



ST. FRANCIS DE SALES COLLEGE

A FRANSALIAN INSTITUTE OF HIGHER EDUCATION

NAAC ACCREDITED • PERMANENTLY AFFILIATED TO BANGALORE UNIVERSITY • AICTE APPROVED • RECOGNISED UNDER SECTION 2(F) & 12 (B) OF THE UGC ACT • ISO 9001:2015 CERTIFIED

Title	SKILL DEVELOPMENT COURSE ON LIFE SKILLS
Date of Event(s)	OCTOBER - DECEMBER 2023
Department/Association/Cell /Committee	BSc Program School of Science
Venue	Classrooms
Number of Participants	195
Target Audience	BSc students

Event Coordinator	Mrs. Maya Mathew
Facilitators	Mr. William Alfred, Ms. Shakthi.K, and Ms. Devi.P

THE OBJECTIVE OF THE PROGRAM:

To help the students to think, analyze and find the solution.

REPORT:

The topics in the SDC classes were:

- **Wellness:** In wellness the sub topics were Physical, Emotional, Social, Intellectual, Occupational, Spiritual, and Financial wellness. Introduction and detailed explanation on the topics were done with a quiz.
- **Safety:** Brainstorming on the previous topics will be done. Introduction and brief explanation on the First-aid kit. General awareness on the safety of working places, environment and public places are done.
- **Leadership:** A small introduction on leadership, with the basic qualities required for leadership.]
- **Professionalism:** A brief report on Professionalism is done, with the benefits of doing a work professionally. Also how important a skill is for a job were discussed in the class.

THE OUTCOME OF THE PROGRAM:

The students were trained in their classes with their day to day life with these skills along with their regular cours

Report Prepared by:
(Event Coordinator)
Mrs. Maya Mathew

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EDATHUMPARAMBIL KURIACHEN
Date: 2024.12.20 12:40:47

Principal



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BSC PROGRAM SCHOOL OF SCIENCE

SKILL DEVELOPMENT COURSE

On life skills

Topics of SDC

- Wellness
- Safety
- Leadership
- Professionalism

FACILITATORS

Mr. WILLIAM ALFRED (Physics lab assistant)
Ms. SHAKTHI. K (Electronics Lab assistant)
Ms. DEVI. P (Chemistry lab assistant)

Registration date: 03-10-2023

Duration: 15 hours

Students: BSc students

Free
Registration

Contact for registration.

Mr. William Alfred

mail id- williamalfred@sfscollege.in



NOMINAL ROLL - B.SC V SEM, SECTION : B

SL.NO.	NAME	UUCMS NO.	
1	NISHAND A S	U03MB21S0004	K
2	NITHIN V	U03MB21S0005	K
3	RAJESH D	U03MB21S0007	K
4	ROSHAN KUMAR S	U03MB21S0008	K
5	SIMHADRI S	U03MB21S0009	K
6	SUMAN KUMAR B S	U03MB21S0010	K
7	BHARATH Y	U03MB21S0011	K
8	SIDESH P	U03MB21S0012	TA
9	SUSHMITHA R	U03MB21S0013	TA
10	YESHWANTH S	U03MB21S0014	TA
11	GANESH M	U03MB21S0015	K
12	PURUSOTHAMAN M	U03MB21S0016	TA
13	SHRAVAN KARTHIK	U03MB21S0022	H
14	SATISH KUMAR K S	U03MB21S0023	K
15	DOSAR BALAJI A	U03MB21S0025	TA
16	HITHESH K	U03MB21S0026	K
17	JINGADE PRIYA	U03MB21S0027	H
18	LIKITH KUMAR S	U03MB21S0028	K
19	M KAVYA	U03MB21S0029	K
20	NAMRATHA S	U03MB21S0031	TA
21	PALLAVI T	U03MB21S0032	K
22	PAVITHRA R	U03MB21S0033	K
23	POOVIZHI D	U03MB21S0034	K
24	SADIQ ALI J	U03MB21S0035	TA
25	SHAKTHI SHALNI	U03MB21S0036	H
26	NIVEDITHA KARTHIKEYAN	U03MB21S0037	H
27	DEV ANAND S P	U03MB21S0038	TA
28	TARUN SINGH A	U03MB21S0039	TA
29	DEVANAPALLI REVANTH KUMAR REDDY	U03MB21S0040	TE
30	CHANDANA B	U03MB21S0041	K
31	KANISH KUMAR V	U03MB21S0043	TA
SL.NO.	NAME	UUCMS NO.	
32	BOMMADEVARA SAI TEJA SRI	U03MB21S0044	H
33	T R SRINIDI	U03MB21S0047	H
34	VARSHITHA G S	U03MB21S0048	K
35	DIVYA H M	U03MB21S0051	K
36	KAVYA N	U03MB21S0052	K
37	CHARAN M	U03MB21S0055	K
38	JOSEPHINE MARY J	U03MB21S0056	K

