



# ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University

Electronics City, Bengaluru - 100

Accredited with NAAC "A" Grade || Recognised under 2(f) & 12(b) of the UGC Act

A FRANSALIAN INSTITUTE OF HIGHER LEARNING

## **FIT INDIA MOVEMENT TOPIC : CYCLE RALLY**

DATE : 1/11/2020

Organised by : **SAMPATH KUMAR.R**





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## CYCLE RALLY- FITNESS DRIVE FOR PUBLIC

SFS College has been conducting cycle rally for various cause from the time of establishment. Cycle rally conducted for numerous causes which includes awareness about varied contemporary events. A detailed report of the recent event is as followed.

As per the instructions given by battalion on 1 November 2020 under the guidance of our ANO Lt Sampath Kumar R the cycle ride was conducted as a part of Fit India Movement. The cycle ride started from our college (SFS COLLEGE HEBBAGODI) via APC Circle, Anekal, Chandapura and back to our college at Hebbagodi. The ride covered a distance of 35 Km and it took about 1 h hours. Our cadets actively participated in the ride and were appreciated by Home Guards in Chandapura circle.

The ride was found to be very useful and energizing. As this ride is also a part of Fit India Movement, it encouraged our cadets to take up fitness as part of life to become fit and healthier citizens. We would specially like to thank our CO Col H.R. Sunil, our AO Lt Col Regil Raj Abraham for giving us this wonderful opportunity and also ANO who took keen interest and initiative to conduct the cycle ride to cheer the spirit of fitness in our cadets. Last but not the least we would also like to thank our principal Rev. Fr. Roy and vice Principal Fr Jijo Jose for their support without which the cycle ride wouldn't be a successful one.

**PRINCIPAL**

St. Francis de Sales College  
Electronics City Post, Bangalore - 560 100.

**DISHA**  
Desalite Initiatives for Social & Holistic Activities  
St. Francis de Sales College  
Bengaluru - 560100

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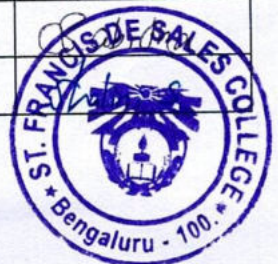
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## STUDENTS PARTICIPATION LIST

SL. NO	NAME	SIGNATURE	SL. NO	NAME	SIGNATURE
1.	AKASH K.B	Akash	33	LAVANYA M	Lavanya
2.	CLARANCE PRAVEEN KUMAR R	Clarance	34	MARINA THOMAS	Marina
3.	GANGADHAR. M	Gangadhar	35	POOJA K.C	Pooja K C
4.	INDHARJEETH SINGH	Indharjeeth	36	POOJA M	Pooja M
5.	KARTHIK.S	Karthik	37	POOJA P R	Pooja
6.	KAUSHIK .N	Kaushik	38	PRAVEENA SHREE THANUJA	Praveena
7.	MADHUMOZHAN N.L	Madhumohan	39	PRIYANKA KUMARI	Priyanka
8.	MANOJ M.R	Manoj	40	SHRUTHI M.M	Shruthi
9.	NARENDRA.V	Nare	41	YAMUNA NC	Yamuna NC
10.	PRAVIN .M	Pravin	42	ABHISHEK S	Abhishek
11.	RAJ KUMAR R.H	Raj Kumar	43	ADIL IMTIAZ	Adil
12.	SACHIN SINGH	Sachin Singh	44	ANIKET GANESH SINGH	Aniket
13.	SHABAZ KHAN .A	Shabaz	45	ARJUNRAJ K	Arjunraj
14.	SURAJ CHIKKARADDY	Suraj	46	ARUN M	Arun
15.	VIGNESH.T	Vignesh T	47	BALARAMAN E	Balaraman
16.	HARISH.S	Harish	48	DARSHAN A	Darshan
17.	DIVYA SHREE S	Divya	49	DINESH K	Dinesh K
18.	GANGA LAKSHMI .D	Ganga Lakshmi	50	GOWTHAM H S	Gowtham
19.	JASHWANTH L	Jashwanth	51	HARIPRASAD R	Hariprasad
20.	JAYASHEELAN A	Jayashelan	52	MAHALAKSHMI R	Maha
21.	KARTHIK V	Karthik	53	MAMATHA V	Mamatha
22.	KIRAN K	Kiran K	54	NANDINI M	Nandini
23.	MADHAN KUMAR V	Madhan	55	PAVITHRA R	Pavithra
24.	MANI KANTA J	Manikanta	56	POOJA N	Pooja
25.	NASHVIN PINTO	Nashvin	57	POOJA RT	Pooja R T
26.	NIKHIL T P	Nikhil	58	PRATIKSHA SAINI R	Pratiksha
27.	NITHIN KUMAR N	Nithin	59	SABITHA S K	Sabitha
28.	PRADEEP MARUTHI GURAV	Pradeep	60	SHALINI S	Shalini



29	PRAVEEN P APPUGOL	Praveen P.	61	SUNANDA KARJEE	Sunanda Karjee
30	RAVICHANDRA MR	Ravichandra	62	ASHWIN DEV. V	Ashwin Dev
31	SAHIL SUBBA	Sahil Subba.	63	BALAJI. K	Balaji.
32	V BOOPATHY	V Boopathy	64	BENITTO PRAKASH. M	Benitto
65	VIKAS DS	Vikas.	87	CHANDAN. M	Chandan M
66	VISHAL KUMAR R	Vishal.	88	DARSHAN G.H	Darshan
67	ARCHANA H	Archana	89	DIVAKAR. K	Divakar
68	DAISY D	Daisy	90	GOWTHAM. S. N	Gowtham
69	DEEPA R	Deepa R.	91	HARSHAVARDHAN. V	Harshavardhan
70	HARINI G	Harini	92	HARSHITH. S	Harshith S
71	HARINI R	Harini R	93	JAVAGAR. S	Javagar S.
72	HEMASHREE G	Hemashree	94	JAYAKUMAR. S	Jayakumar
73	KAVIYA R	Kaviya R.	95	JOEL JOSE	Joel.
74	KOKILAVANI S	Kokilavani	96	KARTHIK. A	Karthik
75	LASYA C R	Lasya CR	97	PRINCE KUMAR. M	Prince
76	MANOJ. V	Manoj	98	SHREYAS. M	Shreyas
77	PAVAN KUMAR. M	Pavan	99	SUDARSHAN NAIDU. V	Sudarshan
78	SUMAN. G	Suman G.	100	PRADEEPA M	Pradeepa M
79	BHAIRAVI. S	Bhairavi.	101	RAMYA. D	Ramyas.
80	CHAITHANYA. B S	Chaitanya	102	SANDHYA K	Sandhya.
81	DIVYA B S	Divya B.S.	103	SHAMALA R	Shamala.
82	GAGANA .K	Gagana K.	104	SHREYA S TRIKANNAD	Shreya S
83	KAVYA. Y	Kavya.	105	NEHA N REDDY	Neha.
84	KSHMA MISHRA .C	Kshma.	106	VAISHNAVI. V	Vaishnavi
85	SUBHASHREE ROUT	Subhashree	107	MANIKANTA. R	Manikanta
86	TEJASWINI. M R	Tejaswini	108	KEVIN. M	Kevin



## PHOTOS OF THE EVENT



*Disha*

**DISHA**  
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