





# Enfold HANNS Session Reports July 2023

## Community Stakeholders Sessions:

Project Title:	Project Title: "
Session for	
Session topics	<ol> <li>Introduction</li> <li>Gender Discrimination and Gender Equity</li> <li>Body Image and Self-esteem</li> <li>Personal Safety and Personal Body Education</li> <li>Child Abuse</li> <li>POCSO and POSH</li> <li>Conclusion</li> </ol>
Session Date:	5-8-2023
Session venue:	
Session Taken By	
Types of Participants:	

Session summary: I am Vidya.N St Francis de sales college hebbagodi

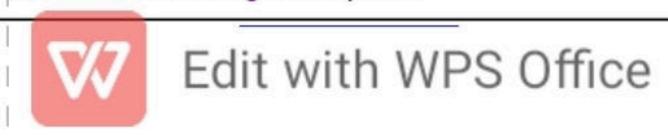
I am a proud NSS Volunteer and grateful to be a part of ENFOLD in creating awareness among the people.

I am at this moment reporting on the training session conducted for our community stakeholders in Empowering youths and creating a safer neighborhood in case of sexual abuse.

We concentrated on the people who come in contact with many people and children of our society.

After introducing the topic, we started interacting with them by questioning them, 'What is Abuse?' later, we bought awareness among them that Abuse does not include only rape. There are different types of abuse and sexual abuse, too.

As the abuse or discrimination in our society starts from the Birth of a child, we appeal to people to stop "Gender Discrimination" and start "Gender Equity." Not only based on Gender, we should even accept the child as it is by not judging its skin tone, size, talents, height, etc., which can hinder its mental growth. We should accept our "Body image" and let no one affect our self-esteem" was Enfold Proactive Health-Trust-:: Creating-Safe Spaces — — — — — — —





#### our intention.

Being safe from abuse starts with having education about ourselves. Hence, we enlightened our stakeholders on how "Personal Safety and Personal Body Education" can prevent sexual abuse, and this begins when the child starts learning nonverbal language.

These were about the preventive measures before Sexual Abuse. Then, we started with the steps to be taken in case of "Child Sexual Abuse." Helpline no. 1098, The POCSO Act (Protection of Children from sexual offenses Act) of the Government of India, their working and provisions under the law.

In today's society, women's employment is also a matter of rights, but women are being abused in the workplace. The Government of India has initiated the "Prevention of Sexual Harassment at Workplace."

We guided them to opt for the "BAL SURAKSHA" app to learn about the things that can be taught to a child of a specific age; STHREE SURAKSHA and SURAKSHITH apps introduced by ENFOLD Trust to spread knowledge and awareness among people widely.

After the session, coffee and biscuits were facilitated to our stakeholders.

### Session feedback:

Our stakeholders were interactive and good listeners, too. They shared some of the incidents that they came across. We were supported to initiate some more sessions regarding the topic to the people gathered by them.

### Photos of the activity



Enfold Proactive Health Trust :: Creating Safe Spaces











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Principal





pariticipating		in competiti	petitions	
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SI.NO	NAME	CLASS	Sem	Section	Reg. No	remarks
	rakshitha s	BCA	5th sem	-	U03MB21S0101	full day
	Sindhu L	BCA	5th sem		U03MB21S0111	full day
3	Ashwini p	BCA	5th sem		U03MB21S0078	full day
	Akshaya M R	BCA	5th sem	-	U03MB21S0126	full day
	Narendranath BM	BCOM	5th sem	D	U03FS21C0237	full day
(	Andrea Preethi I	BSC	3rd sem	Α	U03MB22S0092	full day
	Deepa R	всом	1st sem	D	U03MB23CO217	full day
	Angel. R	B. COM	5th sem	С	U03MB21C0022	full day
	Shalini.R	bcom	5th sem	A	U03MB21C0278	full day
10	Abhinaya M	Bcom	1st sem	D	U03MB23C0031	full day
1	1 kavya N	BBA	3rd sem	A	U03MB22M0109	full day
1.	Tarun kumar k	Bsc	1 St sem	В	U03MB23S0022	full day
1	Praveen Kumar	BCA	3rd sem	-	U03MB22S0044	full day
1-	4 Lavanya. k	Bsc	1st sem	В	U03MB23S0078	full day
1	Nakshatra Rani	BBA	3rd sem	Α	U03MB22M0110	full day
1	Sangeeta.R	BBA	3rd sem	Α	U03MB22M0046	full day
1	7 Pavithra R	Bcom	5th sem	С	U03MB21C0182	full day
1	8 sunith R	Bcom	1st sem		UO3MB23C0318TA	full day
1	9 SHAISTHA	всом	5th sem	D	U03MB21C0285	full day
2	0 Shalini S	всом	1 St sem	Α	U03MB23C0136	full day
2	1 Pavithra R	всом	1st sem	D	U03MB23C0204	full day
2	2 Santhosh K	BCA	3rd sem		U03MB22S0153	full day
2	3 M.Shruthi	BSC	3rd sem	В	U03MB22S099	full day
2	4 Shirisha Y R	B com	1st sem	Α	U03MB23C0135	full day
2	5 Sanjay Kumar m	ВСОМ	1 St sem	С	U03MB23C0015	full day
2	6 Shilpa.V	<u>B.com</u>	3rd sem	Α	U03MB22C0131	full day
2	7 Manasa.p	B.COM	1st sem	Α	U03MB23C0327	full day
2		BBA	3rd sem	Α	U0MB22M0035	full day
2	9 Thanisha S	BCA	5th sem	-	U03MB21S0116	full day
3	Chaithra Mala CM	BCA	5th sem	-	U03AE21S0019	full day
3	1 pooja s	<u>B.com</u>	1st sem	С	U03MB23C0297	full day
3	kanish Kumar v	BSC	5th sem	В	U03MB21S0043	full day

these are the students who had participated In the various competitions

so kindly provide attendance

Capt. Sampath Kumar. R Associate NCC officer St. Francis De Sales College Hebbagodi, Electronic City Post Bangalore-560 100

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