

## Brochure:



# ST. FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University | AICTE Approved | Electronic City, Bengaluru - 100

Reaccredited by NAAC with B++ Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

## A FRANSALIAN INSTITUTE OF HIGHER LEARNING

### SAMVADA

### STUDENT NATIONAL SEMINAR

June 23, 2023

*"Academics and its role in Building Society: Research in India"*

Organized by the  
Department of Humanities (PG & UG)  
in association with the Research Cell

#### ABOUT THE COLLEGE

St. Francis de Sales (SFS) College is managed by the Missionaries of St. Francis de Sales (MSFS) of South West India Province, who firmly believe that *'the education of the heart is the heart of education'* hailed by its founder Fr. Peter Marie Mermier. St Francis de Sales College came into existence in 2004 with the motto: *Excellence, Transformation and Efficiency*. It is a minority recognized institution, permanently affiliated to Bangalore University with UG, PG (with MBA) and PG Diploma Programs.

In the year 2018, the College obtained 2(f) and 12(b) recognition under the UGC Act of 1965. AICTE approval for MBA was obtained in 2020. The College was granted "B++" grade by the NAAC in 2021. The College is also an ISO certified Institution.

#### ABOUT THE STUDENT NATIONAL SEMINAR (SAMVADA)

*"Student National Seminar (SNS)"* is an annual academic fest organized by St Francis de Sales College, Bengaluru, for the Undergraduate and Postgraduate Students. This academic platform *intends to give the students an exposure to research, publication and knowledge transfer*. The Student National Seminar encourages intellectual discussions, collaboration, and networking among young academicians. With a focus on promoting interdisciplinary research and fostering a culture of intellectual curiosity, SNS aims to nurture the next generation of leaders and scholars, empowering them to contribute to the advancement of knowledge in their respective fields.





## SUBTHEMES

JOURNALISM	SOCIOLOGY	POLITICAL SCIENCE	HISTORY	ECONOMICS	PSYCHOLOGY
1. The impact of media literacy education on building a more informed and critical society.	1. The role of education in shaping social identity and mobility.	1. The impact of academic freedom on political science research.	1. The Role of Academics in Social Movements.	1. Role of education in economic function.	1. Research in Educational Psychology: Bridge the Gap in Education.
2. Digital Literacy and Cyber security: An Analysis of the Role of Media Literacy in Developing Online Safety Awareness.	2. The role of academic institutions in shaping social identities.	2. The relationship between academic research and activism.	2. Education and Globalization.	2. Role of academics in building work force	2. Psychology and Higher education

## GUIDELINES

Maximum Length: 3000 words including title, introduction, method, result and discussion Conclusion and references.

Margin: 1 inch all sides, Font: Times New Roman, 12 points, Justified, Line spacing 1.5

Title of the Paper (Centre alignment, upper case, font size 12, bold); Name(s) and address (es) of the Author(s) (Centre alignment, title case, font size 12, names alone bold. Please underline the name of the presenter in the author list.

Abstract of full paper: Not more than 200 words and maximum of five key words Tables, illustrations, charts, figures, formulae etc. should be placed within the text at appropriate places. Referencing should be in the APA style

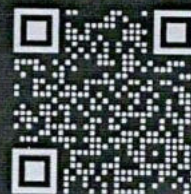
## Registration Link

Participation Fee: Rs. 100/-

Presentation Fee: Rs. 150/-

Registration Link

<https://forms.gle/hqEyQ1ixMfWVPiuG8>



## IMPORTANT DATES & CONTACT INFO

Last date for Registration: May 27, 2023

Deadline for abstract submission: June 2, 2023

Deadline for full paper submission: June 17, 2023

Email : [ba.samvada@sfscollege.in](mailto:ba.samvada@sfscollege.in)

