



ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved | Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

A FRANSALIAN INSTITUTE OF HIGHER LEARNING

GANDHIAN STUDY CENTRE

PRESENTS

LIFE SKILL TRAINING PROGRAM

DATE:24/05/2022

VENUE:ROOM NO.307

TIME:10AM TO 2:30PM





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Report on Life Skill Training Program

Title	Life Skill Training Program
Date of Event(s)	24/05/2022
Department/Association/ Cell/Committee	Gandhian Study Centre in association with Dept. of Epidemiology, Centre for Public Health, NIMIHANS, Bengaluru
Venue <i>(Mention the platform if it is online)</i>	Room no B07
Number of Participants	50
Target Audience	-

Resource Person(s) with qualification (if applicable):	-
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Place of visit/ details of Industrial Visit place (if applicable):	
Event Coordinator	Karibasavanagowda

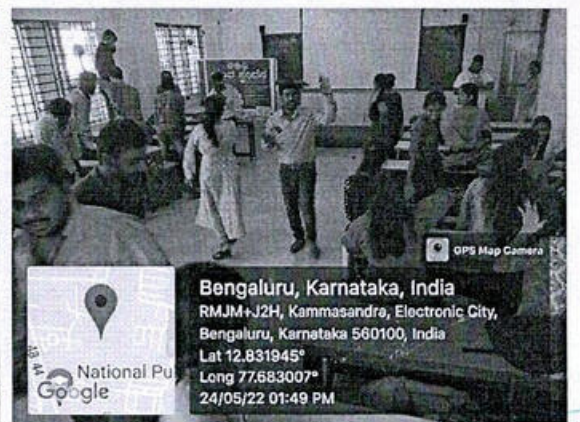
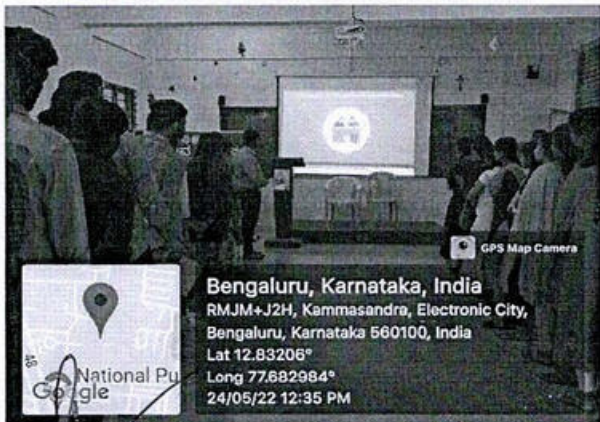
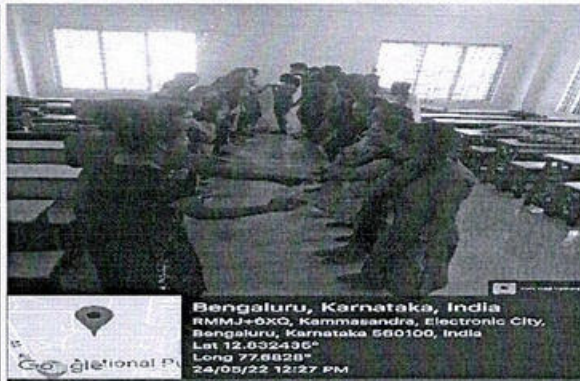
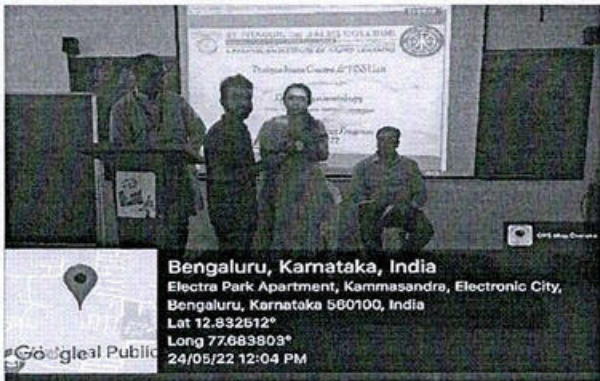
Postgraduate Centre & NSS Unit in association with Dept. of Epidemiology. Centre for Public Health, NIMHANS, Bengaluru organised "Life Skills training Program" on 24.05.2022. The training program began at 10.00 am and concluded at 2.30 pm. Prof. Karibasavana Gowda, NSS Officer, St. Francis de Sales College Introduced resource people and spoke about several program taken up by NSS wing from NIMHANS Mr. Shiva Kumar and Ms. Swathi from NSS Wing, NIMHANS, Bengaluru handled the session They began defining life skills and its effect. Through several activities, importance of life skills was explained to students. Entire session was filled with activities. Videos speaking about topics were shown to students. Reflecting the videos brought in different perspective of looking at things. Students expressed their fun learning throughout the sessions.



was taken and helpline numbers were shared with students. Several doubts raised by students were clarified. As a whole the training program was effective.

