



ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UOC Act || An ISO 9001: 2015 Certified Institution

A FRANSALIAN INSTITUTE OF HIGHER LEARNING

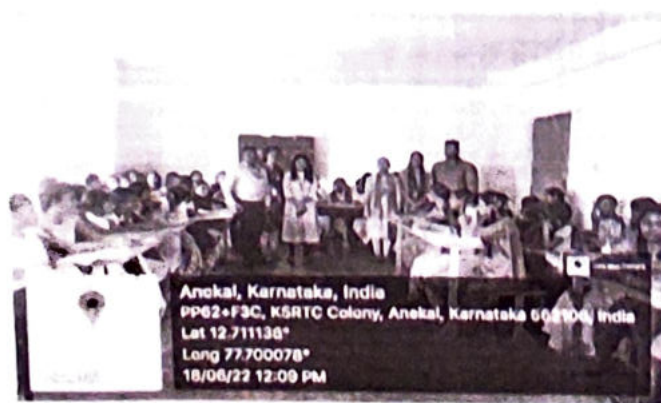
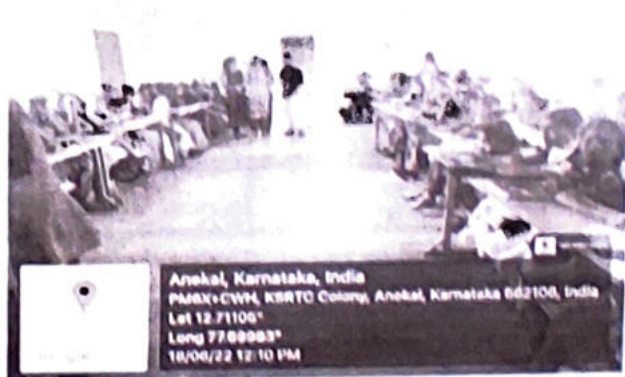
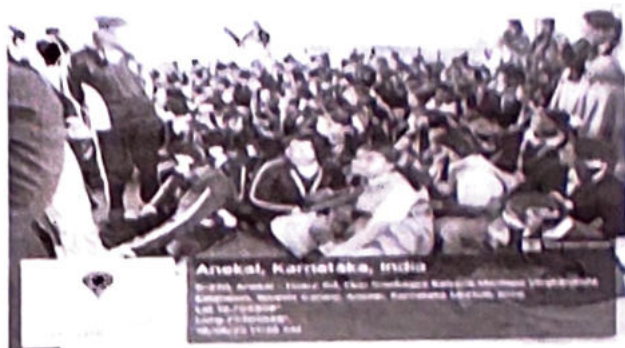
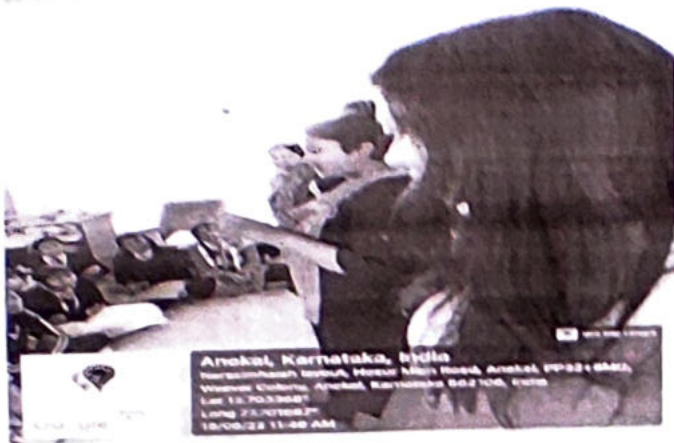
Report of "Outreach Program: Awareness on Menstrual Hygiene"

Title	Outreach Program: Awareness on Menstrual Hygiene
Date of Event(s)	18.06.2022
Department / Association	PsyLight Club Dept. of Psychology Postgraduate Centre & Oikonomika Club Dept. of Economics Postgraduate Centre & Dept. of Humanities (UG) <i>In collaboration with</i> SIEDS (Society for Informal Education and Development Studies)
Venue	Government Schools, Anekal
Number of Participants	200

Report:

Menstruation is a natural and unavoidable part of the lives of women and girls. Accommodating the menstrual needs is a key issue for the human rights to safe drinking water and sanitation. The simplest action a person can take to end period stigma is to not take part in discussing it vaguely. By speaking about any topic openly, we help to remove the societal rule against discussing it. This can be done with friends and family, work colleagues, acquaintances, or on a broader scale. Awareness among young girls is very important. Awareness programs among primary and high school children is one among the many social activities organized by SIEDS (Society for Informal Education and Development Studies). St Francis de Sales College initiated to be part of one such program. Outreach Program: Awareness on Menstrual Hygiene was organized on 18th June 2022. Students along with few faculty reached the venue. Dr Mamatha had trained students priorly about activities and content to be spoken about menstrual hygiene.

Students were divided into two groups. Two groups for two different schools. Along with SIEDS volunteers our students started speaking about the cause for the day. Rapport was built by students. Ice breaking activities were conducted as a start. They started introducing





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Anekal, Karnataka, India
 PP02-F3C, KSRTC Colony, Anekal, Karnataka 562106, India
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Report prepared by:

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ATTENDANCE SHEET

Event: Outreach Program: Awareness on Menstrual Hygiene

Date: 18.06.2022

Volunteers List

Sl.No	Name	Reg. No.	Signature
1	AKRITI RAO	20NCSM8001	
2	AKSA MARY JOSE	20NCSM8002	
3	DIBYANGANA PAUL	20NCSM8003	
4	EBIN LEO ABRAHAM	20NCSM8004	
5	FELICIA SALDANHA	20NCSM8005	
6	ISHMAT	20NCSM8006	
7	JEEVAN V	20NCSM8007	
8	PREETHI DEVI Y	20NCSM8008	
9	SHILPA T R	20NCSM8009	
10	SIDDARTHA KUMAR	20NCSM8010	
11	TIBIRISETTI S MATHA	20NCSM8011	
12	DEEKSHA K N	P03MB21S0001	
13	ANAJANA SHAJI	P03MB21S0002	
14	NAFIYA FATHIMA M	P03MB21S0003	
15	SHALINI M	P03MB21S0004	
16	BAPTIST MILTON	P03MB21S0005	
17	VAISHNAVI A	P03MB21S0006	
18	VINCY VERONICA T	P03MB21S0007	
19	SOWJANYA ADIGA	P03MB21S0008	
20	EDATHURATHIKARAN ANCY ALEXANDER	P03MB21S0009	
21	AASHIN SHAJEEV KELOTH	P03MB21S0029	

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