



# ST FRANCIS DE SALES COLLEGE

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Electronic City, Bengaluru - 100

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## A FRANSALIAN INSTITUTE OF HIGHER LEARNING

Title	Capacity Enhancement Session On Understanding ADHD Children And Application Of ABA Technique
Date Of Event	March 14, 2023 (Tuesday)
Department/Association	Dept Of Psychology PG Centre In Association With Desalite Skill Development Cell, St. Francis De Sales.
Venue	Room No 109
Number of Participants	19
Target Audience	M.Sc Psychology Students
Event Coordinator	Mrs. Payel Roy
Resource Person & Details	*Mr. Chetan S V ** Dr. Mamatha K *Clinical Psychologist And Research Scholar, IIT Hyderabad ** Asst. Prof. Head - Dept Of Psychology, PG Centre, St Francis De Sales College

### REPORT:

The session was conducted by the The Dept of Psychology PG Centre in Association with Desalite Skill Development Cell, St. Francis De Sales. **The Objective of the session was to help students understand how to work with ADHD children and how to apply ABA technique.** The workshop was conducted by Mr Chetan SV on the topic of understanding ADHD Children while Dr. Mamatha K. conducted the workshop on Application of ABA techniques.

The session began with a welcome speech by Milton and the resource person's introduction. The workshop began with a brief overview of children's mental health. Post this video was shown to make the students understand mental health of children. There was an interview that was shown which helped students understand the difference between the thoughts and behaviors of ADHD Children to that of Non-ADHD Children. The sociodemography and etiology of ADHD was explained.

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The workshop then proceeded to an iceberg session on ADHD, followed by the assessment of ADHD and how there could be issues in such assessments. The session then moved on to the major theoretical framework to understand ADHD. The first half of the session ended with the neurodiversity framework. A break was given for an hour to the students. The second part of the session commenced at 11:00 AM with understanding of how to interview parents and children with ADHD. The workshop then taught on how to conceptualize a case for ADHD. The session then moved on to the therapeutic relationships and holistic intervention. Certain behavioural strategies were also taught. The session then explained on how to work with the families of ADHD children and parent management. The workshop also highlighted on the strategies that schools and colleges should apply in dealing with ADHD Children. The session on understanding ADHD children ended with an example of a case conceptualization. A short break was given to the students, post which the second part of the workshop which is application of ABA technique was started from 1:15 PM. The session started with introduction to ABA technique. The workshop then proceeded with the explanation of the four factors to identify problematic behavior. The seven dimensions employed in evidence based scientific methods was explained. Post this the evidence-based strategies were introduced to the students. In total, 24 strategies were taught. The session ended at 2:15 pm.

**Learning Outcome:**

The session gave an in depth understanding of how to deal with ADHD children and also their families and parents. The application and strategies through which ABA technique can be applied was also a learning for the students. The session was interactive and informative.

**Report Prepared by:**



**Report Verified by:**



**COORDINATOR**  
Desalite Skill Development Cell  
St. Francis de Sales College  
Bengaluru - 560100

**Report Approved by:**

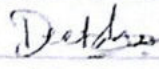

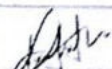
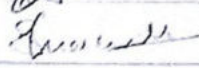
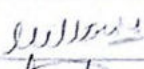
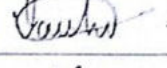
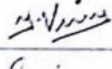
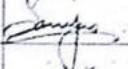



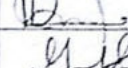
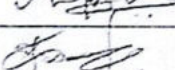
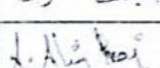
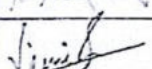
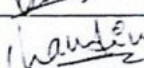
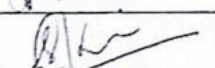
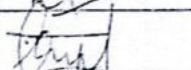



