## BA

[Journalism, Optional English and Psychology]
[Sociology, Economics and Psychology]

**PSYCHOLOGY (3 YEARS)** 

Syllabus and Scheme 2024-2025 (Onwards)

BOARD OF STUDIES
[PSYCHOLOGY]

ST. FRANCIS DE SALES COLLEGE

[AUTONOMOUS]
Electronics City P.O. Bengaluru 560100
Karnataka, INDIA

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## MEMBERS OF THE BOARD OF STUDIES

SL NO	NAME	DESIGNATION
01	Dr. Papia Saraf	
	Assistant Professor, Department of Psychology,	Chairperson
	St. Francis de Sales College (Autonomous), Bangalore.	
	Dr. Sreenivas M.	
02	Chairperson,	University
	Department of Psychology,	Nominee
	Bangalore University.	
03	Dr. Tony Sam George	External
	Professor and Dean of Social Sciences,	Subject Expert
	Christ University, Bangalore	
04	Dr. Pooja Varma,	External
	Associate Professor and HOD,	Subject Expert
	Department of Psychology,	
	Jain University, Bangalore	
05	Dr. Jini K Gopinath	Industry Expert
	Clinical Psychologist,	
	YourDost Health Solutions.	
07	Prof. Felicia Saldahna,	Alumni
	Asst Professor, Department of Psychology,	
	Jyoti Niwas College, Bangalore.	
08	Prof. Dakshina U Kanthy	Member
	Asst Professor, Program In Charge, Department of Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	
09	Prof. Diliya Joseph	Member
	Asst Professor, Department of Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	
10	Prof. Lakshmi Balakrishnan	Member
	Asst Professor, Department of Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	
11	Prof. Benita Raj Prince,	Member
	Asst Professor, Department of Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	

## PREFACE TO THE BA/B.Sc (PSYCHOLOGY) 2024-2025 SYLLABUS

# BANGALORE UNIVERSITY DEPARTMENT OF PSYCHOLOGY



BA/ B.Sc.
PSYCHOLOGY SYLLABUS (SEP)
2024

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#### Proceedings of BOS meeting

Bangalore University Board of studies meeting was held on 03/07/2024, Wednesday, 11.00 AM at Department of Psychology, Jnanabharathi, Bangalore University, Bengaluru 560056.

#### The Board discussed and approved the following:

- Board approved undergraduate I & II B.Sc./ B.A Psychology syllabus and suggest implement the syllabus as it is structure suggested by the Karnataka Higher Education council(5EP Syllabus).
- Board approved undergraduate B.Sc./ B.A. panel of examiners and MA/MSc panel of Examiners.
- MA/M.Sc. Psychology/ Psychological counselling and P.G. Diploma in Psychological counselling panel of examiners have been approved.
- Board suggested to form expert committee to frame a new syllabus for PG Diploma in Psychological counselling and insist to submit the syllabus as early as possible
- Board approved Ph.D. panel of examiners of candidate Mrs. Akshatha Kulakarni.
- Board approved form a Comitte to revise/update M.Sc. Psychology and Psychological counselling syllabus.

Members Present:

Prof.Keshav Kumar J Professor, Dept. of Clinical Psychology NIMHANS, Hosur Road, Bengaluru 560029

Dr. Narakimharaju N. Associate. Prof. Dept. of Psychology Maharanis college , Mysuru-570006

Dr.Geetha.A Associate.Prof, Dept. of Psychology Maharani's cluster University Palace Road, Bengaluru-560001 Dr.Hosmani Marilingappa Associate.Prof.

Associate.Prof.
Dept. of Psychology
Maharani's cluster University
Palace Road, Bengaluru-560001

36.650.

Dr.Shailaja.M.
Asst.Prof. Dept. of Psychology
St. Pauls College,
Nelagaddanhalli,
Bengaluru 560073

Dr. Manjunatha I Asst. Professor, Dept. of Psychology KSOU Mysuru

Dr. Sreeniva M.
Professor & Chairman-BOS
Dept. of Psychology,
Bangalore University
Bengaluru 560056.

Dr. SREENIVAS. M PROFESSOR & CHAIRMAN DEPT. OF STUDIES / COUNCIL / EXAMS IN PSYCHOLOGY BANGALORE UNIVERSITY JNAMENTALIN, BANGALORE-56, INDIA. Dr. Rukmini. S Asst.Prof, Dept. of Psychology Govt.First Grade College Vijaynagar, Bengaluru-560004

> Dr.Sowmyashree K N Asst. Professor Dept. of Psychology, Bangalore University Bengaluru 560056.