39	SANIYA SHARMA	U03MB21S0057	K
40	SURAJ N	U03MB21S0058	K
41	MAHESH S R	U03MB21S0073	K

ACADEMIC YEAR : 2023- 24			
NOMINAL ROLL - B.SC V SEM, SECTION : A			
SL.NO.	NAME	UUCMS NO.	
1	JOSWIN DSOUZA	U03MB21S0017	H
2	SAI CHANDRA KIRAN B M	U03MB21S0018	K
3	SWAPNA V	U03MB21S0019	K
4	YELLANKI DIVYA	U03MB21S0020	TE
5	S SUSHANTH	U03MB21S0021	H
6	KEERTHANA M	U03MB21S0067	K
7	SANKALPA R	U03MB21S0069	K
8	LAVANYA N	U03MB21S0070	K
9	B G BHARATH	U03MB21S0071	K

ACADEMIC YEAR : 2023- 24			
NOMINAL ROLL - B.SC V SEM, SECTION : C			
SL.NO.	NAME	UUCMS NO.	
1	ASHWINI M N	U03MB21S0059	K
2	BHARGAVI V	U03MB21S0060	K
3	RUCHITHA	U03MB21S0061	K
4	S ASHMITHA	U03MB21S0062	K
5	SUPRIYA S	U03MB21S0064	K
6	SURA LAKSHMI TEJA	U03MB21S0065	TE
7	PRAVEENKUMAR L	U03MB21S0068	TA

B Sc III SEM (NEP) - SEC B**ACADEMIC YEAR: 2023 - 24****DISC: MATHS, ELECS, PHY, CHEM & C. SC**

SL.NO.	NAME	UUCMS REGN. NO.	
1	DHARSHAN P	U03MB22S0001	TA
2	MORE SHRAVANI SANJAY	U03MB22S0002	H
3	YASWANTH P	U03MB22S0005	TA
4	THIRUMALAI VASAN .G	U03MB22S0006	TA
5	JERWIN ANDRO S	U03MB22S0018	K
6	VEERESH B	U03MB22S0029	K
7	MYTHRI A	U03MB22S0040	TA
8	NIVETHA I	U03MB22S0041	TA
9	JANSI M	U03MB22S0045	K
10	LINGESH C	U03MB22S0053	TA
11	S N SREE MANJUNATH	U03MB22S0057	H
12	CHANDANA T G	U03MB22S0071	K
13	NEHA P	U03MB22S0078	H
14	SUDHARSAN K	U03MB22S0083	TA
15	THARUN B	U03MB22S0093	S
16	RAJALAKSHMI H	U03MB22S0095	TA
17	M SHRUTHI	U03MB22S0099	K
18	JAYA CHANDRA K	U03MB22S0105	K
19	SARATH SRINIVASAN S	U03MB22S0110	TA
20	SUSHMITHA V	U03MB22S0113	K
21	HARSHITHA C	U03MB22S0114	K
22	RAGUL S	U03MB22S0115	TA
23	ARUN V	U03MB22S0118	TA
24	KOTESH M	U03MB22S0119	H
25	GOWTHAM V	U03MB22S0120	TA
26	SOWMIYA R	U03MB22S0122	TA
27	MOHAMMED RIZA T	U03MB22S0128	TA
28	JEEVITHA S	U03MB22S0130	TA
29	RAHUL D	U03MB22S0134	K
30	B GOWTHAM VEER	U03MB22S0138	TA
31	ASWIN.K.S	U03MB22S0139	H
32	PRIYA M PATIL	U03MB22S0146	K
33	NAZREEN JABEEN	U03MB22S0149	H
34	ANUPAMA N L	U03MB22S0155	K
35	SOUNDARYA M	U03MB22S0159	TA
36	SUNILVEER R	U03MB22S0162	TA
37	LAVANYA M	U03MB22S0164	TA
38	JACOB B	U03MB22S0165	K
39	MONISHA R	U03MB22S0167	K
40	NOURIEEN BEGUM	U03MB22S0169	K
41	CHETHAN V	U03MB22S0180	K
42	HARINATH	U03MB22S0181	K
43	JAYASHEELAN T	U03MB22S0182	TA
44	MEGHANA M	U03MB22S0186	K