Contact Number

MS. LAKSHMI BALAKRISHNAN – 7338023790

DR. MAHESH. N. V - 9481028563







# ST FRANCIS DE SALES COLLEGE

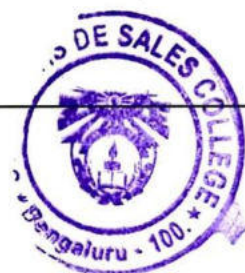
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## A FRANSALIAN INSTITUTE OF HIGHER LEARNING

### Report of “Student National Seminar - Humanities”

<b>Title</b>	Student National Seminar (Humanities) – Academics and its role in building society
<b>Date of Event</b>	June 23rd, 2023 (Friday)
<b>Department/Association</b>	Department of Humanities in association with Research Cell
<b>Venue</b>	Seminar Hall
<b>Number of participants</b>	33
<b>Target Audience</b>	Student scholars and academicians of colleges
<b>Place of visit/ details of Industrial Visit place (if applicable):</b>	NA
<b>Event Coordinator</b>	Ms. Lakshmi, Ms. Payel Roy, Mr Mahesh
<b>Resource Person &amp; details</b>	<b>Dr. Chetna Lakhotia</b> Adjunct Faculty, Dept of Psychology, Christ University <b>Dr. Mamatha K</b> Head, Dept of Psychology, PG Centre St Francis De Sales College



Electronics City P.O., Bengaluru - 560 100

Tel.: 080-27836065 / 27834611, Fax: 080-27832299, Email: principal@sfscollege.in

www.sfscollege.in



## **REPORT:**

The Student National Seminar inauguration happened in the New Auditorium, St Francis De Sales College, from 9:30 AM. The Seminar aimed at bringing scholars and academicians together and sharing knowledge through paper presentations and discussions. Each department was given a theme based on which their were sub-themes derived. The papers were presented based on the subthemes. For department of humanities the theme of the seminar was "Academics and its role in building society".

The external chairperson was Dr. Chetna Lakhotia, an Adjunct faculty from dept of psychology, Christ University, while the internal chairperson was Dr. Mamatha K. head of the department of psychology, PG centre, St. Francis De Sales College. There were a total of 12 offline presenters and 7 online presenters. The seminar started at 11:00 AM with a welcome speech by Ms. Payel Roy followed by the keynote address by the external chairperson. There was a lunch break provided at 1:15 PM for all. The students resumed the presentation from 2 PM.

The Best Presentation and Best Paper prizes were bagged by Ms. Ambika Singh who presented her paper on "Relationship between academic stress, resiliebce and well-being among Indian students". A cash price of Rs 4000 was awarded to the student for getting both the best paper and the best presentation. All the participants were given the participation certificates, and the other presenters were awarded the paper presentation certificates. Post the announcement of the results, the chairperson was felicitated. The Seminar ended at 4:00 PM.

## **Learning Outcome:**

The seminar gave a wholistic learning on the various nuances of academics and its role in building society. The Scholars and students gained and shared knowledge. The QnA sessions helped the students and scholars to learn better an get in depth of the process of research. The importance of research was yet again established through the student national seminar.

## **Supporting Documents:**





**Attendance Sheet:****ST FRANCIS DE SALES COLLEGE**

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**ATTENDANCE SHEET- SNS 2023**