Dr. Sampath Kumar Professor & Chairman Dept. of Psychology Mysore University Mysuru Based on the order received from the parent university (Bangalore University - given above), the Board of Studies (Psychology) of St. Francis de Sales College (Autonomous), has decided to adopt the grading scheme of the parent university for its BA/B.Sc Syllabus from 2024-2025 onwards.

## ST. FRANCIS DE SALES COLLEGE (AUTONOMOUS) ABOUT THE COLLEGE

St. Francis de Sales College (Autonomous), popularly known as SFS College, is one of the leading Institutions of Higher Education in Bengaluru, Karnataka. Founded in 2004 with the vision of Excellence, Efficiency, and Transformation, and the Mission of Love of God and Service to Humanity, the College is run by the Missionaries of St. Francis de Sales (MSFS) of the South West India Province, also known as Fransalians. The College is accredited with "A" grade by NAAC, approved by AICTE, recognized under 2(f) & 12(b) by UGC, and certified under ISO 9001:2015. Permanently affiliated to Bangalore University, the College offers several degree programs at the Bachelors, Masters, and Doctoral levels under various disciplines. In 2024, St. Francis de Sales College received the Autonomous status, and it remains as a center for quality education, equipping the students with the skills, knowledge, and values needed to excel and make a meaningful impact in the world.

#### VISION AND MISSION

#### **VISION**

Excellence, Efficiency and Transformation.

#### **MISSION**

Love of God and Service to Humanity.

#### DEPARTMENT OF PSYCHOLOGY

The department of Psychology was established in the year 2009 under the guidance of Fr Anthony Swamy. At the UG level Psychology is taught to both BA and B.Sc. students. At the PG level students are taught various subjects including specializations in Clinical, counseling and Industrial papers. All papers include a mandatory practical component.

These programs inspire students to explore careers and missions that integrate a deep understanding of life. The goal is for graduates to demonstrate strong self-awareness, a commitment to service, and ethical work behaviours in their chosen vocations.

The department achieves its vision of promoting high academic standards through a dynamic and ongoing curriculum review process, guided by feedback from professionals, employers, and students. Faculty members employ a variety of student-centered teaching methods, including seminars, experiential learning, laboratory training, conferences, workshops, field studies, and film-based discussions with industry experts.

## **ELIGIBILITY CRITERIA**

Candidates who have completed two years Pre – University course of Karnataka State or its equivalent as notified by the Government from time to time are eligible to seek admission for this programme. The students of other states and foreign countries are eligible in accordance with state and central government guidelines from time to time.

#### PROGRAMME STRUCTURE AND DURATION

The programme is for Three (03) years consisting of Six Semesters altogether. A candidate shall complete his/her degree within six (06) academic years from the date of his/her admission to the first semester. A Student who successfully completes Three (03) years of the programme will be awarded Bachelor's Degree in Psychology (B.A.) by Bangalore University.

#### **PROMOTION**

A candidate who has obtained a minimum of 40% marks in End Semester examination and an aggregate of 40% marks in each subject shall be eligible for a pass or exemption in that subject.

## PROGRAMME OUTCOME (PO)

This syllabus is in accordance to the Outcome Based Education frame work and the Programme Outcomes and Course outcomes have been received from the SEP syllabus.

PO1:	Domain Knowledge	Acquire domain specific knowledge in Journalism, Psychology and Optional English/Sociology, Economics and Psychology.
PO2:	Application	Apply the domain specific theoretical knowledge to understand, explain, predict, maintain, modify, and evaluate real world challenges.
PO3:	Assessment Skills	Use appropriate assessments and solutions to analyse, articulate and generate multiple interpretations to changing professional and societal needs.
PO4:	Research Skills	Carry out simple research project by reviewing literature, collecting data, analysing the findings using appropriate statistics
PO5:	Critical Skills	Demonstrate problem solving and critical thinking to address multifaceted problems and offer innovative solutions in academic, professional, and societal contexts.
PO6:	Interpersonal Skills	To exhibit strong communication skills allowing them to convey complex concepts in an accessible manner in multicultural spaces.
PO7:	Intrapersonal Skills	Integrate intrapersonal skills to enhance their professional effectiveness, personal development, and ability to navigate the complexities in academic and real-world contexts.
PO8:	Employability Skills	Students will develop skills required for employment and demonstrate the ability to solve problems, make decisions, plan, innovate, organize information, and network with professionals in the industry.
PO9:	Global Competencies	Exhibit leadership, initiative, persistence, and adaptability and use technology to gather, evaluate, and present information
PO10:	Multidisciplinary Settings	Transfer knowledge and skills learnt in one course to other courses, other contexts, across multiple settings and disciplines.
PO11:	Social Consciousness	Work with service-mindedness for the betterment and upliftment of society
PO12:	Ethics	Practice ethics in all academic and professional tasks.

