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Annual Gender sensitization action Plan

S.no	Title
1.	Annual Gender Sensitization Action Plan, Minutes of meetings, event list 2014-15
2.	Annual Gender Sensitization Action Plan, Minutes of meetings, event list 2015-16
3.	Annual Gender Sensitization Action Plan, Minutes of meetings, event list.2016-17
4.	Annual Gender Sensitization Action Plan, Minutes of meetings, event list 2017-18
5.	Annual Gender Sensitization Action Plan, Minutes of meetings, event list 2018-19



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Annual Gender Sensitization Action Plan 2014-15

No:	Activity	Participants	Organized by	Action Plan	Tentative Month
1.	First annual meeting for gender equity	Members of women's cell	Women's cell	Review of previous year events, finalizing the theme for the current year	July
2.	Orientation program	First year Boys and girls addressed separately	Women's cell	Session on taking care of one self in different ways.	July
3.	Programme on Skills	2 nd year girl students	Women's cell	Talk on "STEM"	August
4.	Inspiring women	Final year girl students	Women's cell	Session by Dr. Poomathi, associate professor, SRM university, Chennai	September
5.	Path to success	BCA , BSC girl students.	Women's cell	Strategy for success	October
6.	How to become a influential person	BBA girl students	Women's cell	Session by Ms. Suja Warriar	January
7.	Health is wealth	Final year girls	Health club	Awareness on breast feeding	February
8.	Programme on gender based harassment.	Female teaching and non-teaching staff	Women's cell	Gender-Based Harassment in the Workplace	March
9.	Financial guidance	BA , BSC girl students	DESMA and women's cell	A Financial Guide for Women	April
10	Annual valedictory meet	Members of women's cell	Women's cell	Annual review of all the programmes organizes	April

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Theme for the academic year is “Empowering and wellbeing of women”
List of events organized during the academic year 2014-15

Sl.no	Event	Date
1.	Caring for your whole self	25 July 2014
2.	Changing the trajectory “Lifting Up the Next Generation of Women “	29 Aug 2014
3.	Women leaders inspire the next generation	26 Sep 2014
4.	Strategies for Success with Your Own Leadership Style	14 Oct 2014
5.	Becoming a person of influence	20 Jan 2015
6.	Importance of breast feeding	5 Feb 2015
7.	Defeating gender-based harassment in the workplace	28 Mar 2015
8.	A financial guide for women	25 Apr 2015

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Minutes of the meeting 1

Type of meeting: Empowering and orienting women students to recognize their true potential

Date & Time: 15.07.2014 at 10:00 am

Meeting Facilitators: Women's cell.

Invitees: Mrs. Mamatha K., Mrs. Liminy Mathew, Mrs. Jeseentha Mathew

Venue: Women's cell office

Meeting Agenda:

To discuss and finalize the theme and schedule the annual programme's for the current year.

Discussion : Panel members have discussed various programs that can be organized

Increasing awareness in women about finance, caring for them self, importance of breast feeding, being leaders, defeating gender-based harassment in the workplace, women leaders inspire the next generation, promoting safety and gender equality.

Effort shall be made to create an atmosphere where every teacher, staff and student can work freely without any mental pressure and gender bias. Panel also shared and assigned work to each other, to contact concerned resource persons.

Adjournment: A guest talk was organized by SFS College in which Dr. Neena Shrivastava, leading gynecologist of Bangalore accepted to give a talk on the topic "Importance of breast feeding". In charges for each event were assigned. Meeting was adjourned at 11:00 am

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Prepared by: Women's cell

Approved by Principal



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Minutes of the meeting 2

Type of meeting: Report of Women's cell activities during 2014-15

Date & Time: 30.04.2015 and 2.00 – 3.30 PM

Meeting Facilitators: Women's cell.

Invitees: Mrs. Mamatha K., Mrs. Liminy Mathew, Mrs. Jeseentha Mathew

Venue: Women's cell office

Meeting Agenda:

Annual review of all the programmes organizes

Discussion:

Mrs. Liminy, Mathew has suggested that programs on gender neutrality could be organized for other girls in the campus also. Members had also discussed on Panel discussion conducted on contribution of women in finance & economic growth, and career counseling session and talk on the topic "Importance of breast feeding" by .Dr. Neena Shrivastava, leading gynecologist of Bangalore.

