



# ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

**A FRANSALIAN INSTITUTE OF HIGHER LEARNING**

## Enhancing "Peace and Unity" in and around

Venue: Online  
Date: 5 May 2021  
Time: 12:00-1:00 pm  
Organized by: Department of Languages  
Attended by: UG students

The Department of languages organized a session on the topic "peace" on 5 May 2021

The workshop was handled by Prof. Prakash Ranjare, HOD, and Coordinator Department of Kannada. He discussed the peace and unity among the youths and told about the thoughts and ideas of the Mother Teresa, and ideologies, and thoughts of Sri Buddha. He expressed that the happenings around the world are disturbing everyone's peaceful coexistence and the future seems to be uncertain.

Peace and Harmony is the basic requirement of any nation. The citizens of a country feel safe and secure and can prosper only if a peaceful environment is maintained. The people of India largely enjoy a peaceful environment; however, the atmosphere is disrupted many times due to various happenings and agitations for various rights.

The citizens of India enjoy unity in diversity. People belonging to different religions, castes, and creed live together in the country. The Constitution of India gives its citizens the freedom of equality and various laws are in force to ensure a peaceful life. However, there have been several instances when people have been disrupted in the country owing to different reasons. There are essays of varying lengths with the topics war, hate, and unfair happenings. Most often the common people feel helpless not knowing what to do to stop these things.

One must remember that a serene environment of tolerance and understanding starts with themselves. Everyone can contribute to creating a safe place by spreading love, peace, and unity to make it a more positive place to live in. It doesn't have to be too great or too big, it can be as small as expressing gratitude to friends and family or helping a stranger whenever they are in need.

Electronics City P.O., Bengaluru - 560 100  
Tel.: 080-27836065 / 27834611, Fax: 080-27832299, Email: principal@sfscollege.in  
www.sfscollege.in





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It can be done at home, in the college, and in the working places and such behaviors bring fulfillment in life. Having a positive attitude about one's life and situations will add up to this and make a positive impact on the surroundings. The decision that is made today would

be to spread love, peace, and unity to make the world a better place to enjoy life without any fear or sadness. Because "The life of inner peace, being harmonious and without stress, is the easiest type of existence." - Norman Vincent Peale.

All interested students of all the three years along with their faculty members took part in the session. It was very informative, and the new insights of peace and unity would be really helpful to those who aspire to become future youngsters.

**PRINCIPAL**  
St. Francis de Sales College  
Electronics City Post, Bangalore - 560 100.

**COORDINATOR**  
Best Practices Cell  
St. Francis de Sales College  
Bengaluru - 560100

Electronics City P.O., Bengaluru - 560 100  
Tel.: 080-27836065 / 27834611, Fax: 080-27832299, Email: principal@sfscollege.in  
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