## CONTINUOUS INTERNAL ASSESSMENT

## **UG Programmes:**

## **Theory:**

- 1. Continuous Internal Assessment (C1 & C2) 20 marks
- 2. End Semester Examination 80 marks

## **Practical:**

- 1. Continuous Internal Assessment (C1 & C2) 10 marks
- 2. End Semester Examination 40 marks

S.NO	ASSESSMENTS	COMPONENTS	MARKS & ATTENDANCE	IA MARKS
1	Unit Test I (25% of Syllabus)	C1	25	2.5
2	Skill-Based Activities:	C2	10	5
	Case Study / Seminar /			
	Assignment / Quiz			
3	Mid Semester Examination (50%	C2	80	5
	of Syllabus)			
4	Unit Test II (25% of Syllabus	C1	25	2.5
	covered after the MSE)			
5	Attendance	C1	Minimum of	5
	• 75.00%-79.99% - 1 Mark		75%	
	• 80.00%-84.99% - 2 Marks			
	• 85.00%-89.99% - 3 Marks			
	• 90.00%-94.99% - 4 Marks			
	• 95.00%-100.00% - 5 Marks			
		Total		20 marks
	SEC & PRA	ACTICAL SUBJEC	CTS	
1	Attendance	C1	Minimum of	5
	• 75.00%-79.99% - 1 Mark		75%	
	• 80.00%-84.99% - 2 Marks			
	• 85.00%-89.99% - 3 Marks			
	• 90.00%-94.99% - 4 Marks			
	• 95.00%-100.00% - 5 Marks			
2	Mid Semester Examination /	C2	40	5
	Model Practical Examination			
		Total		10 marks

## **EXTERNAL EVALUATION: PAPER PATTEREN**

## 1.THEORY COURSE

There shall be a written semester examination at the end of each semester for all theory courses of duration of 3 hours with maximum 80 marks. A question paper may contain short answer type and long essay type questions. The question paper pattern is as follows.

Assessment Type/	Number	Marks for each	Total Marks			
Criteria						
Basic questions	10 from a choice of 12	2	20			
Short notes	6 from a choice of 8	5	30			
Essays	3 from a choice of 5	10	30			
Total						
80						

Note: Pass marks = 32

## 2.PRACTICAL COURSE

Assessment Type/Criteria	Number of Tests	Marks for each	Total Marks		
Plan and Procedure	2	5	10		
Instruction and Administration	2	5	10		
Scoring, Interpretation and Discussion	2	5	10		
Statistics	1	5	5		
Viva Voce	-	5	5		
Total 40					

Note: Pass marks=16

## **GRADING SYSTEM**

## **Table of Conversion of % Marks to grade point:**

% Marks	Grade Point
96-100	10
91-95	9.5
86-90	9.0
81-85	8.5
76-80	8.0
71-75	7.5
66-70	7.0
61-65	6.5
56-60	6.0
51-55	5.5
46-50	5.0
41-45	4.5
40	4

## **Final Result/Grade Description:**

Semester/ Programme % of Marks	Semester GPA/ Programme/ CGPA	Grade Alpha Sign	Result/Class Description
90.I-100	9.01-10.00	О	Outstanding
80.1-90	8.01-9.01	A+	First Class Exemplary
70.1-80.0	7.01-8.00	A	First Class Distinction
60.1-70.0	6.01-7.00	B+	First Class
55.1-60.0	5.51-6.00	В	High Second Class
50.1-55.0	5.01-5.50	С	Second Class
40.0-50.0	4.00-5.00	P	Pass Class
Below 40	Below 4.0	F	Re-Appear

