MSC
[2 YEARS]
Syllabus and Scheme
2024-2025 (Onwards)

BOARD OF STUDIES
[PSYCHOLOGY]

# ST. FRANCIS DE SALES COLLEGE

[AUTONOMOUS]

Electronics City P.O. Bengaluru 560100 Karnataka, INDIA

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# MEMBERS OF THE BOARD OF STUDIES

SL	NAME	DESIGNATION
NO		
01	Dr. Papia Saraf	
	Assistant Professor, Department of Psychology,	Chairperson
	St. Francis de Sales College (Autonomous), Bangalore.	
	Dr. Sreenivas M.	
02	Chairperson,	University Nominee
	Department of Psychology,	
	Bangalore University.	
03	Dr. Tony Sam George	External Subject
	Professor and Dean of Social Sciences,	Expert
	Christ University, Bangalore	
04	Dr. Pooja Varma,	External Subject
	Associate Professor and HOD,	Expert
	Department of Psychology,	
	Jain University, Bangalore	
05	Dr. Jini K Gopinath	Industry Expert
	Clinical Psychologist,	
	YourDost Health Solutions.	
07	Prof. Felicia Saldahna,	Alumni
	Asst Professor, Department of Psychology,	
	Jyoti Nivas College, Bangalore.	
08	Prof. Dakshina U Kanthy	Member
	Asst Professor, Program In Charge, Department of	
	Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	
09	Prof. Diliya Joseph	Member
	Asst Professor, Department of Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	
10	Prof. Lakshmi Balakrishnan	Member
	Asst Professor, Department of Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	
11	Prof. Benita Raj Prince,	Member
	Asst Professor, Department of Psychology,	
	St. Francis de Sales College (Autonomous), Bangalore.	

# ST. FRANCIS DE SALES COLLEGE (AUTONOMOUS)

#### ABOUT THE COLLEGE

St. Francis de Sales College (Autonomous), popularly known as SFS College, is one of the leading Institutions of Higher Education in Bengaluru, Karnataka. Founded in 2004 with the vision of Excellence, Efficiency, and Transformation, and the Mission of Love of God and Service to Humanity, the College is run by the Missionaries of St. Francis de Sales (MSFS) of the South West India Province, also known as Fransalians. The College is accredited with "A" grade by NAAC, approved by AICTE, recognized under 2(f) & 12(b) by UGC, and certified under ISO 9001:2015. Permanently affiliated to Bangalore University, the College offers several degree programs at the Bachelors, Masters, and Doctoral levels under various disciplines. In 2024, St. Francis de Sales College received the Autonomous status, and it remains as a center for quality education, equipping the students with the skills, knowledge, and values needed to excel and make a meaningful impact in the world.

#### VISION AND MISSION

#### **VISION**

Excellence, Efficiency and Transformation.

#### **MISSION**

Love of God and Service to Humanity.

# Master of Psychology: Preamble

Masters in Psychology is the need of the hour. The psychological assistance and guidance has been identified in all sectors and has increased the demand for skilled professionals in the field. The present curriculum has been framed based on the requirement of skilled professionals in the field of Psychology. The syllabus includes a detailed theoretical and practical training in a wide range of specializations (Clinical Psychology, Child Psychology and Industrial & Organizational Psychology). The specializations would enhance knowledge to be eligible for employment in the field of education, clinical/hospital, rehabilitation set up, organizations in the capacity of psychologists, counsellor, psychometricians, trainers, facilitators in corporate development process and also pursue research independently. Students would be equipped to prepare and fare well in competitive examinations conducted by UGC/NTA/ ICSSR/State and Central civil service boards etc.

The course has been redesigned with emphasis not only on the syllabi but also on the co-curricular activities such as seminars, presentations, assignments, that would be out of the syllabi and constitute a part of the internal assessment.

#### Project work in the second semester:

Since the students would study psychometry in the first semester, the second semester project work would be based on group field work. Each group would work on designing/developing a psychological tool. The evaluation of the same would constitute presentation by the group, the project report and viva voce examination.

#### **Internship and dissertation in the fourth semester:**

Internship and dissertation would be individual work based on topics in the area of interest. The evaluation of internship and dissertation would be based on report and individual viva voce examination.