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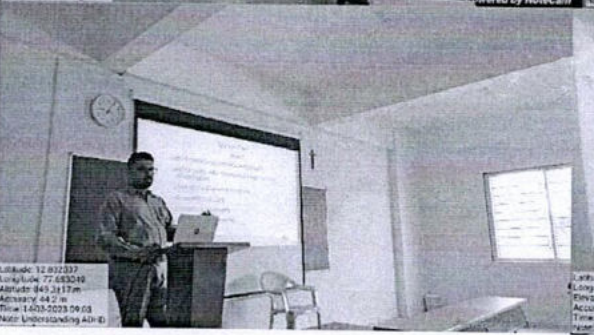
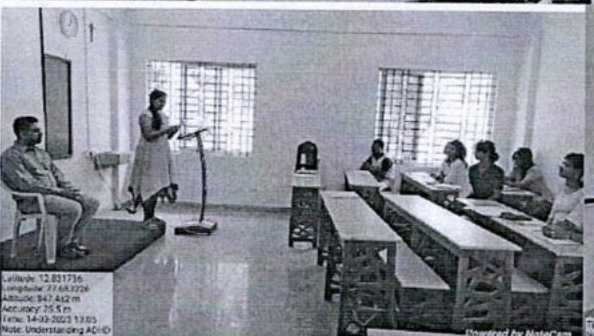
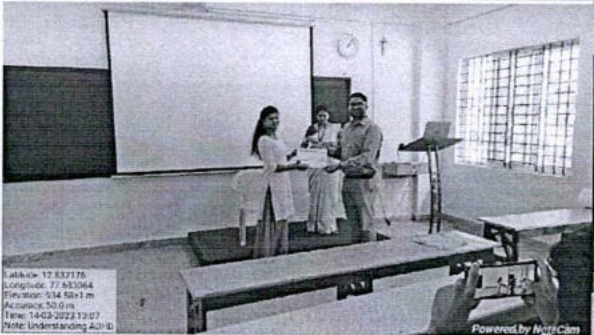
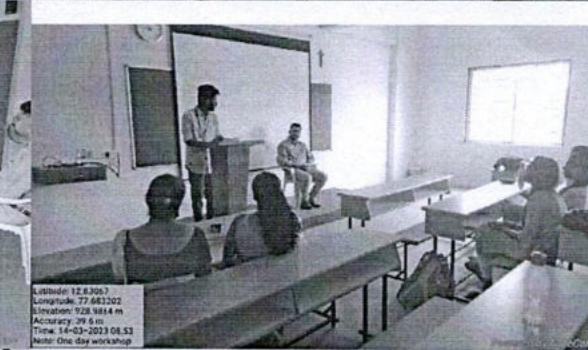
ATTENDANCE SHEET

Understanding ADHD Children and ABA Technique

Date: 14/03/2023

Class	Name	Signature of Student
2 <sup>nd</sup> M.Sc Psychology	Deeksha K N	
2 <sup>nd</sup> M.Sc Psychology	Anjana Shaji	
2 <sup>nd</sup> M.Sc Psychology	Nafiya Fathima M	
2 <sup>nd</sup> M.Sc Psychology	Shalini M	
2 <sup>nd</sup> M.Sc Psychology	Baptist Milton	
2 <sup>nd</sup> M.Sc Psychology	Vaishnavi A	
2 <sup>nd</sup> M.Sc Psychology	Vincy Veronica T	
2 <sup>nd</sup> M.Sc Psychology	Sowjanya Adiga	
2 <sup>nd</sup> M.Sc Psychology	Ancy Alexander E	
2 <sup>nd</sup> M.Sc Psychology	Aashin Shajeev Keloth	
1 <sup>st</sup> M.Sc Psychology	Lekshmi Rajesh Nair	
1 <sup>st</sup> M.Sc Psychology	Bachan Bagsingh	
1 <sup>st</sup> M.Sc Psychology	Mercy SM	
1 <sup>st</sup> M.Sc Psychology	Shalini .y	
1 <sup>st</sup> M.Sc Psychology	Alwin Raj .	
1 <sup>st</sup> M.Sc Psychology	Vimi J Nershni	
1 <sup>st</sup> M.Sc Psychology	Chandini M	
1 <sup>st</sup> M.Sc Psychology	Sahil George Kujur	
1 <sup>st</sup> M.Sc Psychology	Jayashree R .	

Geo-tagged photos

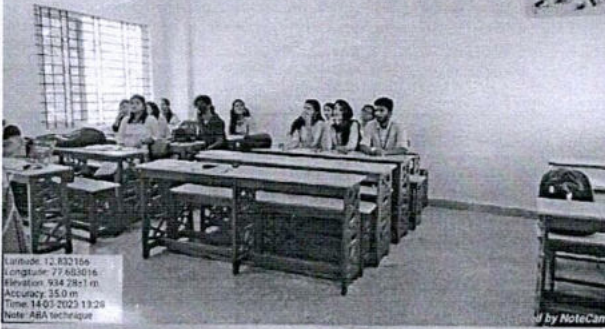




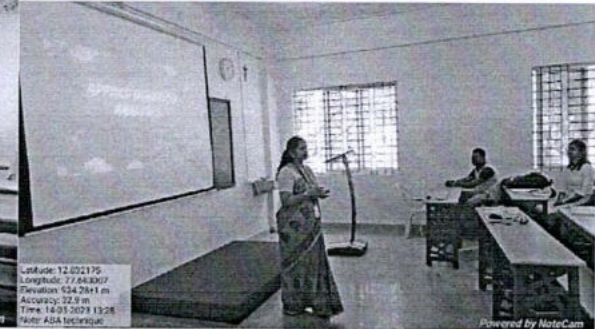
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Note: ABA technique



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Time: 14-03-2023 13:28  
Note: ABA technique



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