## SEMESTER I DEPARTMENT OF PSYCHOLOGY

## **COURSE MATRIX AS PER SEP 2024**

			Total	Duration		Mark	S	Credits
	Subjects	Paper/Subject Code	Teaching Hours	of Exam (hrs.)	IA	Uni. Exam	Total	
Dag	Basic Psychological Processes I	24UBA15B	60	3	20	80	100	4
DSC	Basic Psychological Processes I Practical	24UBA17BP	60	3	10	40	50	2
			Total (	Credits			150	5

## **SEMESTER II**

			Total	Duration		Marks	S	Credits
	Subjects	Paper/Subject Code	Teaching Hours	of Exam (hrs.)	IA	Uni. Exam	Total	
Dag	Basic Psychological Processes II	24UBA25B	60	3	20	80	100	4
DSC	Basic Psychological Processes II Practical	24UBA27BP	60	3	10	40	50	2
			Total (	Credits			150	5

## **SEMESTER I**

## 24UBA15B: BASIC PSYCHOLOGICAL PROCESSES I

<b>Course Code</b>	24UBA15B	Course Title	BASIC PSYCHOLOGICAL PROCESSES I			
<b>Course Type</b>	DSC	<b>Contact Hours</b>	Total: 60 Hours			
Credit	4	Domain	HUMANITIES			
Syllabus						
I	INTRODUCT	TION TO PSYCHOLO	OGY 12 HOURS			
	• Definition as	nd Goals of Psycholog	gy. Scope of Psychology: Fields and Branches.			
	Perspectives of	f Psychology: Psychody	ynamic, Behavioral, Humanistic, Gestalt, Cognitive,			
	and Sociocultu	ural perspectives. · Me	ethods of Studying Psychology: Observation, Case			
	study, Correlat	ion, and Experimental	Method. Growth of Psychology in India.			
II	LEARNING		12 HOURS			
	Meaning and D	Definition of Learning.				
	· Classical Conditioning: Pavlov's experiment, Stimulus Generalization and					
	Discrimination, Extinction and Spontaneous recovery.					
	· Onerant Con	nditioning: Skinner's a	pproach to Operant Conditioning, Reinforcement:			
	Schedules and Types of Reinforcement – primary, secondary, positive, and negative					
	reinforcement); Punishment: Meaning and Types · Cognitive learning: Insight Learning,					
	Observational,	Latent Learning, Trans	sfer of Learning. Applying Psychology in daily life:			
	Recognizing different learning styles. How to effectively learn?					
III	MEMORY		12 hours			
	Meaning an	d Definition of Memo	ory; Process of Memory – encoding, storage, and			
	retrieval.	a Dominion of Manie	ry, frocess of Memory encounty, storage, and			
	Types of Memory: Sensory Memory, Short Term Memory, Long Term Memory.					
	Forgetting: Meaning and Causes					
	• Techniques/ I	Methods for improving	Memory.			

**Part A:** Motivation · Meaning and Definition of Motivation. · Theories of Motivation: Instinct Theory, Arousal Theory, Drive Theory – motivational cycle, Cognitive Theory, Humanistic Theory · Types of Motivation: Primary motivation – Hunger, Thirst, Sexual drive; Secondary Motivation – Achievement, Affiliation, Power.

**Part B:** Emotion · Meaning and Definition of Emotion. · The Three Elements of Emotion: the physiology of emotion, the behaviour of emotion, the subjective experience of emotion. · Theories of Emotion: James-Lange Theory, Cannon-Bard Theory; Schachter-Singer Theory; Lazarus Cognitive Theory, Applying Psychology to everyday life: Emotional regulation and concept of happiness.

#### **REFERENCE BOOKS:**

- 1. Feldman, R. S. (2015). *Understanding psychology*. McGraw-Hill.
- 2. Ciccarelli, S. K., & Meyer, G. E. (2006). Psychology. Pearson Education India.
- 3. Robert A. Baron and Girishwar Misra. Psychology. 5th Edition. Indian Subcontinent Edition. Copyright 2016 Pearson India Education Services Pvt. Ltd.
- 4. John W. Santrock. Psychology Essentials 2. II Edition (Updated) 2006, McGraw-Hill Publications.
- 5. Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J. (2001). *Introduction to psychology* (7th ed.). Tata McGraw-Hill..
- 6. Mishra, G. (Ed.). (2011). Handbook of psychology in India (2nd ed.). Oxford University Press.