45	M ANUPAMA	U03MB22S0187	H
46	RAJESH BUDATHOKI	U03MB22S0188	H
47	DHEENA V	U03MB22S0191	TA

SL.NO.	STUDENT NAME	UUCMS NO.	
1	JANA D	U03MB23S0007	TA
2	MANUJA M	U03MB23S0008	TA
3	MEGHANA L	U03MB23S0010	K
4	PALLAVI R	U03MB23S0011	K
5	AANCHAL AMITANANDA KATTIMANI	U03MB23S0012	
6	INIYAA THANGAVEL	U03MB23S0013	TA
7	ROHITH.R	U03MB23S0014	TA
8	AJIN A JOHNSON	U03MB23S0015	H
9	SUMIT RANJAN	U03MB23S0016	H
10	SHREEJA K	U03MB23S0017	K
11	BHARATH M S	U03MB23S0018	K
12	CHANNABASAVA S M	U03MB23S0019	K
13	RHENIUS BLESSWIN N	U03MB23S0020	TA
14	KAVYA SREE NAGESH	U03MB23S0021	TA
15	TARUNKUMAR K	U03MB23S0022	TA
16	CHAITHANYA M	U03MB23S0024	TA
17	JAYANTH L	U03MB23S0025	K
18	S SOUNDARYA	U03MB23S0026	K
19	MD KAFEEL K	U03MB23S0028	TA
20	NAIR MADHAVAN VINOD	U03MB23S0029	H
21	POOJA K V	U03MB23S0032	H
22	H R NOORAIN BEGUM	U03MB23S0033	H
23	FRANCIS A	U03MB23S0034	K
24	ABIYOUTH S	U03MB23S0035	K
25	ARADANA SHILU	U03MB23S0036	TA
26	NARENDRA P	U03MB23S0037	TA
27	SRICHARAN	U03MB23S0038	TA
28	INFANT STEEVAG S	U03MB23S0039	K
29	DEEKSHITHA.C	U03MB23S0046	K
30	PREETHI. V	U03MB23S0056	K
31	ALIYA TAJ R	U03MB23S0057	K
32	VIDYASHREE S	U03MB23S0058	K
33	NITYANANDA PRABHU M	U03MB23S0059	K
34	AJWADULLAH H	U03MB23S0060	TA
35	LARA INFENCIA	U03MB23S0061	H
36	POOJA SEENIVASAN	U03MB23S0065	TA
37	H R NAVANEETHA	U03MB23S0066	K
38	LEKHANA G M	U03MB23S0067	K
39	BIBIN PETER	U03MB23S0077	M
40	LAVANYA	U03MB23S0078	K
41	MELVIN R	U03MB23S0080	K
42	HANIYA AFSHEEN P	U03MB23S0082	H
43	DEVARAMANI DEVADASU	U03MB23S0084	K
44	AJIT MAHATO	U03MB23S0085	H
45	KALYAN N	U03MB23S0088	K
46	ADITHYA DEV R	U03MB23S0089	H
47	MADHIVANAN D	U03MB23S0090	K

48	YASHASWINI K	U03MB23S0091	K
49	MYTHRI.V	U03MB23S0094	K
50	SRINATH J	U03MB23S0095	TA
51	BHAVYA M	U03MB23S0096	K
52	NAVISHA N	U03MB23S0097	K
53	SATHISH.K	U03MB23S0098	TA
54	MONISHA G	U03MB23S0104	K
55	I PAUL KALLIS	U03MB23S0106	K
56	DIVYA SAMYNATHAN	U03MB23S0107	TA
57	GOLLA NAKKALA JAHNAVI	U03MB23S0108	TE
58	MUHAMMED ADIL P	U03MB23S0109	M
59	SWATHI.A	U03MB23S0110	K
60	HEMALAKSHMI.N	U03MB23S0111	K
61	SAI CHANDRAKANT GAIKWAD	U03MB23S0125	K
62	BHARATH KUMAR A	U03MB23S0126	K
63	SHARANYA J	U03MB23S0127	K
64	H HEBIN MATHEW	U03MB23S0128	K
65	ROBINSON A	U03MB23S0129	K
66	SACHIN D	U03MB23S0130	K
67	T AJAY	U03MB23S0131	K
68	GEDDADA SUSEEL KUMAR	U03MB23S0132	S
69	PREM KUMAR	U03MB23S0133	H
70	VIDYA M	U03MB23S0137	H
71	M KEERTHI	U03MB23S0138	K
72	TEJASWINI K	U03MB23S0139	K
73	SOURO RAM	U03MB23S0142	H
74	N KARTHIK	U03MB23S0143	K
75	BLESSY ANNA MERLIN	U03MB23S0144	H
76	MONIKA M	U03MB23S0145	H
77	SUSMITHA S	U03MB23S0146	H
78	SREYASHREDDY MUNIREDDY	U03MB23S0147	K
79	RANJAN B S	U03MB23S0148	K
80	YASHWANTH KUMAR	U03MB23S0149	H
81	SHANKAR K	U03MB23S0150	TA
82	THANUSH KUMAR D	U03MB23S0153	TA
83	MEENAKSHINATHAN ANANDKUMAR	U03MB23S0155	TA
84	ANSHU KUMARI	U03MB23S0156	H
85	SRI RAM M	U03MB23S0157	TA
86	SANIYA TAJ A	U03MB23S0159	H
87	PRAJWAL.L.R	U03MB23S0164	K
88	P. BHAVITHA	U03MB23S0166	H
89	DEEKSHITHA. P	U03MB23S0167	K
90	GRIZELDA. B	U03MB23S0168	K
91	CHANDHANA. R	U03MB23S0169	TA
92	N ANUSHREE	U03MB23S0170	K
93	DHANALAKSHMI D	U03MB23S0171	K
94	KOUSHIK CHANDRA SEKAR	U03MB23S0172	TA
95	SOWMYA. R	U03MB23S0173	TA