Positive Outcome: The objective of the life skills training program was to build life skills among students. Life skills are important for them to build their careers and also personal life. The session was very useful. Students could relate to several day-to-day situations and ways to deal with it. Life skills training was successful by catering to all its objectives.

Photo Gallery

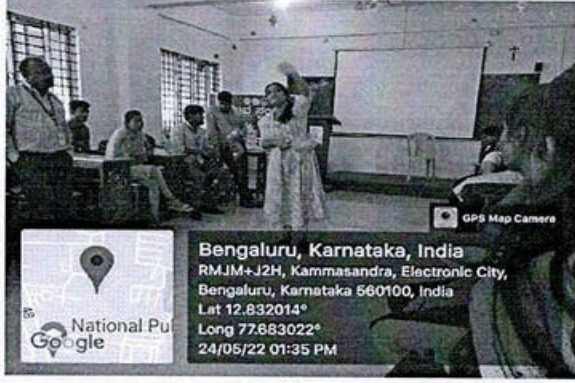


COORDINATOR
Gandhian Study Centre
St. Francis de Sales College
Bengaluru - 560100



Royale

PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560100



Supporting Document:



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Date: 23.05.2022

To,
Dr. Pradeep B S
 Professor
 Dept. of Epidemiology, NIMHANS
 Bangalore

Respected Sir,
Sub: Request to depute Resource Person for conducting "Life Skills Training Programme" for Postgraduate Students at St Francis de Sales College, Bengaluru on 24.05.2022

With reference to the above cited subject, I Prof. Karibasavana Gowda G, NSS Trained Officer would like to inform you that we are planning to conduct Life Skills Training Program for our Postgraduate Students. We have students from Psychology, Commerce, Mathematics and Economics streams. I request you to *Depute Resource Persons to conduct Life Skills Training Program* in our college on **24.05.2022**. Our students would be highly benefitted by the training program. Kindly Oblige.

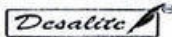
Thank You

With Regards,


 Prof. Karibasavana Gowda G
 NSS Officer
 St Francis de Sales College
 Bengaluru
 THE PROG. OFFICER - NSS
 ST. FRANCIS DE SALES COLLEGE
 ELECTRONIC CITY P.O.,
 BANGALORE - 560 100



Electronics City P.O., Bengaluru - 560 100
 Tel.: 080-27836065 / 27834611, Fax: 080-27832299, Email: principal@stfscollgo.in
 www.stfscollgo.in



Report prepared by:

Prof. Karibasavana Gowda g
 Asst. Professor
 Dept of Kannada & NSS Program officer
 St Francis de Sales College


PRINCIPAL
 St. Francis de Sales College
 Electronics City Post, Bangalore - 560 100



ಸಂಯೋಜನಾಧಿಕಾರಿ
 ಗಾಂಧಿ ಅಧ್ಯಯನ ಕೇಂದ್ರ
 ಸಂತ ಫ್ರಾನ್ಸಿಸ್ ಡಿ ಸೇಲ್ಸ್ ಕಾಲೇಜು,
 ಎಲೆಕ್ಟ್ರಾನಿಕ್ ಸಿಟಿ, ಹೆಬ್ಬಾಳೂರು,
 ಬೆಂಗಳೂರು - 560100.

Volunteer list

ಗಾಂಧಿ ಸ್ಮರಣಾ - ಗಾಂಧಿ ನವಯುಗ

- | | |
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| 1. Dhanush Kumar | IIInd Bcom 'A' |
| 2. Bharath. B | IIInd Bcom. 'A' |
| 3. ^{Johnson. S}
Pragata Prabhath | IIInd B.com 'B'
IIInd BBA |
| 4. Sindhu | IIInd BCA |
| 5. Rakshitha | IIInd BCA |
| 6. Harushitha. G | IIInd BCA |
| 7. Janani | IIInd Bcom. 'D' |
| 8. Vivitha. m | Ist Bcom. 'C' |
| 9. Bhoomika. G.P | Ist Bcom. 'B' |
| 10. Swathi. m | IIInd Bcom 'A' |
| 11. Shalini. R | IIInd Bcom 'A' |
| 12. Angel | IIInd Bcom 'C' |
| 13. Pragati | Ist BBA 'A' |
| 14. Shreya | Ist BBA 'A' |
| 15. Nandini | IIInd Bcom 'D' |
| 16. Ahalya | IIInd Bcom 'A' |



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(Signature)