Adjournment:, The action plans of the women's cell were implemented by the coordinators to a great extent and meeting was adjourned at 3 PM


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Annual Gender Sensitization Action Plan 2015-16

No:	Activity	Participants	Organized by	Action Plan	Tentative Month
1.	First annual meeting for gender equity	Members of women's cell	Women's cell	Review of previous year events, Theme for the current year	July
2.	Gender equality	First year Boys and girls	Women's cell	Debate on Gender neutrality with respect to toys and colour	Jul
3.	Importance of women	2 nd year girl students	Women's cell	Role of Women in Nation Building	Aug
4.	Protection and self defense	Final year girl students	Women's cell	Self defense strategies and techniques	Aug
5.	Empowering women	BCA , BSC girl students.	Women's cell	Strategies for Financial and Economic growth	Sep
6.	Health is wealth	BBA girl students	Women's cell and Health club	Gynecological Problems	Oct
7.	Hygiene	Final year girls	Women's cell	Hygiene programme for men and women	Jan
8.	Nutrition and Care	2 nd Year B.com students	Health club and Women's cell	Healthy eating Habits	Feb
9.	Health is wealth	BA , BSC girl students	Health club and Women's cell	Mental health among Women	Mar
10.	Empowering women	Female teaching and non-teaching staff	Women's cell	Building of self confidence in women	Mar
11	Health is wealth	Female students and staff	Health club and Women's cell	National Women's Health Week May	Apr
12	Annual valedictory meet	Members of women's cell	Women's cell	Annual review of all the programmes organizes	April



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**Theme for the academic year is “Healthy women healthy home”
List of events organized during the academic year 2014-15**

S.no	Event	Date
1.	Gender equity	22 Jul 2015
2.	Role of Women in National Building	4 Aug 2015
3.	Self defense strategies and techniques	21 Aug 2015
4.	Finance and Economic growth	1 Sep 2015
5.	Gynecological Problems	15 Oct 2015
6.	Hygiene programme for men and women	10 Jan 2016
7.	Healthy eating Habits	18 Feb 2016
8.	Mental health among Women	19 Mar 2016
9.	Building of self confidence in women	29 Mar 2016
10.	National Women’s Health Week May	12 Apr 2016

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Minutes of the meeting 1

Type of meeting: Planning for the academic year 2015-16

Date & Time: 08.07.2015 ; 11.00 – 12.00 PM

Meeting Facilitators: Women's cell.

Invitees: Ms. Prameela, Mrs. Rajashree , Mrs. Chithra, Mrs. Elza Mary

Venue: Women's cell office

Meeting Agenda:

To discuss and finalize the theme and schedule the annual programme's for the current year.

Discussion : The annual events were planned. And it was decided to organize programs Gender equality

Importance of women, self-defense, health and hygiene programs . Mrs. Rajashree has proposed theme as “Healthy women healthy home” other members of the cell approved it.

Adjournment:, A gender awareness programme by Mrs. Savita Kanaujiya, advocate of Bangalore High Court accepted to give a lecture on “Legal rights of Women”. Health and hygiene programme will be given by Mrs. Maya Mathew and Mr.Prakasha. Meeting was adjourned at 11:00 am

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Minutes of the meeting 2

Type of meeting: Report of Women's cell activities during 2014-15

Date & Time: 30.04.2015 and 2.00 – 3.30 PM

Meeting Facilitators: Women's cell.

Invitees: Mrs. Mamatha K., Mrs. Liminy Mathew, Mrs. Jeseentha Mathew

Venue: Women's cell office

Meeting Agenda: Review of the events conducted in the year.

Discussion:

- Members have shared that the attendance for the programmes organized after 1pm was less and need to monitor.
- Session by Adv. Savita Kanaujiya, advocate of Bangalore High Court gave a lecture on "Legal rights of Women" on 10 April as a gender awareness programme was appreciated by Ms. Pramila.
- Dr. Neena Shrivastava and Dr. Ashok Khanna, Medical consultant, Marble city hospital, Bangalore spoke on the topic 'Gynecological Problems' and 'Malnutrition' respectively.
- Panel discussion was conducted on role of society in women's safety on 24 August 2015
- Mrs liminy shared that in the coming years more event's such as the session by Mr. Prakasha on 'Health and Hygiene' for men also should be organized

Adjournment: The women's cell conducted programmes on finance and economic growth, gender equity, gynecological problems, hygiene program for men ,building of self confidence in women, healthy eating habits, mental health among women, national women's health week, role of women in national building, self-defence strategies and techniques and submitted to the management. The action plans of the women's cell were implemented by the coordinators to a great extent and meeting was adjourned at 3 PM.

