

## Γ FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University Electronics City, Bengaluru - 100

Accredited with NAAC "A" Grade || Recognised under 2(f) & 12(b) of the UGC Act A FRANSALIAN INSTITUTE OF HIGHER LEARNING

## Training on how to empower the marginalised communities

Date: 11th July 2018

Venue: Classroom, SFS College

Conducted by: Department of Humanities

Attended by: UG students - BA

Organized by: St. Francis de Sales College, Electronic City, Bengaluru

SIEDS, an NGO focussed on women empowerment has been doing an action research on the topic Masculinities, Youth & Violence with respect to Anekal area in collaboration with St. Francis de Sales College. Four students along with a faculty member took part in the data collection held on 11-7-19. Several local government representatives and NGO activists also participated. Students collected data from one of the key informants Mr. PatapatNagaraj, a panchayat member. He shared all his memories and experiences in Anekal area for the last several decades as a person who has witnessed its growth. He also stated the Political, economic, and social changes and the deterioration of some traditional occupations in thatarea.

The rapid growth of IT industry and its impact in Anekal area was one of the several other aspects. As the research topic is women oriented he emphasized the gradual changes in women's social status and the triggering factors of women empowerment in Anekal. Our students had pretty good time as they are enriched with a first-hand experience in research processes.

Desalite

There are a plenty of non-governmental organizations in India focus on alleviating the atrocities towards women, dowry related issues, women empowerment etc. The overall goals of these NGOs are the empowerment of women and girls from poor and marginalised communities leading to improvement in their lives and livelihoods. They provide basic education, vocational training, training for self-employment, legal aid, protection for women, and self-awareness programmes.

Women's empowerment is the process of empowering women. Empowerment can be defined in many ways, however, when talking about women's empowerment, empowerment means accepting and allowing people (women) who are on the outside of the decision-making process into it. Women's empowerment is the most crucial point to be noted for the overall development of a country.

Empowerment is the process that creates power in individuals over their own lives, society, and in their communities. People are empowered when they are able to access the opportunities available to them without limitations and restrictions such as in education, profession and lifestyle. Feeling entitled to make your own decisions creates a sense of empowerment. Empowerment includes the action of raising the status of women through education, raising awareness, literacy, and training. Women's empowerment is all about equipping and allowing women to make life-determining decisions through the different problems in society.

Empowerment of women is the desperate need of the hour. Empowerment of women capacitates sustainable rural and urban development by uplifting the economic, political and social status of women in India. Empowering the women in these aspects is necessary to convert

The idle society into self-sustainable society. Women empowerment can be achieved through provision of adequate education facilities, political support, and effective legislation system.

Internal Quality Assessment Cell St Francis de Sales College Electronics City Post, Bangalore - 560 100.

PRINCIPAL St. Francis de Sales College

Electronics City Post, Bangalore - 560 Tuv.





Students had an interactive session with the resourse person after the training session on  $11^{th}$  July 2018.

Co-ordinator Internal Quality Assurance Cell (IQAC) St Francis de Sales College Electronics City Post, Bangalore - 560 100

PRINCIPAL

St. Francis de Sales College
Electronics City Post, Bançalore - 560 100