Sl. No	Name of the student	Roll no	Signature
1	Vidhi C	20HEPD0177H	Vidhi
2	Sandhya S	20HEPD037K	Sandhya
3	Lavanya G P	20HEPD012K	Lavanya
4	M. Subhika Singh	20HEPD021K	Subhika
5	Mythili S	20HEPD021K	Mythili
6	Karthi S Reddy	20HEPD031K	Karthi
7	Vinod Sathya P	20HEPD010H	Vinod
8	Goufanya Adiga	21SM8006M	Goufanya
9	Navya Fathima M	21SM8004K	Navya
10	Teeksha K-N	21SM8007H	Teeksha
11	Shalini M	21SM8003C	Shalini
12	Mitha G	21SM8005C	Mitha
13	Ranya M	R20SPE01T	Ranya
14	Kusuma V	20CJP008K	Kusuma
15	Dr. Raksha Datta	20CJP0099A	Raksha
16	Layara Narif M	20CJP0067A	Layara
17	Sanjana	20HEPD026K	Sanja
18	Shineesha M	20HEPD027K	Shineesha
19	Poorna Shree S	22A0041K	Poornashree
20	Bhavitha R	22A0085K	Bhavitha
21	Sajitha Fathima	20CJP022K	Sajitha
22	Afreen Taj T	20LT PDD1H	Afreen
23	Yasmin	20LT PDD1H	Yasmin
24	NAVYA S	22A0005K	NAVYA S
25	RADU A	22A0033K	Radu
26	R. Asisha	20CJP002H	Asisha
27	Shradha G.H	20CJP036SA	Shradha
28	Adhika D		Adhika
29	Rohithika		Rohithika
30	Priyanka Kumari	20JPE001H	Priyanka
31	Shalini Mary Babu	20JPE004H	Shalini
32	Sumit L	20JPE021K	Sumit
33	Prathiksha	22A0035Y	Prathiksha



34	Shamila M	22A00157	Shy J. M
235	Rishu S	22A00157	
36	Aishwarya SM	22A00247	Aishwarya
37	AKASH K N	22A00064	Akash
38	ANISH GAGAN K S	22A0008 K	Anish
39	Manoj Kumar V	22A0064 K	Manoj Kumar V
40	Sri Ram R	22A0007 H	Sri Ram
41	Anjana Shaji	21SM80001	Anjana
42	Vaishnavi A	21SM8006C	Vaishnavi
43	Amey Alexander	21SM8009M	Amey
44	Vinay Venkatesh T	21SM8002M	Vinay
45	Surya Narayan Thomas	20SE8004E	Surya
46			
47			
48			
49			
50			

### Afternoon session 23/6/23

Sl No	Name of the Student	Roll No	Signature
21	Amey Alexander	21SM8009M	Amey
22	Anjana Shaji	21SM80001M	Anjana
23	Vaishnavi A	21SM8006C	Vaishnavi
24	Deeksha K N	21SM8005M	Deeksha
25	Shalini M	21SM8003C	Shalini
26	Baptist Milton G	21SM8005C	Milton G
27	Vinay	21SM8002M	Vinay
28	Nafya	21SM8004C	Nafya
29	Saujanya	21SM8006M	Saujanya
30	Shamila M	22A00157	Shy J. M
31	Aishwarya S M	22A00247	Aishwarya
32	Prathikasham	22A0025	Prathikasham
33	Anish Gagan K S	22A0008 K	Anish
34	Sri Ram R	22A0007 H	Sri Ram
35	Keerthana L	20JPE004K	Keerthana
36	Priganka Kumari	20JPE001H	Priganka
37	Samuel	20JPE001E	Samuel
38	Surya Thomas	20SE8004E	Surya
39	M. Ambika Singh	20CTV029K	Ambika
40	Rooba C V S	20HEP019TA	Rooba





## Profile of Resource Person

2

CHETNA LAKHOTIA  
FREELANCER  
FORMER ASSISTANT PROFESSOR

### EDUCATION

#### **PhD, THE IIS UNIVERSITY, JAIPUR**

- Thesis titled "Positive Organizational Correlates of Employee Work Ethics and Spirituality".
- Worked as a research scholar and undertook classes for UG and PG programmes while working on my thesis

#### **MA (PSYCHOLOGY), THE IIS UNIVERSITY, JAIPUR**

- Specialization in Organizational Behaviour
- President – PG council
- Outgoing Student of the Year

### COMMUNICATION

- Strong communication skills.
- Proficient in English and Hindi.

### LEADERSHIP

- Held office both while working as well as a student.
- Appreciated for leading groups of students and faculty during events, examinations, meetings etc.

