

March 28th 2019 @ 8:30 am 3:30 pm

Organised by Student Council

Venue SFS College Play Ground

Chief Guest
Mr. Hari Prasad, the Star Player o
Kochi Blue Spikers

#### **Events**

1-Athletics
2-Cricket
3-Volley Ball
4-Hand Ball
5-Chess
6-Carrom

## Participants SFS PG Students

## Registration

on or before 21-03-2019

Contact Person Prof. Siny Philip - 9916353260 Ref: No: SFSDC-CS-C-018-2018-19 Date: 18-03-2019

### Circular- C 018

Dear Desalites

We are pleased to informyou that the Annual Sports Day of PG Centre

'KOTINOS 2K19' will be held on:

Date: 28th March 2019

Timings: 9:30 a.m. to 3:00 p.m.

All students are requested to register your names for the events with the respective house in-charges. Students are allowed to practice for the sports day from 2 pm onwards. The practice sessions should be strictly monitored by the Faculty House in charges.

Note: Photography is strictly prohibited.

Attendance is compulsory

St. Francis de Sales College Electronics City Post, Bangalore - 560 100

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KOTINOS 2019, the Postgraduate three-day sports fiesta, commenced on 28th March, 2019. The chief guest of the sports event, Mr. Hari Prasad, the star player of Kochi Blue Spikers, Pro Volleyball League inaugurated and declared the event open. Following the inauguration, on the same day, Badminton as well as Throw ball matches were conducted. On 29th March, many sports and games events like Volleyball, Chess and Carrom were conducted. On the final day, the students participated in many exciting events like Shot Put, Discus Throw, 100 Metre race, 400 m Relay, Long jump and Cricket. With great enthusiasm and true sportsmanship, the four teams - Akkadians, Scythians, Spartans and Titans - competed vigorously for the sports championship. At the end of all events, the winners were declared and the prizes were distributed by the Principal. He declared the event closed after a few words of appreciation and encouragement.

Sports Day is celebrated in our college every year. It was the only function that the students took keen interest in as they could win prizes. The physical instructors were busy in making preparations. All the PG classes from our college were extended invitations to participate. The playgrounds were swept and water was sprinkled. It was a very bright and cheerful day. It was neither very cold nor very hot. It was an ideal day for sports.

The much awaited Sports Day – KOTINOS 18 was held with great zeal, excitement and frolicsome atmosphere. The program began with the Principal welcoming the esteemed gathering and emphasized on the importance of sports in a student's life. The students entered

into the spirit of the occasion in a grand way with the oath being administered by the Sports Secretary. An energizing equestrian display set the tone for the rest of the event. Once the games began, the air was filled with cheering and tons of encouragement for the young athletes.

A big tent was put up for spectators. The day started with the unfurling of the college flag and the march past of the athletes belonging to all the classes taught in the college. The Chief Guest declared the meet open. Then various events followed. The first item was the one hundred meter race. It provided a lot of interest and excitement. It was followed by two others with some teachers. It was great fun seeing. There was a lot of noise and the students were raising the spirits.

Then the college Director of Physical education read the report, after which the Chief Guest gave away the Prizes. It was a day full of excitement and enthusiasm. Several old records were broken and some new records were created. Then the function came to a close, with the spectators and participants going to their homes. The annual sports day came to an end by delivering the vote of thanks by the Sports secretary Sports day is a day of honouring and awarding the talented students who are participating in sports inside the campus. These tournaments help to reduce stress, enhance the leadership quality and a Good way to meet new people and make new friends for the students. Leaving thrilling memories in the hearts of each and every present there. Before leaving the playground all were entertained with tea and snacks.

The sports days were filled with sportsmanship, enthusiasm and memories to cherish. The Principal appreciated the students for their enthusiastic participation in the sports day programs. He also thanked the school staff for the meticulous planning and execution of the sports day events.





Co-ordinator
Internal Quality Assurance Cell (IQAC)
St Francis de Sales College
Electronics City Post, Bangalore - 560 100

PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100

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SL NO	NAME	REG NO
1	AROCKIA KULANDAI J	18AEL002
2	SHASHIKALA	18AEL004
3	SUPRIYA SKYLIGHT V	18AEL001
4	VELANGANI JYOTHI A	18AEL003
5	LOKESH N	17NCAEL001
6	POOJA P M	17NCAEL002
7	MAMATHA RANI A	17NCSM8001
8	MANASA B A	17NCSM8002
9	RAKESH S	17NCSM8003
10	SARAH GABRIEL	17NCSM8004
11	A SAI SHREYA	18SM005
12	ANUSHA A V	18SM001
13	BHAVYA M	18SM008
14	DAVID I	18SM011
15	ELMY P ELDHO	18SM010
16	JOMET VARGHESE	18SM014
17	PRATHAMA B N	18SM007
18	r rakshitha ghadge	18SM013
19	ANUSHA AV	18SM002
20	RUMANIYA TAJ	18SM006
21	SHIRLEY PRATHYUSHA VUTUKURI	18SM003
22	SINDU S	18SM015
23	SOHANI SHANKAR	18SM009
24	SUAIB IBRAHIM	18SM016
25	TABASSUM BANU	18SM012
26	ABIJITH SAJI	18COM008
27	ABY MATHEW	18COM001
28	AKHIL THOMAS	18COM007

29	AKHILESHA C	18COM025
30	SURESHA V	17NCCOM033
31	SUSHMITHA R N	17NCCOM034
32	VEDA L	17NCCOM035
33	AMBUJA K	18FC014
34	BHARATH K	18FC010
35	CHAITHRA M	18FC015
36	JAYANTH G U	18FC013
37	KARIYAMMA A	18FC005
38	KARTHIK M	18FC020
39	KAVYA G N	18FC007
40	LAVANYA V	18FC002
41	MAMATHA J	18FC011
42	MANJULA V	18FC008
43	MONIKA R	18FC003
44	PRINCY F	18COM009
45	PRIYANKA B M	18COM012
46	PUNYA SHREE A V	18COM031
47	R ASHWINI	18COM018
48	RAVIKUMAR C	18COM015
49	REEMA DEBNATH	18COM006
50	SANGEETHA B	18COM030
51	SANJAY E S	18COM023
52	SUSHMA M	18FC006
53	SWATHI P	18FC009
54	VINAY M	18FC019
55	BASAVA RAJU M	17NCCFC001
56	BHAVANA L	17NCCFC002
57	MAHIMA ANJALI	17NCCFC003
58	UMA M	17NCCFC004
59	NIKHIL U	17NCMCJ001
60	ALAN JOHNSON	17NCCOM002
61	ANIL KUMAR K	17NCCOM003
62	ASHA S M	17NCCOM004

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