



ST FRANCIS DE SALES COLLEGE

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A FRANSALIAN INSTITUTE OF HIGHER LEARNING

Report of session on "Unlearn"

Title	Unlearn
Date of Event	February 3rd, 2023 (Friday)
Department/Association	Desalite Skill Development Cell
Venue	New Auditorium (4 th floor)
Number of participants	115
Target Audience	UG Bcom students and PG students of all discipline
Event Coordinator	Mrs. Payel Roy
Resource Person & details	Prof Amlan PGDTM (Campus Topper Gold Medalist) - IITTM Gwalior, Ministry of Tourism (Govt. of India) MBA (University of Wales, UK) Premium Instructor: Udemy Ex Toastmaster (Muscat)

REPORT:

The agenda of the session was to equip students with the understanding of the process of unlearn. The session was conducted for UG and PG students by the Desalite Skill Development Cell. The session started at 12:30PM and went on till 2:00 PM

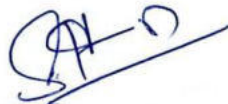
The session began with a basic understanding of the process of unlearning. The students were then introduced to the need of unlearning. Unlearning is an important process to overcome ones failure and drawbacks. Until one unlearns, they cannot learn anything that is beneficial for them. The facilitator then emphasized on multiple life experiences to prove that unlearning has and will always help people to learn new things better.

The students were asked to think about things that they have unlearnt in their lives. There was also a small activity to empty the negatives and unlearn all the negatives so that there is more space for the positives. The session then proceeded with the application of unlearning in job

hunt and job performances. The speaker explained how today's world demands the process of unlearning for without unlearning nothing new can be achieved. The session was very interactive and the students also interacted with the resource person after the session for their personal enquiries and doubts with regard to professions

Learning Outcome:

The session gave a wholistic understanding of the process of unlearn. Students were also equipped with the steps of unlearning. The session also helped students to understand the need of unlearning in order to succeed in ones professional life.



COORDINATOR
Desalite Skill Development Cell
St. Francis de Sales College
Bengaluru - 560100



PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100.

Attendance Sheet:

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Attendance Sheet

Event: Desalite Skill Development Activity - A Session on "UNLEARN"
Date: 03.02.2023

Sl.No	Name	Course/Class	Signature
210027	Nikhil B	BBA 'A'	Nikhil
210040R	MAHESH.V	BBA 'A'	MAHESH
210020R	MONISH.B	BBA 'A'	MONISH
210015K	Uga	BBA 'A'	Uga
210008K	Dayanand D	BBA 'A'	Dayanand
210055K	Manika.V	B.COM 'A'	Manika
210010K	Sanika.M	B.COM 'A'	Sanika
210011K	Vasishthi.M	BBA 'A'	Vasishthi
210006K	Manika Krishna.G	BBA 'A'	Manika
210056h	Pooja.G	BBA 'A'	Pooja
210019K	Rakshita.V	BBA 'A'	Rakshita
210013K	Jeevitha.K	BBA 'A'	Jeevitha
210009K	Divya.S	BBA 'A'	Divya
210014K	Bhushan.S	BBA 'A'	Bhushan
210002K	Bhuvanit	BBA 'A'	Bhuvanit
210055K	Anupriya.M	BBA 'A'	Anupriya
210001K	Kanishk.M	BBA 'A'	Kanishk
210006K	Akhila	BBA 'A'	Akhila
210049K	Vandana SP	BBA 'A'	Vandana SP
210025H	Bhavana.K	B.COM 'A'	Bhavana
210020H	Bhramika.D	B.COM 'A'	Bhramika
210026H	Aspa Banu	B.COM 'A'	Aspa Banu
210010H	Kushboo Kumari	B.COM 'A'	Kushboo
210039H	Kiran Kumari	B.COM 'A'	Kiran
2100500H	Salweena	BA 'A'	Salweena
2100004H	Sushil Rangan	BA 'A'	Sushil
2100004H	Narayan Raju	BA 'A'	Narayan
2100000K	Ala Anandh	BA 'A'	Ala
2100001K	Shruti	BA 'A'	Shruti
2100002K	Hanisha	BA 'A'	Hanisha
2100003K	Pavithra	BA 'A'	Pavithra
2100004K	Sushitha	BA 'A'	Sushitha
2100005K	Prasanna V	B.COM 'A'	Prasanna
2100006K	Janeel T	B.COM 'A'	Janeel
2100007K	Chiranjiv S	B.COM 'A'	Chiranjiv
2100008K	Prasanna S	B.COM 'A'	Prasanna
2100009K	Rubana J	B.COM 'A'	Rubana
2100010K	Vandana N	B.COM 'A'	Vandana
2100011K	Sumathi.S	B.COM 'A'	Sumathi
2100012K	Arushi A	B.COM 'A'	Arushi
2100013K	Arushi (Arushi)	B.COM 'A'	Arushi
2100014K	Priya M	B.COM 'A'	Priya
2100015K	Leethana	B.COM 'A'	Leethana
2100016K	Sathya	B.COM 'A'	Sathya