### OTHER AREAS OF INTEREST

- Conduct webinars
- One on one educational counselling
- Self-development and upskilling

### REFERENCES

**Dr Roopa Mathur, Dean Academics, The IIS University**  
[roopamathur2812@gmail.com](mailto:roopamathur2812@gmail.com)

**Dr Sunita K Damodar, Coordinator Academics, IIPR**  
(Indian Institute Of Psychology And Research)  
[sunita.damodar@iipr.in](mailto:sunita.damodar@iipr.in)



## Invitation And Acceptance



**Samvada BA** <ba.samvada@sfscollege.in>  
to Chetna, Research, Research ▾

Sun, Jun 18, 8:46 PM



Respected Ma'am,

With immense pleasure, we would like to invite you as the chairperson for our Student National Seminar 2023-2024, Department of Humanities, St Francis De Sales College. The Seminar will be held on 23rd of June 2023 from 9:00 AM to 4:00 PM at St Francis De Sales College Electronic City.

I, on behalf of the Department of Humanities, cordially invite you to chair our Student National Seminar 2023-2024. Requesting you to kindly grace the event with your presence.

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With Kind Regards  
Mrs. Payel Roy  
Coordinator,  
Department of Humanities,  
St Francis De Sales College



**Chetna Lakhotia**  
to me ▾

Sun, Jun 18, 10:22 PM



Thank you for the invitation.

I will be pleased to chair the seminar and acknowledge the same.



**Samvada BA** <ba.samvada@sfscollege.in>  
to Mamatha, Research, Research, Ms ▾

Mon, Jun 19, 12:48 PM



Respected Ma'am,

With immense pleasure, we would like to invite you as the internal chairperson for our Student National Seminar 2023-2024, Department of Humanities, St Francis De Sales College. The Seminar will be held on 23rd of June 2023 from 9:00 AM to 4:00 PM at St Francis De Sales College Electronic City.

I, on behalf of the Department of Humanities, cordially invite you to chair our Student National Seminar 2023-2024. Requesting you to grace the event with your presence.

--

Thank you,  
Regards,  
Mrs. Payel Roy,  
Coordinator,  
Department of Humanities,  
St Francis De Sales College



**Mamatha K**  
to me, Research, Research, Ms ▾

Mon, Jun 19, 4:18 PM



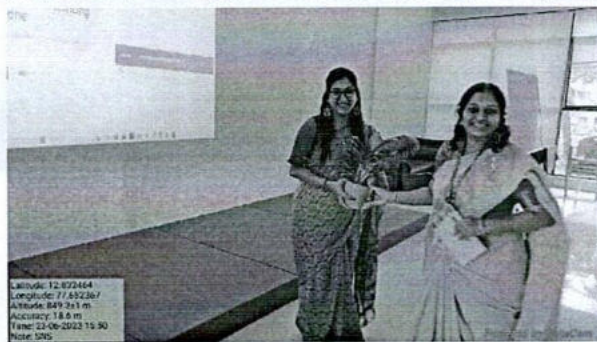
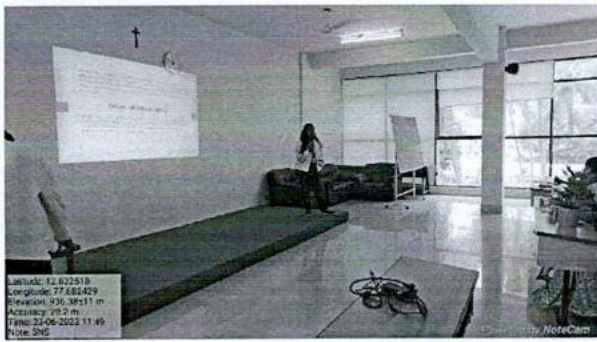
I accept the invitation. Thank you.