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Annual Gender Sensitization Action Plan 2016-17

No:	Activity	Participants	Organized by	Action Plan	Tentative Month
1.	First annual meeting for gender equity	Members of women's cell	Women's cell	Review of previous year events, finalizing the theme for the current year	July
2.	Health	Final year girls	Women's cell	Awareness to prevent ovarian and breast cancer	July
3.	Health	2 nd year girl students	Women's cell	Health awareness programme	Aug
4.	Women's Protection	Final year girl students	Women's cell	Legal rights of women	Aug
5.	Health	First year girl students.	Women's cell	Medical check-up camp	Sep
6.	Empowering women	BBA girl students	Women's cell	Building communication skills in women	Sep
7.	Girl safety	Final year girls	Women's cell	Safety and security of women	Oct
8.	Girl safety	Final year girls	Women's cell	Sexual harassment	Jan
9.	Empowering women	BA , BSC girl students	Women's cell	Role of Society in women safety	Feb
10.	Women and society	Female teaching and non-teaching staff	Women's cell	Violence against women	Feb
11.	Women and society	First year Girls	Women's cell	Women in the betterment of the society	Mar
12.	Women's safety	2 nd year girl students	Women's cell	Women safety discourse	Mar
13.	Annual valedictory meet	Members of women's cell	Women's cell	Annual review of all the programmes organizes	Apr


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List of events organized for the academic year 2016-17

Theme for the academic year 2016-17 “Equality for women is progress for all ”

S.no	Event	Date
1.	Health awareness programme	20 and 21 July 2016
2.	Legal rights of women	8 th August 2016
3.	Building communication skills in women	12 August 2016
4.	Safety and security of women	10 th Sep 2016
5.	Society in women safety	24 th Sep 2016
6.	Sexual harassment	10 th Oct 2016
7.	Women in the betterment of the society	12 th Jan 2016
8.	Violence against women	22 nd Feb 2017
9.	Women safety discourse	8 th Feb 2017
10.	Awareness to prevent ovarian and breast cancer	11 th March 2017
11.	Medical check-up camp	12 th March 2017


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Minutes of the meeting – 1

Type of meeting: Promoting safety and gender equality annual plan

Date & Time: 03.08.2016; 10.00 – 10.30 AM

Meeting Facilitators: Ms. Prameela,

Invitees: Mrs. Chithra and Mrs. Margaret

Venue: Board room

Meeting Agenda: Safety and security of women, Violence against women, Women in the betterment of the society

Discussion : Planned to conduct programmes on awareness to prevent ovarian and breast cancer, safety and security of women, creating awareness about gender discrimination and sexual harassment, cases of women harassment, ragging of girls in the campus, legal rights of women, medical check-up camp, building communication skills in women.

Adjournment: Ms. Prameela requested all the members to cooperate in conducting the planned events and said that academic year 2016-17 is dedicated to women's safety. Meeting got adjourned at 10:40 AM.


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Minutes of the meeting – 2

Type of meeting: Women's cell activities during 2016-17

Date & Time: 07.04.2017; 2.00 – 3.30 PM

Meeting Facilitators: Ms. Prameela

Invitees: Mrs. Chithra and Mrs. Margaret

Venue: Board Room

Meeting Agenda: Review on events organized.

Discussion:

- Health awareness programme on different types of Genital cancer on 15 March 2017 for the female staff of the college, Mrs.Chitra has suggested that for womens health yoga should also be introduced to students.
- Dr. V. Sengamalam, an eminent speaker, gave a talk on various women issues including sexual harassment, dowry system, domestic violence, and inequality faced by women, Ms parameela mam said that such awareness events have to be conducted every year .
- A medical check-up camp was conducted for teaching staff and the UG students under the programme of 'Healthy Women and Healthy State'
- Every girl women should attend session on 'Judo-Karate classes' and combatting sexual harassment'

Adjournment: All the planned activities are implemented successfully during 2016-17 and were appreciated. Formally the women's cell activities came to a closure. Ms. Prameela thanked the members for their co-operation. Meeting got adjourned by 3:30PM.


