



ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

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A FRANSALIAN INSTITUTE OF HIGHER LEARNING

Report of "Alumni Session on Role of Psychologists In Building Healthy Society"

Title	Alumni Session on Role of Psychologists in Building Healthy Society
Date of Event(s)	29.08.2022
Department / Association	PsyLight Club, Dept. of Psychology, Postgraduate Centre
Venue	Room No. B04
Number of Participants	21
Desalite Alumnus	Mr. Jithin Abraham

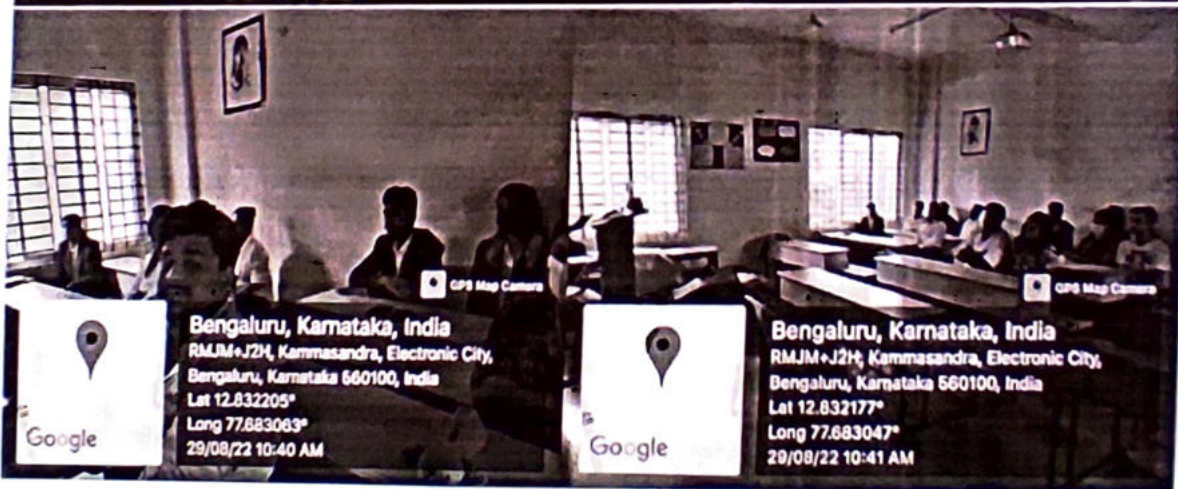
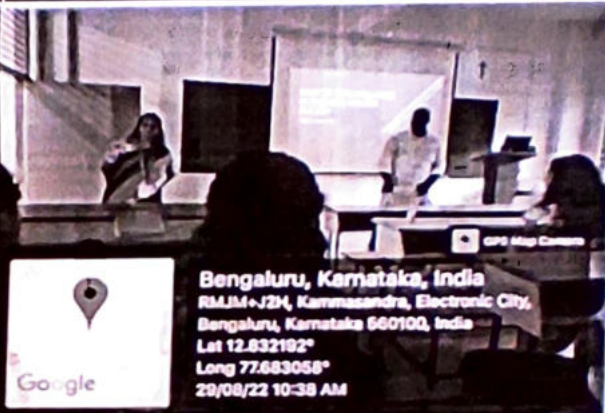
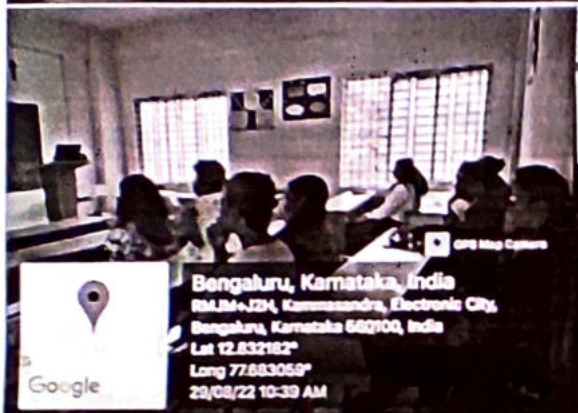
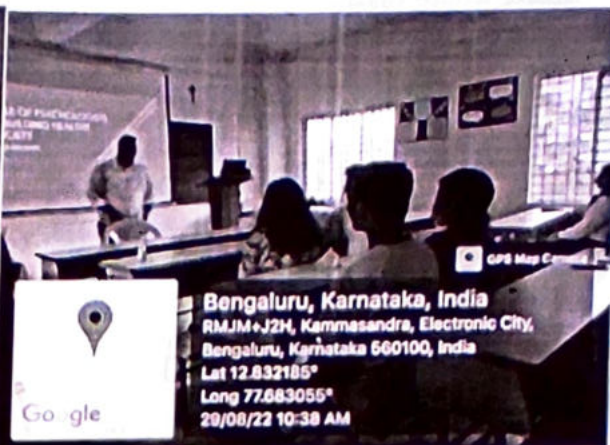
Report:

