

Brochure:



ST. FRANCIS DE SALES COLLEGE
Permanently Affiliated to Bangalore University | AICTE Approved | Electronic City, Bengaluru - 100
Reaccredited by NAAC with B++ Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution
A FRANSALIAN INSTITUTE OF HIGHER LEARNING

SAMVADA
STUDENT NATIONAL SEMINAR
June 23, 2023

"Academics and its role in Building Society: Research in India"

Organized by the
Department of Humanities (PG & UG)
in association with the Research Cell

ABOUT THE COLLEGE

St. Francis de Sales (SFS) College is managed by the Missionaries of St. Francis de Sales (MSFS) of South West India Province, who firmly believe that *'the education of the heart is the heart of education'* hailed by its founder Fr. Peter Marie Mermier. St Francis de Sales College came into existence in 2004 with the motto: *Excellence, Transformation and Efficiency*. It is a minority recognized institution, permanently affiliated to Bangalore University with UG, PG (with MBA) and PG Diploma Programs.

In the year 2018, the College obtained 2(f) and 12(b) recognition under the UGC Act of 1965. AICTE approval for MBA was obtained in 2020. The College was granted "B++" grade by the NAAC in 2021. The College is also an ISO certified Institution.

ABOUT THE STUDENT NATIONAL SEMINAR (SAMVADA)

"Student National Seminar (SNS)" is an annual academic fest organized by St Francis de Sales College, Bengaluru, for the Undergraduate and Postgraduate Students. This academic platform *intends to give the students an exposure to research, publication and knowledge transfer*. The Student National Seminar encourages intellectual discussions, collaboration, and networking among young academicians. With a focus on promoting interdisciplinary research and fostering a culture of intellectual curiosity, SNS aims to nurture the next generation of leaders and scholars, empowering them to contribute to the advancement of knowledge in their respective fields.



SUBTHEMES

JOURNALISM	SOCIOLOGY	POLITICAL SCIENCE	HISTORY	ECONOMICS	PSYCHOLOGY
1. The impact of media literacy education on building a more informed and critical society.	1. The role of education in shaping social identity and mobility.	1. The impact of academic freedom on political science research.	1. The Role of Academics in Social Movements.	1. Role of education in economic function.	1. Research in Educational Psychology: Bridge the Gap in Education.
2. Digital Literacy and Cyber security: An Analysis of the Role of Media Literacy in Developing Online Safety Awareness.	2. The role of academic institutions in shaping social identities.	2. The relationship between academic research and activism.	2. Education and Globalization.	2. Role of academics in building work force	2. Psychology and Higher education

GUIDELINES

Maximum Length: 3000 words including title, introduction, method, result and discussion Conclusion and references.

Margin: 1 inch all sides, Font: Times New Roman, 12 points, Justified, Line spacing 1.5

Title of the Paper (Centre alignment, upper case, font size 12, bold); Name(s) and address (es) of the Author(s) (Centre alignment, title case, font size 12, names alone bold. Please underline the name of the presenter in the author list.

Abstract of full paper: Not more than 200 words and maximum of five key words Tables, illustrations, charts, figures, formulae etc. should be placed within the text at appropriate places. Referencing should be in the APA style

Registration Link

Participation Fee: Rs. 100/-

Presentation Fee: Rs. 150/-

Registration Link

<https://forms.gle/hqEyQ1ixMfWVPiuG8>



IMPORTANT DATES & CONTACT INFO

Last date for Registration: May 27, 2023

Deadline for abstract submission: June 2, 2023

Deadline for full paper submission: June 17, 2023

Email : ba.samvada@sfscollege.in

Contact Number

MS. LAKSHMI BALAKRISHNAN – 7338023790

DR. MAHESH. N. V - 9481028563





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Report of “Student National Seminar - Humanities”

Title	Student National Seminar (Humanities) – Academics and its role in building society
Date of Event	June 23rd, 2023 (Friday)
Department/Association	Department of Humanities in association with Research Cell
Venue	Seminar Hall
Number of participants	33
Target Audience	Student scholars and academicians of colleges
Place of visit/ details of Industrial Visit place (if applicable):	NA
Event Coordinator	Ms. Lakshmi, Ms. Payel Roy, Mr Mahesh
Resource Person & details	Dr. Chetna Lakhotia Adjunct Faculty, Dept of Psychology, Christ University Dr. Mamatha K Head, Dept of Psychology, PG Centre St Francis De Sales College



REPORT:

The Student National Seminar inauguration happened in the New Auditorium, St Francis De Sales College, from 9:30 AM. The Seminar aimed at bringing scholars and academicians together and sharing knowledge through paper presentations and discussions. Each department was given a theme based on which their were sub-themes derived. The papers were presented based on the subthemes. For department of humanities the theme of the seminar was “Academics and its role in building society”.