Roll no	Name	Course	Sign
210035H	Reena Chaudhari	B.com 'c'	Reena
210036H	Pooja Yadav	B.com 'c'	Pooja
210037H	Pooja A	B.com 'c'	Pooja
210038K	Angel R	B.com 'c'	Angel
210039K	Pruthvi A	B.com 'c'	Pruthvi
210211F	DEEPA SIA K	B.com 'c'	Deepta
210205K	ANITHA M	B.com 'c'	Anitha
210216K	Hemashree	B.com 'c'	Hemashree
203MM210002	Thyashwini	B.com 'c'	Thyashwini
203JH210002	Shreyas V	B.com 'c'	Shreyas
203EX210004	Leetha	B.com 'c'	Leetha
210225K	Namratha S	B.com 'c'	Namratha
210260K	Eternal R	B.com 'c'	Eternal
21000021	Sparsh	M.com	Sparsh
203MN210001	Kulsum	B.com 'd' sec	Kulsum
210330H	Prerona Sharma D	B.com 'd' sec	Prerona
210344K	Shweta B.S	B.com 'd' sec	Shweta
210166H	Pratiksha Saini	B.com 'd' sec	Pratiksha
210191H	Kavitha	B.com 'd' sec	Kavitha
210122H	Manisha	B.com B	Manisha
210126H	Neelha	B.com B	Neelha
210333K	R. Sharanika	B.com 'd'	R. Sharanika
210350K	Vishvasheela B	B.com 'd'	Vishvasheela
200352H	Preyasa Kaavya P	B.com E	Preyasa
200362H	Vishva	B.com E	Vishva
200346H	Namitha	B.com E	Namitha
200326H	Kavayitri	B.com E	Kavayitri
200322H	Angel Princey	B.com E	Angel Princey
200324TA	Divyath G	B.com E	Divyath
200406K	Thamushree B	B.com E	Thamushree
200425K	Meghana V	B.com E	Meghana
200410K	Dhanushka A	B.com E	Dhanushka
210165H	Chandini Kuma	B.com B	Chandini
210159K	Vidya N	B.com B	Vidya
210252K	Romika G	B.com B	Romika
210207K	Rhythmika H	B.com C	Rhythmika
210209K	Chhavi K	B.com B	Chhavi
210102H	Allya Bagwan	B.com B	Allya
210121K	Lakshmi C	B.com B	Lakshmi
210108K	Chaitanya S	B.com B	Chaitanya
210144K	Sreeda	B.com B	Sreeda
220102H	Pooja Bahilla	B.com 'c'	Pooja
2200097H	Muskan Tej	BBA 'B'	Muskan
2200003H	Akhal Singh	BBA 'B'	Akhal
2200104H	Diya (Anvitha)	BBA 'B'	Diya
2200006H	Shana B.H	BBA 'B'	Shana
2200073H	Shaik Aashiya	BBA 'B'	Shaik
2200072H	Shabhin A	BBA 'B'	Shabhin
2200108H	Lakshmi Kumar	BBA 'B'	Lakshmi
2200100H	Nashra Khan	BBA 'B'	Nashra
2200023H	Sangeetha K	B.com 'c'	Sangeetha
2200262H	V.Nisha S	B.com 'c'	V.Nisha
2200258H	Sneha L	B.com 'c'	Sneha
2200212H	Neha Pandey	B.com 'c'	Neha
2200242H	Deepthi	B.com 'c'	Deepthi

21PYS002K
21EPS002K
21PSSH007K
212EO357A
21C031K
21C004K
21C039H
21C045K
21C046K
21C051K
21C167K
21C139K
21C0005K
21C0002K

Ranjitha.R	III BA 'C'	
Sowmya.N	II BA 'A'	Ranjitha.R
Kaushiko	III BA 'B'	Co
Nanya	II BA 'A'	Kaushika
Priya.G	III B.COM 'A'	Nanya
Aishwarya.A	III B.COM 'A'	Priya
Sabila Banu	III B.COM 'A'	Aish
Sondali Khatun	III B.COM 'A'	Sabila
Suji.S	III B.COM 'A'	Soni
Vydoorya	III B.COM 'A'	Coj.S
Sowandarya	II B.COM 'B'	Vys
Sadhun Akshitha	II B.COM 'B'	Sadhun
Bhumi.K.M	III B.COM 'B'	Bhu
Akshitha	IV B.COM 'B'	

Amlan Bhattacharya

- ☑ 17+ Years' Experience – 3 Different Countries
- ☑ +91 88675 64920 | prof.amlan@gmail.com
- ☑ City: Bangalore (Ready to Relocate Anywhere)

Major Organizations (Clients / Employers):

