



# ST FRANCIS DE SALES COLLEGE

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## A FRANSALIAN INSTITUTE OF HIGHER LEARNING

Title	A Career Guidance Session On “Connection With Precaution”
Date Of Event(S)	12/12/22
Department / Association	Department Of Science
Venue	Room No:207
Number Of Participants	28
Target Audience	45(III Sem B.SC B )
Resource Person(S) With Qualification	Manigandan.D Full Stack Developer ABB Innovation Centre.
Event Coordinator	Prof. Rashmi N And Dr. Pandikani

**Objectives: The process guides a candidate in understanding and pursuing the right career options as per their interests.**

Career counselling is the process of understanding and assessing another individual's concern, strengths, interests, and capabilities, in order to guide them towards the right career path. The process guides a candidate in understanding and pursuing the right career options as per their interests. All of us **require career guidance** at some point in our life. It helps us get insights about ourselves, our career and what we can do to improve it.

Here are a few reasons that state that '**we need career counselling**':

- **Shows the right career path** – Career counselling helps in choosing the right career path that is the most suitable according to an individual's characteristics.
- **Insight about ourselves** – We discover ourselves after going through the process of counselling. We find our strengths and weaknesses and how we can work on them.
- **Boosts confidence** – Proper evaluation and guidance can make a candidate sure about his/her choices. It reduces the stress regarding future and other pressure points.
- **Access to expert knowledge** – A good career counsellor gives you access to all the information you need to make the right decisions and gives you the result based on the results and expert knowledge.

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Career counselling session was organized on 12<sup>th</sup> December 2022 by the Department of Science as a collaboration activity with Alumni for B.Sc III sem students to make them aware about various opportunities and trends in the field of science after graduation. The Resource persons for the session was our Alumni Manigandan.D

Dr. M.Pandikani, Assis prof, department Of Science, welcomed and gave a brief introduction of the Resource person. He gave the talk in the topic connection with precaution. He explained about the hacking progress in programming. He suggested varied ways to opt the career in one's life depending on the capabilities and potential. He talked about how to focus on the chosen career and what are the efforts to be put in to make that dream true. He motivated the students to be confident and communicative in life. Besides, hard work, time management and focus on the line opted are important aspects to be taken care of.

The students cleared their doubts by asking various questions regarding the confusions they usually face while deciding their career.

**Outcome :**

All the students were highly motivated and got to know about various opportunities after completing their graduation. It was a very informative day for the students.

**Report Prepared by:**



**Report Verified by:**



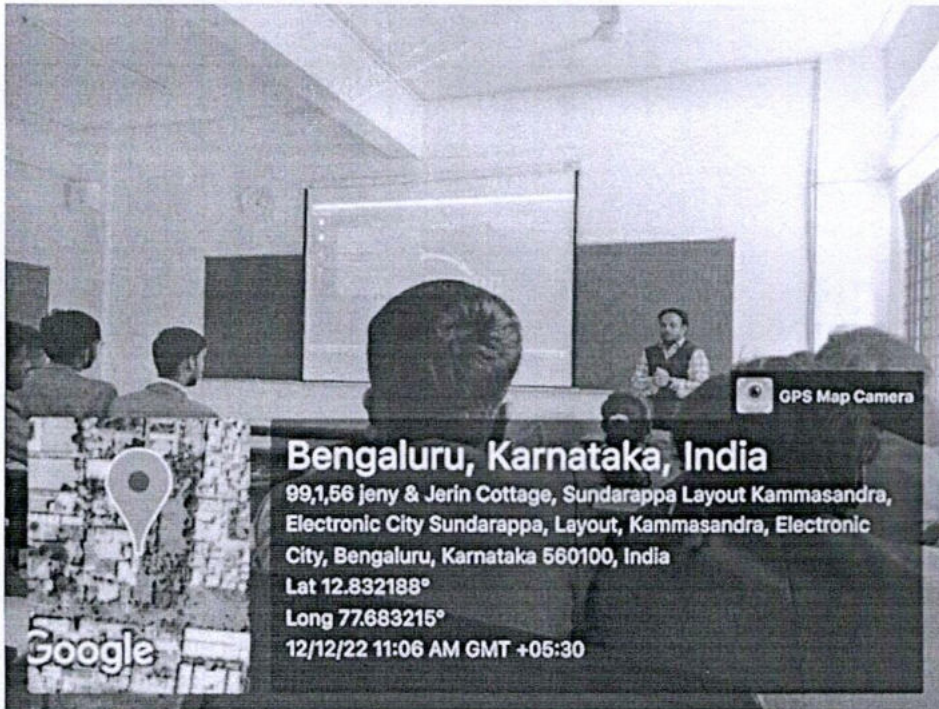
**COORDINATOR**  
Competitive Exam and Career Guidance Cell  
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Bengaluru - 560100

**Report Approved by:**



**PRINCIPAL**  
St. Francis de Sales College  
Electronics City Post, Bangalore - 560 100.

## Geo-Tagged Photos





**Bengaluru, Karnataka, India**

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