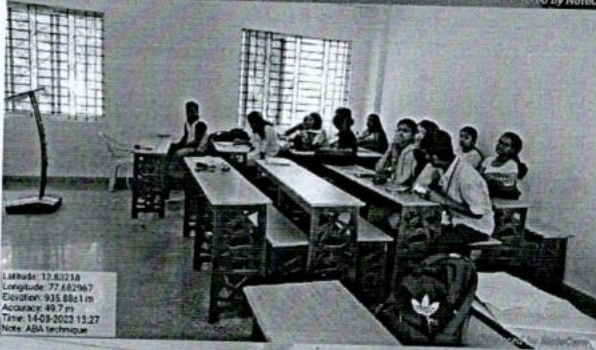
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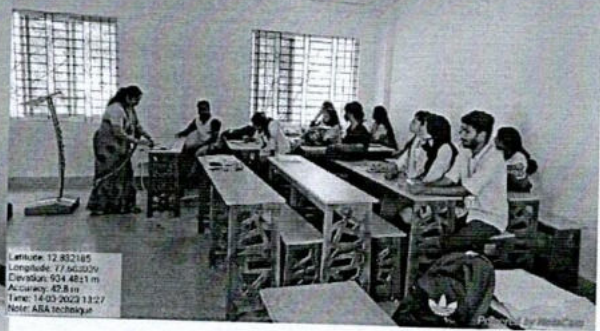
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Note: ABA technique



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Note: ABA technique



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Note: ABA technique



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Note: ABA technique



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Note: LinkedIn/ACAD

**Report Prepared by:**

**Payel Roy**  
Coordinator & Asst. Professor  
Dept. of Psychology  
Postgraduate Centre

**Report Verified by:**

**Report Approved by:**

**Principal**

*plb*  
**COORDINATOR**  
Desalite Skill Development Cell  
St. Francis de Sales College  
Bengaluru - 560100

*SAD*  
**COORDINATOR**  
Student Support Cell  
St. Francis de Sales College  
Bengaluru - 560100