Dept. of Psychology, Postgraduate Centre focuses on enriching students. Bringing back their Alumni as resource person is one of the practices the department follows every year, in fact every semester. Mr. Jithin Abraham from 2019-21 batch was invited to address present MSc Psychology students. Mr. Jithin is working as Consultant Psychologist at Softminds Wellness Pvt Ltd, Kerala. He was welcomed and introduced to the students. He started speaking about his experience at college as a student. He spoke about the importance of learning as a student and the help of it while working. He started giving his experience as a psychologist and explained his role. He spoke about the importance of psychologists in building healthy society. He spoke about the different roles and responsibilities of a psychologist. Actual sessions and its impact were explained in detail. Students had several queries. All queries were clarified. Role of a psychologist by the budding psychologist was effective.

Positive Outcome: Session with Alumni, will be effective as students gain confidence by listening to their own Senior. Getting Alumni as resource person, reflects the strength of the department. Department always focuses on holistic growth and session with alumni is the proof of training happens in the department.

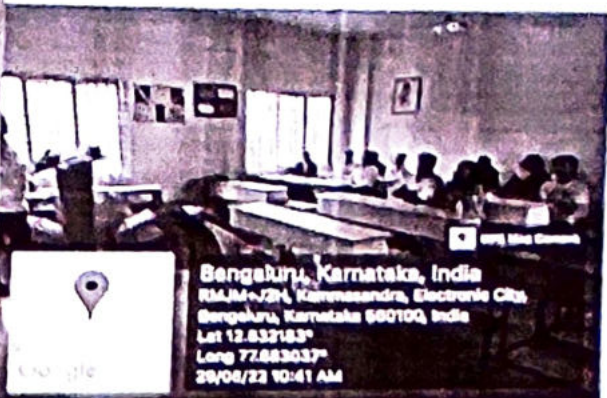
Supporting Documents:

Geo-tagged Photos:





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 Bengaluru, Karnataka 560100, India
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 Long 77.683063°
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Brochure:



ST FRANCIS DE SALES COLLEGE
 A FRANSALIAN INSTITUTE OF HIGHER LEARNING

Department of Psychology
 Post Graduate Centre
organizes

Session with Alumni

on

**Role of Psychologists in Building
 Healthy Society**



Desalite Alumnus

Mr. Jithin Abraham
 Consultant Psychologist
 Softminds Wellness Pvt Ltd &
 Punarjjany Ayurveda Hospital
 and Counseling, Kerala

29.08.2022
10.05 am - 11.00 am



participants List:

Participants List:

Reg No	Name of the student	Signature
20NCSMS001	Akriti Rao	
20NCSMS002	Aksa Mary Jose	
20NCSMS003	Dibyangana Paul	
20NCSMS004	Ebin Leo Abraham	
20NCSMS005	Felicja Saldanha	
20NCSMS006	Ishmat	
20NCSMS007	Jeevan V	
20NCSMS008	Preethi Devi Y	
20NCSMS009	Siddartha Kumar	
20NCSMS011	Tibirisetti S Matha	
21SMS001M	Anjana Shaji	
21SMS002M	Vincy Veronica	
21SMS003C	Shalini M	
21SMS004C	Nafiya Fathima	
21SMS005C	Baptist Milton	
21SMS006C	Vaishnavi V	
21SMS009M	Ancy Alexander	
21SM8007M	Deeksha M	
21SM8008M	Swanjanya Adiga	
21SM8010M	Landsay R Marak	
21SM8011M	Aashin Keloth	

Report prepared by:

Dr. Mamatha K
Asst. Professor
Dept. of Psychology
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