The external chairperson was Dr. Chetna Lakhotia, an Adjunct faculty from dept of psychology, Christ University, while the internal chairperson was Dr. Mamatha K. head of the department of psychology, PG centre, St. Francis De Sales College. There were a total of 12 offline presenters and 7 online presenters. The seminar started at 11:00 AM with a welcome speech by Ms. Payel Roy followed by the keynote address by the external chairperson. There was a lunch break provided at 1:15 PM for all. The students resumed the presentation from 2 PM.

The Best Presentation and Best Paper prizes were bagged by Ms. Ambika Singh who presented her paper on “Relationship between academic stress, resiliebce and well-being among Indian students”. A cash price of Rs 4000 was awarded to the student for getting both the best paper and the best presentation. All the participants were given the participation certificates, and the other presenters were awarded the paper presentation certificates. Post the announcement of the results, the chairperson was felicitated. The Seminar ended at 4:00 PM.

Learning Outcome:

The seminar gave a wholistic learning on the various nuances of academics and its role in building society. The Scholars and students gained and shared knowledge. The QnA sessions helped the students and scholars to learn better an get in depth of the process of research. The importance of research was yet again established through the student national seminar.

Supporting Documents:



Attendance Sheet:



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ATTENDANCE SHEET: SNS 2023

Sl. No	Name of the student	Roll no	Signature
1	Roohi C	20HEP017H	[Signature]
2	Sandhya S	20HEP037K	[Signature]
3	Lavanya G P	20HEP012K	[Signature]
4	M. Vidya Singh	20HEP021K	[Signature]
5	Mythili S	20HEP021E	[Signature]
6	Kaanthi S Reddy	20HEP031K	[Signature]
7	Vinod sathya P	20HEP010H	[Signature]
8	Choufanya Adiga	21SM800EM	[Signature]
9	Navya Fathima M	21SM800HC	[Signature]
10	Teeksha K-N	21SM8007H	[Signature]
11	Shalini M	21SM8003C	[Signature]
12	Mulla G	21SM8005C	[Signature]
13	Ranya M	R20SPE01T	[Signature]
14	Kusuma V	20CJP008K	[Signature]
15	Dr. Raksha Devi	20CJP0099A	[Signature]
16	Layara Narif M	20CJP0067A	[Signature]
17	Sanjana	20HEP026K	[Signature]
18	Shreesham	20HEP027K	[Signature]
19	Poorna Shree S	22A0041K	[Signature]
20	Bhavitha R	22A0085K	[Signature]
21	Sajitha Fathima	20CJP022K	[Signature]
22	Afreen Taj T	20LT PDD1H	[Signature]
23	Yasmin	20LT PDI6H	[Signature]
24	NAVYA S	22A0005K	[Signature]
25	RAJU A	22A0033K	[Signature]
26	Dr. Asisha	20CJP002H	[Signature]
27	Shradha G.H	20CJP036SA	[Signature]
28	Ashtika D		[Signature]
29	Roshikala		[Signature]
30	Priyanka Kumari	20JPE001H	[Signature]
31	Shalini Mary Babu	20JPE004H	[Signature]
32	Sumit L	20JPE021E	[Signature]
33	Roshikala	22A0035Y	[Signature]



34	Shamila M	22A00157	Shy J. M
235	Rishika S	22A00157	
36	Aishwarya SM	22A00247	Aishwarya
37	AKASH K N	22A00064	Aakash
38	ANISH GAGAN RAS. S	22A0008K	Anish
39	Manoj Kumar V	22A0064K	Manoj Kumar V
40	Sri Ram. R	22A0007H	Sri Ram
41	Anjona Shaji	21SM80091	Anjona
42	Vaishnavi A	21SM8006C	Vaishnavi
43	omy alexander	21SM8009M	Omy
44	Vincy Veronica T	21SM8002M	Vincy
45	Sujay Arabin Thomas	20SE8004E	Sujay
46			
47			
48			
49			
50			

Afternoon session 23/6/23

Sl No	Name of the Student	Roll No.	Signature
21	omy alexander	21SM8009M	Omy
22	Anjona Shaji	21SM8009M	Anjona
23	Vaishnavi A	21SM8006C	Vaishnavi
24	Deeksha K N	21SM8005M	Deeksha
25	Shabini M	21SM8003C	Shabini
26	Baptist Milton G	21SM8005C	Milton
27	Vincy	21SM8002M	Vincy
28	Nafya	21SM8004C	Nafya
29	Saujanya	21SM8006M	Saujanya
30	Shamila M	22A00157	Shy J. M
31	Aishwarya S.M	22A00247	Aishwarya
32	Prathikaashmy	22A0025	Prathikaashmy
33	Anish Gagan Ras	22A0088K	Anish
34	Sri Ram. R	22A0007H	Sri Ram
35	Keerthana L	20JPE004K	Keerthana
36	Priyanka Kumari	20JPE001H	Priyanka
37	Samuel	20JPE001E	Samuel
38	Sujay Thomas	20SE8004E	Sujay
39	M. Ambika Singh	20CT7029K	Ambika
20	Rooba C V sem	20HEP019TA	Rooba



