



ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

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A FRANSALIAN INSTITUTE OF HIGHER LEARNING

REPORT ON RAINBOW WEEK-2022

Title	Rainbow Week, 2022
Date of Event	From 12 th to 17 th September, 2022
Time of the event	NA
Department/Association	Postgraduate Centre
Venue	NA
Number of participants	115
Target Audience	PG Students

REPORT

Colour is something everyone envisions every day. Colours tend to influence a person's behaviour and is an effective tool for communication. It is known that various colours denote various meanings, religiously and socially. Keeping this in mind, The PG Cultural committee organized Colour week **from 12th of September (Monday) to 17th of September (Saturday)** under the name "**Rainbow week**" for the very first time. Colours are associated with emotions and can influence a person's mental and emotional state. They can spark a variety of positive and negative emotions. In clothing, interiors, landscape, and even in natural light, colour can change the mood from sad to happy, from confusion to intelligence, from fear to confidence. It can be used to "level out" emotions or to create different moods which can be positive or negative.

The Cultural committee along with the student counsel came up with a list of colours for the entire week. Initially, everyone was imparted about the meaning of the colour mentioned for the week, its effects on mood, how it can positively impact the students and faculty. All the faculty and students were informed and encouraged to be dressed on the colours for the day as mentioned below:

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DATE	DAY	COLOUR	MEANING
12/09/2022	Monday	Red	Passion, Vitality
13/09/2022	Tuesday	Orange	Creativity, Enthusiasm
14/09/2022	Wednesday	Yellow	Happiness, Intellect
15/09/2022	Thursday	Green	Growth, Abundance
16/09/2022	Friday	Blue	Responsibility, Loyalty
17/09/2022	Saturday	Violet	Wisdom, Mystery

The colours affect the mood of people and there are colours which benefit the students in their academics. Certain colours like red, orange, and yellow tend to direct the attention of students as these colours are considered mellow. They are much likely to enhance studying, concentration, attentiveness, and responsiveness. Blue and green colour boost focus, The students and faculty were dressed in the respective colours for the day. Everyone decked in similar shades of colour was a magnificent view to see. Photos were taken along with the teachers to celebrate the colour for the day. Teachers and Students actively participated in this colour week by wearing dress, accessories of the colour assigned.

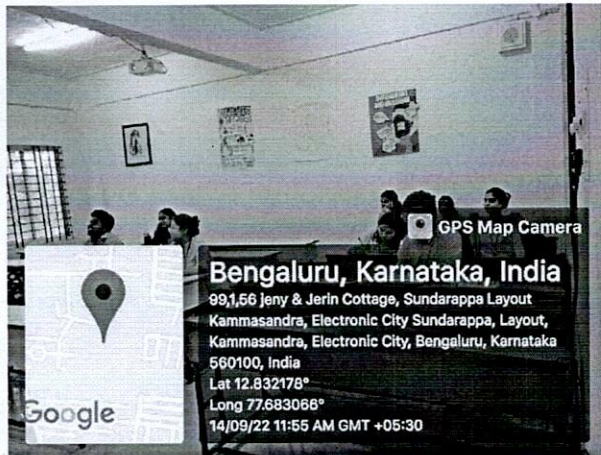
Michelle M

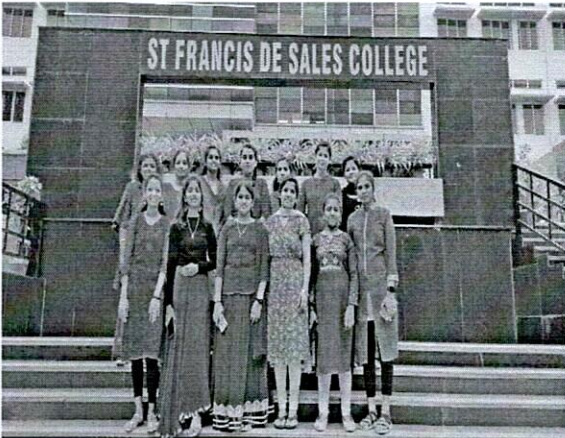
COORDINATOR
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PHOTO GALLERY





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