- **Cognizant:** Was hired as Communication Coach on contract to streamline L&D, intervene in its recruitment process & train its social media team
- **Amazon:** Delivered sessions (Energizers) for VP level employees as well as mid-level staff for Amazon India's Bangalore office
- **TISS (Tata Institute of Social Science):** As an empanelled resource person, delivered sessions for TISS' vocational batches in Bangalore
- **NIT (National Institute of Technology):** Delivered faculty-training on methodologies to make classes effective at NIT Warangal
- **3M:** Delivered training sessions for the R&D centre employees of 3M, Bangalore
- **ONGC (Oil & Natural Gas Corporation of India):** Delivered back to back 2 years, training sessions for its mid-level managers on CSR & Organizational Belonging
- **Naveen's:** Did a challenging assignment of CEO Coaching for the Chennai based real estate giant (Business Etiquette & Image Management)
- **Gillette:** On behalf of Mumbai based advertising firm Group-M, delivered sessions at various colleges in Bangalore for a campaign by Gillette, on men's grooming
- **AICTE:** Invited to deliver FDP sessions (Faculty Development Programs) as a part of AICTE sponsored program titled ATAL series
- **TripFactory.com:** Got a 1-year-contract to start its L&D process, develop training materials, training schedules & its internal LMS

- Ex Toastmaster (SBG Corporate Chapter, Muscat)
- Experienced in Tourism, Banking, HSE & more...
- Sales, Energizers & Outbound Training Expert
- Open for Consultant / Visiting Faculty Options

Experience & Exposure (Chronological):

2005-06: 'Executive - Tours' at Incredible Indian Moments Pvt. Ltd. Jaipur

2006-2007: Finished One-Year MBA (Marketing) under University of Wales, UK

2007-2008: 'Sales Consultant – Inbound' at NTT (at both Muscat, Sultanate of Oman & Dubai, UAE)

2008-2010: 'Assistant Professor' at Aravali Institute of Management (the then #1 Ranked B-School of Rajasthan). Handled HSE programs & placements

2010-2011: 'Faculty - Marketing' at TASMACH Business School, Bangalore: Handled HSE sessions

2012: 'Assistant Professor' at SIBM (Symbiosis Institute of Business Management) under Symbiosis International University

2013-2017: 'Associate Professor' at MSB (Marc School of Business). Helped in placements & took student-groups to International industry trip (Dubai)

2017-2018: 'Training Manager' at TripFactory.com

2018-2022: Freelance-Trainer & Visiting Faculty

2020: Started own study-centre to run weekend-class

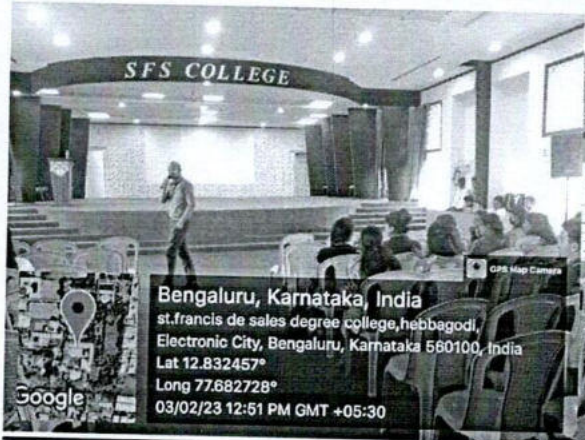
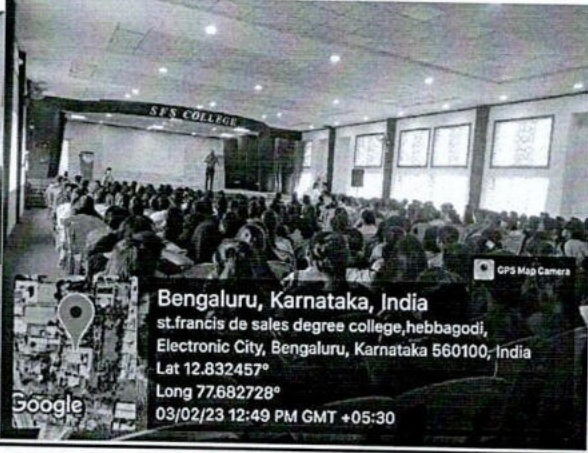
2023-Present: 'Comms-Coach' at Cognizant. Handling TNA & Training Delivery

Educational Qualification:

MBA (Marketing)
PGDTM (Tourism Mgmt.)
BA (English)



Geo-tagged Photos:





Report Prepared by:

Payel Roy
 Coordinator & Asst. Professor
 Dept. of Psychology
 Postgraduate Centre

ple
COORDINATOR
 Desalite Skill Development Cell
 St. Francis de Sales College
 Bengaluru - 560100

Report Verified by:

J. H. D.
COORDINATOR
 Student Support Cell
 St. Francis de Sales College
 Bengaluru - 560100

Report Approved by:

Principal

Enclosure:

SLNO	Document	Format	Print/Drive
1	Brochure of the event	PDF	Print
2	Circular of the event (Notifications)	PDF	NA
3	Geo-tagged photos/Screen Shots	Jpeg/Jpg	Geo-tagged
4	Attendance sheet with signature of the attendees (offline)/Consolidated Excel sheet of the registration and feedback forms (Online)	PDF / Excel Sheet	Attendance sheets with signatures
5	Copy of the Certificate issued	PDF	NA
6	Invitation and acceptance letter (or mail) of the Chief guest	PDF	NA
7	Proof for honorarium given to the guest (Cheque or online payment details)	PDF	NA
8	Registration details	PDF	NA
9	Profile of the Resource Person	PDF	NA