Profile of Resource Person

2

CHETNA LAKHOTIA
FREELANCER
FORMER ASSISTANT PROFESSOR

EDUCATION

PhD, THE IIS UNIVERSITY, JAIPUR

- Thesis titled "Positive Organizational Correlates of Employee Work Ethics and Spirituality".
- Worked as a research scholar and undertook classes for UG and PG programmes while working on my thesis

MA (PSYCHOLOGY), THE IIS UNIVERSITY, JAIPUR

- Specialization in Organizational Behaviour
- President – PG council
- Outgoing Student of the Year

COMMUNICATION

- Strong communication skills
- Proficient in English and Hindi

LEADERSHIP

- Held office both while working as well as a student
- Appreciated for leading groups of students and faculty during events, examinations, meetings etc.

OTHER AREAS OF INTEREST

- Conduct webinars
- One on one educational counselling
- Self-development and upskilling

REFERENCES

Dr Roopa Mathur, Dean Academics, The IIS University
roopamathur2812@gmail.com

Dr Sunita K Damodar, Coordinator Academics, IIPR
(Indian Institute Of Psychology And Research)
sunita.damodar@iipr.in



Invitation And Acceptance



Samvada BA <ba.samvada@sfscollge.in>
to Chetna, Research, Research

Sun, Jun 18, 8:46 PM ☆ ↶ ⋮

Respected Ma'am,

With immense pleasure, we would like to invite you as the chairperson for our Student National Seminar 2023-2024, Department of Humanities, St Francis De Sales College. The Seminar will be held on 23rd of June 2023 from 9:00 AM to 4:00 PM at St Francis De Sales College Electronic City.

I, on behalf of the Department of Humanities, cordially invite you to chair our Student National Seminar 2023-2024. Requesting you to kindly grace the event with your presence.

--

With Kind Regards
Mrs. Payel Roy
Coordinator,
Department of Humanities,
St Francis De Sales College



Chetna Lakhotia
to me

Sun, Jun 18, 10:22 PM ☆ ↶ ⋮

Thank you for the invitation.

I will be pleased to chair the seminar and acknowledge the same.



Samvada BA <ba.samvada@sfscollge.in>
to Mamatha, Research, Research, Ms

Mon, Jun 19, 12:48 PM ☆ ↶ ⋮

Respected Ma'am,

With immense pleasure, we would like to invite you as the internal chairperson for our Student National Seminar 2023-2024, Department of Humanities, St Francis De Sales College. The Seminar will be held on 23rd of June 2023 from 9:00 AM to 4:00 PM at St Francis De Sales College Electronic City.

I, on behalf of the Department of Humanities, cordially invite you to chair our Student National Seminar 2023-2024. Requesting you to grace the event with your presence.

--

Thank you,
Regards,
Mrs. Payel Roy,
Coordinator,
Department of Humanities,
St Francis De Sales College



Mamatha K
to me, Research, Research, Ms

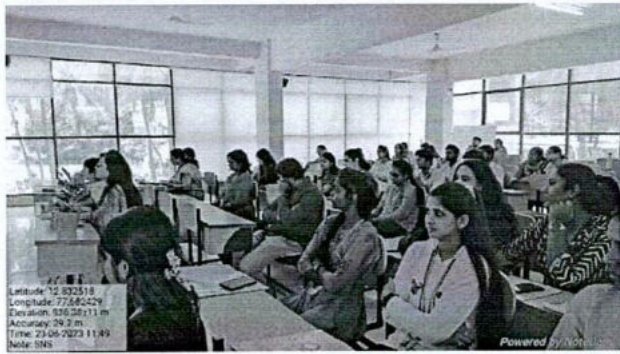
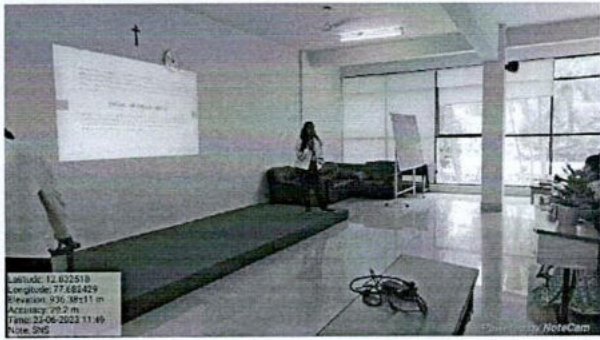
Mon, Jun 19, 4:18 PM ☆ ↶ ⋮

I accept the invitation. Thank you.