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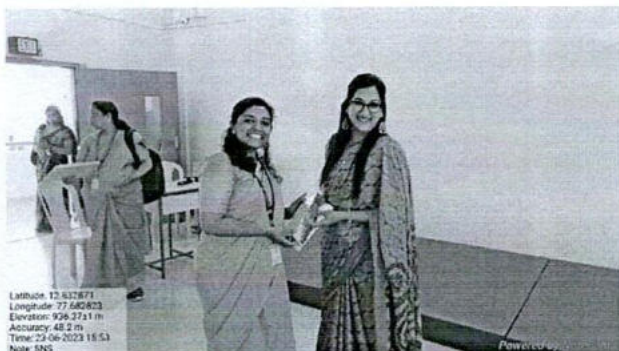




## Geo-tagged Photos:







### Report Prepared by:

**Payel Roy**

Coordinator & Asst. Professor

Dept. of Psychology

Postgraduate Centre

**Report Verified by:**

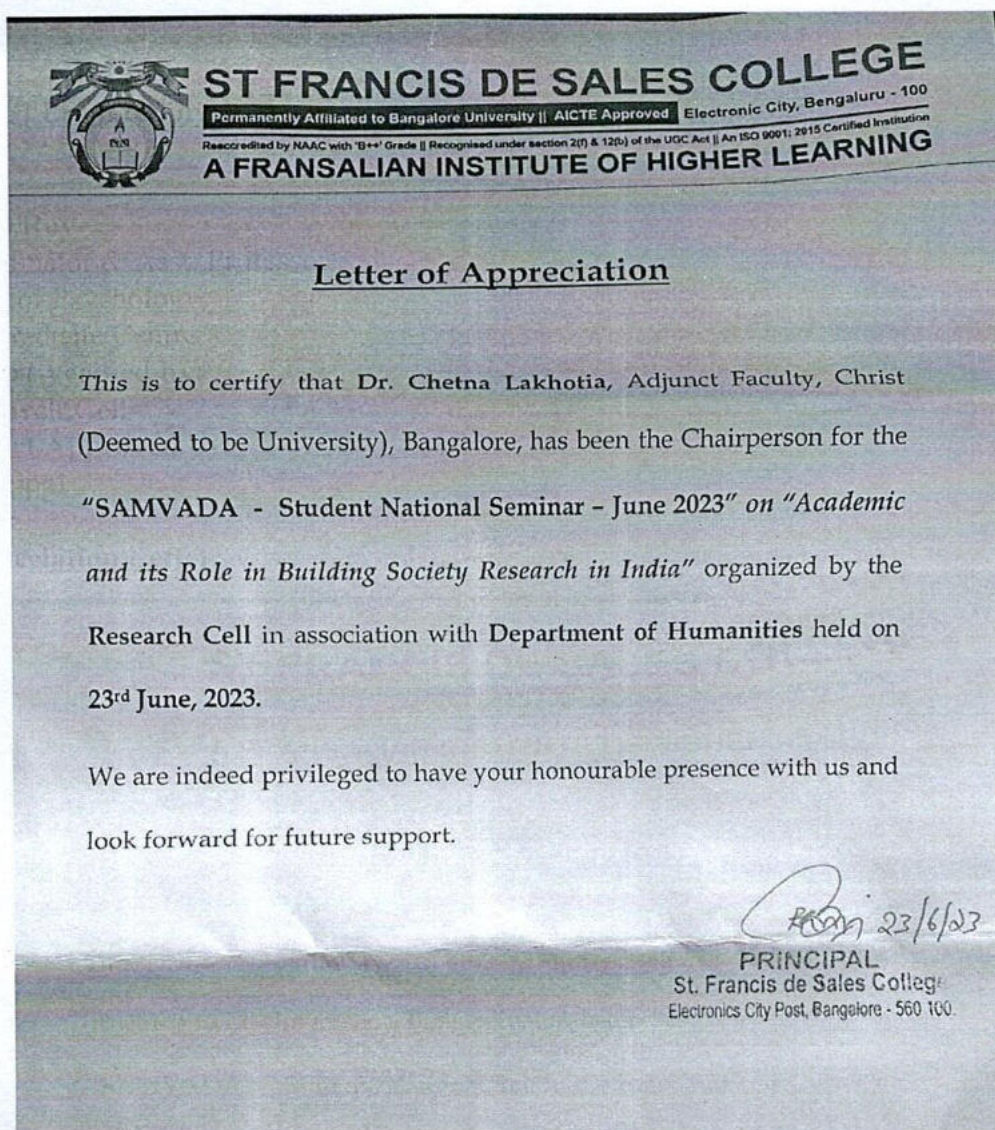
**Research Cell**

**Report Approved by:**

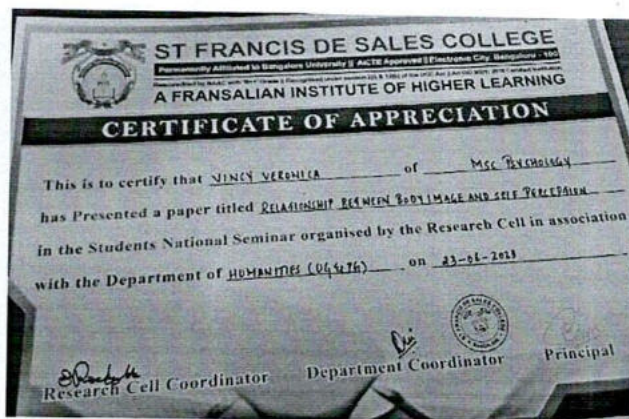
**Principal**

*Payel Roy*  
**PRINCIPAL**  
 St. Francis de Sales College  
 Electronics City Post, Bangalore - 560 100.

### Appreciation Letter:







## Judging Criteria:

### ST FRANCIS DE SALES COLLEGE A FRANCISAN INSTITUTE OF HIGHER LEARNING

National Student's Seminar - June 2023

Department of Humanities (U.G. and PG) & Research Cell

#### Judging Criteria for Best Presentation

No.	Name of the Presenter	Title of the Presentation	Content (10%)	Relevance of the topic (10%)	Formal Presentation (10%)	Overall Presentation (10%)	Total (40%)
1	Jayashree and Lakshmi	Education and Literacy in P. Chabulazion	2	4	4	4	14
2	Mathini and Renuka C.	The Impact of Academic burnout on Political Science	1	2	1	3	7
3	Acaryashree L.	The Role of Psychology in Higher Education					
4	Amisha Singh	A study on the relationship between emotional intelligence and stress cognition among Gen-Zs	7	7	9	8	31
5	Sugay Abraham Thomas	Positive Effects of gaming on modern learning					

Best presentation  
Amisha Singh

No.	Name of the Presenter	Title of the Presentation	Content (10%)	Relevance of the topic (10%)	Formal Presentation (10%)	Overall Presentation (10%)	Total (40%)
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4	Amisha Singh	A study on the relationship between emotional intelligence and stress cognition among Gen-Zs	7	7	9	8	31
5	Sugay Abraham Thomas	Positive Effects of gaming on modern learning					

24. Jayashree R. Effectiveness and Characteristics of various techniques intervention model on death anxiety and well-being among old age people

25. Subi George Reasons and Kujur, Alwin benefits of tele counselling in urban areas of Bongaigaon: A qualitative study.

26. Shobini Y and Vinod I. Narsimhan Effectiveness of mindfulness intervention model on stress and well-being among health care providers.

27. Vidya D.B. Women in financial inclusion

28. Vinay H.V. Skill development in India: Challenges

Best Presenter:

Name: AMISHA SINGH

Title: A Study on the Relationship between emotional intelligence and stress cognition among Gen-Zs

Points: 31

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