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Annual Gender Sensitization Action Plan 2017-18

No:	Activity	Participants	Organized by	Action Plan	Tentative Month
1.	First annual meeting for gender equity	Members of women's cell	Women's cell	Review of previous year events, finalizing the theme for the current year	July
2.	Women and profession	Final year girls	Women's cell	Contribution of women in science	July
3.	Health	2 nd year girl students	Women's cell	Women wellness	Aug
4.	Women and profession	Final year girl students	Women's cell	Women's contribution in art and literature	Sep
5.	Health	First year girl students.	Women's cell	Violence against women	Oct
6.	Empowering women	BBA girl students	Women's cell	Issues faced by women today	Jan
7.	Women and profession	Final year girls	Women's cell	The motherhood initiative for research and community involvement	Feb
8.	Health	Final year girls	Women's cell	Yoga for women and men	Mar
9.	Annual valedictory meet	Members of women's cell	Women's cell	Annual review of all the programmes organizes	Apr


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List of events organized for the academic year 2017-18
Theme for the academic year 2017-18 “Women in the Changing World of Work”

S.no	Event	Date
1.	Contribution of women in science	20 July 2017
2.	Women wellness	11 Aug 2017
3.	Women’s contribution in art and literature	8 Sep 2017
4.	Violence against women	6 Oct 2017
5.	Issues faced by women today	10 Jan 2018
6.	The motherhood initiative for research and community involvement	17 Feb 2018
7.	Yoga for women and men	24 Mar 2018


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Meeting Minutes-1

Meeting Information		
Objective:	Annual Programme Planning for the academic year 2017-18	
Date:	16/07/2017	
Time:	11:00 AM	
Attendees:	Ms. Prameela, Mrs.Veena and Mrs.Vimala	
Agenda Items:		
1	General review of previous year activities	
2.	Planning activities, events and programmes for the academic year	
Discussion		
<ul style="list-style-type: none">Planned to focus on upliftment of women students and the environment affecting them, women's health and wellbeing, skill development, motivational lectures and personality development, contribution of women in science, issues faced by women today, initiative for research and community involvement, violence against women, women's contribution in art and literature.It was also planned that one fitness program should be arranged for boys and girls separately.		
New Action Items:		Responsible
1	Awareness programmes about issues faced by women	Ms.Prameela
2	Programmes on Health and well being	Mrs.Vimala
3	Programme on The Motherhood Initiative for Research and Community Involvement (MIRCI)	Ms.Prameela
4	Programmes to inculcate entrepreneurial attitude among young girls, scientists.	Mrs.Veena
Conclusion: The meeting concluded by Ms. Prameela thanking the participants. Other members assured their cooperation in conducting the events as per the schedule.		


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Minutes of the meeting (2017-18)

Meeting Information	
Objective:	Actions taken during 2017-18
Date:	20/03/2018
Time:	11:00 AM
Submitted by:	Mrs.Veena
Attendees:	Ms.Prameela, Mrs.Veena and Mrs.Vimala
Agenda Items:	
1	Events conducted and problems faced
2.	Suggestions for the next year
Discussion	
<ul style="list-style-type: none">• Women's cell had organized programmes for the growth and development of students• One day programme on contribution of women in science, art and literature, awareness programme on issues faced by women, wellness and yoga for men and women. Many students participated in the events actively.	
Conclusion: It was decided to include events like, debate, and self defence programmes for women students. Ms. Prameela expressed her gratitude for the valuable contributions made by the members.	


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Annual Gender Sensitization Action Plan 2017-18

No:	Activity	Participants	Organized by	Action Plan	Tentative Month
1.	First annual meeting for gender equity	Members of women's cell	Women's cell	Review of previous year events, finalizing the theme for the current year	Jun
2.	Empowering Women	Final year girls	Women's cell	Women Achievers of 21st Century	July
3.	Health	2 nd year girl students	Women's cell	Nutrition for women	Aug
4.	Women wellness	Final year girl students	Women's cell	How to strike work life balance.	Sep
5.	Women and security	First year girl students.	Women's cell	Violence against women	Sep
6.	Women and security	Female teaching and non-teaching staff	Women's cell	Awareness on "Domestic violence against women"	Oct
7.	Health is wealth	Final year girls	Women's cell	PCOD Awareness Program	Nov
8.	Hygiene for health	First year girls	Women's cell	Personal Health and Hygiene	Nov to Mar,
9.	Awareness programme	BA , BSC girl students	Women's cell	Eco friendly options for sanitary pads.	Jan
10.	Women and society	BBA girls all the semesters	Women's cell	Women in Today society	Jan
11.	Legal rights of women	First year Girls	Women's cell	Law & Order awareness programme.	Feb
12.	Empowering women	2 nd year girl students	Women's cell	Women in Science	Feb
13.	Health	All female faculty	Health club	Cancer In women	Mar
14.	Health	2 nd year girls	Health club	Guest lecture on "Fitness key for health".	Apr
15.	Annual valedictory meet	Members of women's cell	Women's cell	Annual review of all the programmes organizes	Apr