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Geo-tagged Photos:






Report Prepared by:

Payel Roy
Coordinator & Asst. Professor
Dept. of Psychology
Postgraduate Centre
Report Verified by:
Research Cell
Report Approved by:
Principal

Payel Roy
PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100.

Appreciation Letter:



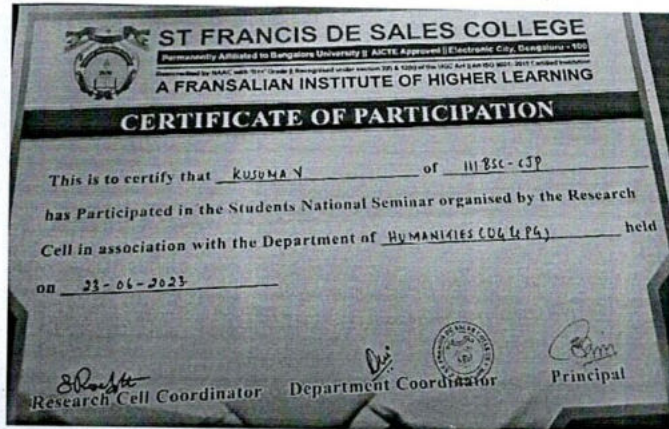
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Letter of Appreciation

This is to certify that Dr. Chetna Lakhota, Adjunct Faculty, Christ (Deemed to be University), Bangalore, has been the Chairperson for the "SAMVADA - Student National Seminar - June 2023" on "Academic and its Role in Building Society Research in India" organized by the Research Cell in association with Department of Humanities held on 23rd June, 2023.

We are indeed privileged to have your honourable presence with us and look forward for future support.

Payel Roy 23/6/23
PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100.



Judging Criteria:

ST FRANCIS DE SALES COLLEGE
A FRANCISIAN INSTITUTE OF HIGHER LEARNING
National Student's Seminar - June 2023
Department of Humanities (U.G. and PG) & Research Cell
Judging Criteria for Best Presentation

Sl. No.	Name of the Presenter	Title of the Presentation	Point allocated				Total pts.
			Content (10)	Relevance of the topic (10)	Clarity of Presentation (10)	Visual Aids (10)	
1	Jyotsna and Padmalini and Lavanya P. Chidambaram	The Impact of Academic burnout on Political Science	2	4	4	4	14
2	Madhurima Bhatia C.	The Impact of Academic burnout on Political Science	1	2	1	3	7
3	Acaryashree R.	The Role of Psychology in Higher Education					
4	Ambika Singh	A study on the relationship between emotional intelligence and stress cognition among Gen-Zs	7	7	9	8	31
5	Sreyas Abraham Thomas	Positive Effects of gaming on learning					

Best Presentation

Sl. No.	Name of the Presenter	Title of the Presentation	Content (10)	Relevance of the topic (10)	Clarity of Presentation (10)	Visual Aids (10)	Total pts.
1	Jyotsna and Padmalini and Lavanya P. Chidambaram	The Impact of Academic burnout on Political Science	2	4	4	4	14
2	Madhurima Bhatia C.	The Impact of Academic burnout on Political Science	1	2	1	3	7
3	Acaryashree R.	The Role of Psychology in Higher Education					
4	Ambika Singh	A study on the relationship between emotional intelligence and stress cognition among Gen-Zs	7	7	9	8	31
5	Sreyas Abraham Thomas	Positive Effects of gaming on learning					

Best Presentation

Sl. No.	Name of the Presenter	Title of the Presentation	Content (10)	Relevance of the topic (10)	Clarity of Presentation (10)	Visual Aids (10)	Total pts.
14	Acaryashree R. M.	Effectiveness and Challenges of alternative techniques intervention model on death anxiety and well-being among old age people	7	8	7	7	30
15	Sahil George Raj and Hecchin Bhatnagar	Reasons and benefits of tele counselling in urban areas of Bangalore: A qualitative study.	5	6	5	5	21
16	Shobini V and Vinod Narsimhan	Effectiveness of mindfulness intervention model on stress and well-being among health care providers	6	6	6	5	23
17	Vidya D B	Women in financial inclusion	5	5	5	4	19
18	Vinay H V	Skill development in India: Challenges					

Best Presenter:
Name: AMBIKA SINGH
Title: A Study on the Relationship between emotional intelligence and stress cognition among Gen-Zs
Points: 31