Note: Latest editions of books may be used

#### **COURSE OBJECTIVES:**

The Basic Psychological Processes I course lays the foundation of psychology in the students. The purpose of the course is to enable students to

- 1. Understand basic concepts, principles and theories of psychology.
- 2. Understand the need and usefulness of psychology for the betterment of society.

#### **COURSE OUTCOME**

CO CODE	COURSE DESCRIPTION
CO1	Explain the basic concepts, theories and principles of psychology
CO2	Apply the knowledge gained to describe, explain and predict behaviour in themselves and others
CO3	Work with peers and classmates to collaborate on presentations and discussions
CO4	Apply the concepts and theories to regulate their emotions, motivate themselves, improve their memory and learning skills
CO5	Use technology to gather and present information about psychological concepts and processes

## TEACHING-LEARNING PEDOGOGY

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

## SKILL DEVELOPMENT

1. Enhance awareness of various psychological processes to understand self and others.

## 24UBA17BP: BASIC PSYCHOLOGICAL PROCESSES I PRACTICAL

Course Code:	24UBA17BP	Course Title	BASIC PSYCHOLOGICAL PROCESSES I PRACTICAL
Course Type	DSC	<b>Contact Hours</b>	Total: 60 Hours
Credit	2	Domain	HUMANITIES
Syllabus	<u> </u>		
Part A: Assessments	Learning		
Note: A total of FIVE	1. Habit Interference	e	
assessments/ tests need to be	2. Maze Learning		
taught from the list with at least ONE from each of the four	3. Bilateral Transfer		
sections being chosen.	Memory		
Ç	4. Cueing on Recall		
	5. Retroactive Inhib	oition	
	6. Proactive Inhibit	tion	
	7. Chunking on Red	call	
	8. Directed Observ	ation	
	Motivation		
	9. Academic Achie	evement Motivation	on
	10. Intrinsic Motiva	ntion Scale	
	11. Dimensions of l	Friendship Scale	
	Emotion		
	12. Emotional Intel	ligence	
	13. Emotional Regu		
	14. Oxford Happine		
	15. Emotional Matu		

	16. Fear Checklist
Part B: Statistics	Measures of Central Tendency: Mean, Median and Mode for Ungrouped and Grouped data with only Frequency (no class intervals)      Graphical representation- Line and Bar graph.
Part C: Project	Group Project or Individual Project: Any two assessments to be used to undertake the research project. (Introduction, Review of Literature, Methodology and Data collection to be part of semester 1; Data analysis using Descriptive Statistics, Discussion, References to be part of semester 2)

#### **REFERENCE BOOKS:**

- 1. Manuals of the tests/ assessments.
- 2. Garrett, H. E. (2005). Statistics in Psychology and Education. 6th ed. New Delhi. Paragon.
- 3. King, B., Rosopa, P., & Minium. (2011). Statistical Reasoning in the Behavioral Sciences. 7th ed. New Jersey. Wiley.

Note: Latest editions of books may be used

## **COURSE PRE-REQUISITES:**

## **COURSE OBJECTIVES:**

The practicals paper accompanying the Basic Psychological Processes I course builds assessment and research skills in the students. The purpose of the course is to:

- 1. Train students to use tests/ assessments to measure various psychological traits related to learning, memory, motivation, and emotion.
- 2. Enable students to use graphing methods and descriptive statistics to present data.
- 3. Build research and team-work skills among students.

COURSE OUTCOME		
CO CODE	COURSE DESCRIPTION	
CO1	Use standardized psychological tools to measure various psychological traits and abilities such as learning, memory, motivation, and emotion.	
CO2	Make interpretations and draw conclusions based on the norms given in the manual.	
CO3	Write a report which reflects the details of the experiment/ test, the aim, applications, procedure of administration and subject results.	
CO4	Organize and present data using graphical representations and measures of central tendency.	
CO5	Work on a simple research project by carrying out literature review, designing the method of study, and collecting data.	

#### **TEACHING-LEARNING PEDAGOGY:**

- 1. Demonstrations, skill-building activities, and practice
- 2. Problem-based learning, project-based learning, experiential learning activities.

#### SKILL DEVELOPMENT

- Conduction, analysis and reporting Psychological Assessment.
- Conduction, analysis and reporting Psychological Experiments.
- Selection and application of statistical tools for analysis and interpretation of data.
- Research skills related to designing a research project, doing review of literature, methodology and data collection.
- Soft skill: Working and collaborating with team members.