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List of events organized for the academic year 2018-19

Theme for the academic year 2018-19 "Transforming Women's Lives "

S.no	Event	Date
1.	Women Achievers of 21st Century	19 July, 2018
2.	Nutrition for women	18 Aug, 2018
3.	How to strike work life balance.	6 Sep, 2018
4.	Violence against women	25 Sep 2018
5.	Awareness on "Domestic violence against women"	19 Oct 2018
6.	PCOD Awareness Program	21 Nov 2018
7.	Personal Health and Hygiene	21 Nov 2018 and 25 th Mar, 2019(Monthly programme)
8.	Eco friendly options for sanitary pads.	8 Jan 2019
9.	Women in Today society	21 Jan 2019
10.	Law & Order awareness programme.	11 Feb 2019
11.	Women in Science	21 Feb 2019
12.	Cancer In women	30 Mar 2019
13.	Guest lecture on "Fitness key for health".	19 Apr, 2019

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Meeting Minutes – 1

Meeting Information	
Objective:	Annual plan for the academic year 2017-18
Date:	18/07/2018
Time:	1:00 PM
Submitted by:	Mrs Vimala
Attendees:	MS Prameela, Mrs Vimala and Mrs Sandhya
Agenda Items:	
1	General Review of previous year activities
2.	Planning activities, events and programmes for the current academic year
Discussion	
<ul style="list-style-type: none">• Plan to focus on upliftment of women students and environment affecting them.• Programmes to be organized throughout the year in relation with women's health and wellbeing, awareness on cybercrimes, skill development programs, motivational lectures on personality development. Activities and programmes to improve their achievement, motivation, awareness about mental and physical health.	
New Action Items:	
1	Awareness programmes on PCOD, importance of nutrition for women
2	Sessions on women achievers
3	Programme on work life balance and sustainable living
4	Programmes on special Laws and orders pertaining to Women
Conclusion	
It was decided that Ms.Prameela will take up the responsibility arranging session on awareness programmes about women's health, PCOD, importance of nutrition for women , Mrs.Vimala in charge of women achievers and Mrs.sandhya In charge of sustainable living.	


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Meeting Minutes 2

Meeting Information		
Objective:	Action Plan taken for the academic year 2018-19	
Date:	24/04/2019	
Time:	11:00 AM	
Attendees:	MS Prameela, Ms Veena, Mrs Vimala	
Agenda Items:		Presenter
1	Events conducted and problems faced	Mrs. Vimala
2.	Suggestions for next year	
Discussion		
<ul style="list-style-type: none">• Women's cell had organized lot of programmes for the Positive growth and development of students• The programmes organized were one day programme on awareness on "Domestic Violence against Women"• Sessions on Work life balance, sustainable living, law and order awareness programme, PCOD, Personal Health and Hygiene, Cancer in Women, session on importance of nutrition for women, fitness camp• Sessions on women in today's society, Women in Science and Violence against women and Women Achievers of 21st century were organized,• All the events and programmes went on in a smooth way, and benefited the students,• Students had given a Positive feedback on the programmes conducted.• Reports on Women in Today's society, Cancer In women , Awareness on "Domestic violence against women", Fitness camp , How to strike work life balance on Law & Order awareness programme ,Nutrition for women, PCOD Awareness Program, Personal Health and Hygiene , Sustainable Living ,Violence against women ,Women Achievers of 21st Century ,Women in Science, programmes was made and forwarded to the management.• The reports were reviewed by the management.		
Conclusion: Ms.Pramila thanked the members for their cooperation , in successfully conducting the events.		

Prameela
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