## SHORT TERM SKILL DEVELOPMENT COURSE

21ST Century Employability Skills: Swayam Plus Online self paced course

## **SEMESTER-II**

## 24UBA25B: BASIC PSYCHOLOGICAL PROCESSES II

Course Code	24UBA25B	Course Title	BASIC PSYCHOLOGICAL PROCESSES II
Course Type	DSC	<b>Contact Hours</b>	Total:60 Hours
Credit	4	Domain	HUMANITIES
Syllabus			
I	PERSONALITY		12 HOURS
	<ul> <li>Meaning and Definitions of Personality; Factors Influencing the Development of Personality</li> <li>Theories of Personality: Psychoanalytic Theory – Freud &amp; Neo Freudians Jung; Adler, Horney, Erikson</li> <li>Socio-Cognitive Theory – (Bandura; Humanistic Theory – Carl Rogers;</li> <li>Trait Theories – Eysenck, Cattell, Big Five theory; Triguna Perspective of Personality.</li> <li>Assessment of Personality: Self Report – Questionnaires/Inventories, Projective</li> </ul>		
		vioural Assessments.	
II	Intelligence and C	ognitive Processes	
	Part A: Intelligence		
	· Meaning and Definition of Intelligence.		
	· Theories of Intelligence: Spearman's G Factor theory, Gardner's Theory of Multiple		
	Intelligences, Sternberg's Triarchic Intelligence Theory, Thurston's Primary Mental		
	Abilities, Cattell's Theory of Fluid and Crystallized Intelligence (Brief overview).		
	· Assessment of Intelligence: Classification of Intelligence Tests with Examples.		
	Part B: Cognitive	Process	
	· Meaning and Defi	nition of Cognition.	
	· Concept Formation: Processes.		
	· Reasoning and De	cision Making (in bri	ef)
	· Problem solving:	Steps in Problem Sol	ving, Obstacles in Problem Solving:

	· Thinking: Types – Convergent and Divergent thinking; Creativity – Process.
III	BIOLOGY AND BEHAVIOR 12 HOURS
	<ul> <li>Neuron: Structure and Functions of the Neuron. Neural impulse generation and transmission</li> </ul>
	<ul> <li>Central Nervous System: Structure and Functions of the Brain (two hemispheres and four lobes) and the Spinal Cord.</li> </ul>
	<ul> <li>The Peripheral Nervous System: Structure and Functions (Somatic and Autonomic)</li> </ul>
	• Endocrine glands.
	<ul> <li>Methods of Studying the Brain: Lesion Technique, Ablation, PET, CT, MRI and fMRI.</li> </ul>
IV	SENSATION, ATTENTION AND PERCEPTION 12 HOURS
	• Sensation: Meaning and Definition; Process of Sensation and Sensory Threshold.
	<ul> <li>Attention: Meaning and Definition, Types of Attention, Factors influencing Attention.</li> </ul>
	<ul> <li>Perception: Meaning and Definition; Gestalt Principles; Depth Perception</li> <li>(Monocular and Binocular cues), Factors that influence Perception</li> </ul>
	<ul> <li>Perceptual Constancies (Size, Shape and Brightness); Errors in Perceptions (Illusions and Hallucination); Extra Sensory Perception.</li> </ul>

#### **REFERENCE BOOKS:**

- 1. Feldman, R. S. (2015). Understanding psychology. McGraw-Hill.
- 2. Ciccarelli, S. K., & Meyer, G. E. (2006). Psychology. Pearson Education India.
- 3. Robert A. Baron and Girishwar Misra. Psychology. 5th Edition. Indian Subcontinent Edition. Copyright 2016 Pearson India Education Services Pvt. Ltd.
- 4. John W. Santrock. Psychology Essentials 2. II Edition (Updated) 2006, McGraw-Hill Publications.
- 5. Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J. (2001). *Introduction to psychology* (7th ed.). Tata McGraw-Hill..
- 6. Mishra, G. (Ed.). (2011). Handbook of psychology in India (2nd ed.). Oxford University Press.

Note: Latest editions of books may be used

#### **COURSE OBJECTIVES:**

The Basic Psychological Processes II continues to build the foundation of psychology in the students. The purpose of the course is to enable students to:

- 1. Understand basic concepts, principles and theories of psychology.
- 2. Understand the need and usefulness of psychology for the betterment of society.

COURSE OUTCOME		
COURSE	COURSE DESCRIPTION	
NUMBER		
CO1	Explain the basic concepts, theories and principles of psychology.	
CO2	Use the knowledge gained to describe, explain and predict behaviour in themselves and others.	
CO3	Apply the concepts and theories to understand their own personality, intelligence, perceptions, thinking, decision making, and reasoning	
CO4	Demonstrate the skills of concept formation, creativity, and problem solving	
CO5	Integrate the knowledge from the different topics into a coherent framework	

## **TEACHING-LEARNING PEDAGOGY:**

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

## SKILL DEVELOPMENT

- 1. Understand self and others better.
- 2. Selection of different types of Personality and Cognitive assessment tools as per requirement.

## SKILL DEVELOPMENT COURSE

1. Swayam Course: Online communication in the digital Age

## 24UBA27BP: BASIC PSYCHOLOGICAL PROCESSES II PRACTICALS

<b>Course Code:</b>	24UBA27BP	<b>Course Title</b>	BASIC PSYCHOLOGICAL PROCESSES II	
			PRACTICALS	
<b>Course Type</b>	DSC	<b>Contact Hours</b>	Total: 60 Hours	
Credit	2	Domain	HUMANITIES	
Syllabus				
Part A:	Personality			
Assessments	1. Eysenck's Person	nality Inventory		
Note: A total of	2. 16 PF test of Personality			
FIVE assessments/	3. Type A/B Person	ality Test		
tests needs to be	4. NEO Five Person	4. NEO Five Personality Inventory		
taught from the list	Intelligence			
with at least ONE	5. Standard Progressive Matrices			
from each of the	6. Seguin Form Board Test (SFBT)			
four sections being	7. General Mental Ability Test (GMAT)			
chosen.	<b>Cognitive Process</b>			
	8. Concept Formation	on Processes		
	9. Problem Solving			
	10. Test of Creativity			
	Sensation and Atto	ention		
	11. Mapping of Ret	inal Colour Zones	S	
	12. Set on Attention			
	13. Span of Attention			
	Perception			
	14. Muller Lyer Illu	ision		
	15. Size and Weigh	t Illusion		
Part B: Statistics		ariability: Range (no class interval	e and Standard Deviation for Grouped and s).	

Part C: Project	Group Project or Individual Project: Any two assessments to be used to undertake	
	the research project. (Introduction, Review of Literature, Methodology and Data	
	collection to be part of semester 1; Data analysis using Descriptive Statistics,	
	Discussion, References to be part of semester 2)	

#### **REFERENCE BOOKS:**

- 1. Manuals of the tests/ assessments.
- 2. Garrett, H. E. (2005). Statistics in Psychology and Education. 6th ed. New Delhi. Paragon.
- 3. King, B., Rosopa, P., & Minium. (2011). Statistical Reasoning in the Behavioral Sciences. 7th ed. New Jersey. Wiley.

Note: Latest editions of books may be used

#### **COURSE OBJECTIVES:**

The practicals paper accompanying the Basic Psychological Processes II course builds assessment and research skills in the students. The purpose of the course is to:

- 1. Train students to use tests/ assessments to measure various psychological traits related to personality, intelligence, cognitive processes, sensation, attention, and perception.
- 2. Enable students to use descriptive statistics to present data.
- 3. Build research and team-work skills among students.

COURSE OUTCOME		
COURSE CODE	COURSE DESCRIPTION	
CO1	Use standardized psychological tools to measure various psychological traits and abilities such as learning, memory, motivation, and emotion, interpret and report the results of same.	
CO2	Make interpretations and draw conclusions based on the norms given in the manual.	
CO3	Write a report which reflects the details of the experiment/ test, the aim, applications, procedure of administration and subject results.	
CO4	Organize and present data using measures of variability.	
CO5	Continue to work on the research project started in semester I with analyzing the data using (only) descriptive statistics, discussion, and referencing.	

## **TEACHING-LEARNING PEDAGOGY:**

- 1. Demonstrations, skill-building activities, and practice
- 2. Problem-based learning, project-based learning, experiential learning activities

## SKILL DEVELOPMENT

- 1. Conduction, interpretation of psychological assessment.
- 2. Research design, conduction, data analysis and report writing.
- 3. Peer learning and team work.

## SKILL DEVELOPMENT COURSE

- 1. Art of resume draft.
- 2. Define Verbal & Non Verbal Communication
- 3. Define Mass Media
- 4. Elucidate Agenda Setting Theory