#### **ELIGIBILITY CRITERIA**

Candidates who have completed 3 Year Course under graduation course with Psychology as a subject, from a college recognized by Bangalore University or its equivalent as notified by the Government from time to time, are eligible to seek admission for this programme. The students of other states and foreign countries are eligible in accordance with state — and central government guidelines from time to time.

#### PROGRAMME STRUCTURE AND DURATION

The programme is for Two (02) years consisting of Four Semesters altogether. A candidate shall complete his/her degree within four (04) academic years from the date of his/her admission to the first semester. A Student who successfully completes Two (02) years of the programme will be awarded a Master's Degree in Psychology (M.Sc) by Bangalore University.

#### **PROMOTION**

A candidate who has obtained a minimum of 40% marks in End Semester examination and an aggregate of 40% marks in each subject shall be eligible for a pass or exemption in that subject.

# PROGRAMME OUTCOME (PO)

MSc Psychology program provides a course of study grounded in science and teaches scientific thinking. Enriching students with major concepts, theoretical perspectives, empirical findings, historical trends in psychology, research methods, assessment, evaluation, critical thinking, applications, values, career enhancement and professional clinical practice.

#### **Program Outcome:**

PO1	Intellectual Rigour and Research			
PO2	Digital Capability			
PO3	Professional and Effective Communication skills			
PO4	Creative and Critical Thinker			
PO5	Inter disciplinary and Social Interaction			
PO6	PO6 Holistic lifelong formation with ethical practices and environmental concerns			
PO7	Optimistic Catalyst of Transformation and Effective citizenship			
PO8	PO8 Equip students with theoretical aspects of Psychology. The			
	program builds knowledge about theories and its application in the real world with real cases.			
PO9	Enrich students with research work. Research methodologies, its application and contribution to society is learnt through the program.			
PO10	Build Analytical Skills, Moral Responsibility, Social Policing and Ethical values.			
PO11	Inculcates higher order thinking, creativity, decision making and problem-solving abilities.			
PO12	Focus on value-based education. Humanitarian approach, mental health awareness is focused through building civic sense among students for healthier society.			

#### INTERNAL AND EXTERNAL ASSESSMENT

# **PG Programmes:**

# Theory & Practical:

- 1. Continuous Internal Assessment (C1 & C2) 30 marks
- 2. End Semester Examination 70 marks

#### **Practical:**

- 1. Continuous Internal Assessment (C1 & C2) 15 marks
- 2. End Semester Practical Examination 35 marks

# **Project / Dissertation:**

As per the University Guidelines

S.NO	ASSESSMENTS		COMPONENTS	MARKS &	IA
				ATTENDANCE	MARKS
1	Unit Test I (25% of Syllabus)		C1	25	2.5
2	Skill-Based	Case Study	C1	10	5
3	Activities:	Seminar	C1	10	5
4	Mid Semester Examination		C2	70	10
	(50% of Syllabi	us)			
5	Unit test II (25%	% of Syllabus	C1	25	2.5
	covered after th	e MSE)			
6	Attendance		C2	Minimum of	5
	• 75.00%-79.9	9% - 1 Mark		75%	
	• 80.00%-84.9	9% - 2 Marks			
	• 85.00%-89.99% - 3 Marks				
	• 90.00%-94.99% - 4 Marks				
	• 95.00%-100.00% - 5 Marks				
				Total	30 marks
1	Attendance		C1	Minimum of	5
	• 75.00%-79.9	9% - 1 Mark		75%	
	• 80.00%-84.9	9% - 2 Marks			
	• 85.00%-89.9	9% - 3 Marks			
	• 90.00%-94.9	9% - 4 Marks			
	• 95.00%-100.	00% - 5 Marks			
2	Model Practical	Examination	C2	35	10
				Total	15 marks

# **GRADING SYSTEM**

# **Table of Conversion of % Marks to grade point:**

% Marks	Grade Point
96-100	10
91-95	9.5
86-90	9.0
81-85	8.5
76-80	8.0
71-75	7.5
66-70	7.0
61-65	6.5
56-60	6.0
51-55	5.5
46-50	5.0
41-45	4.5
40	4

# **Final Result/Grade Description:**

Semester/ Programme % of Marks	Semester GPA/ Programme/ CGPA	Grade Alpha Sign	Result/Class Description
90.1-100	9.01-10.00	О	Outstanding
80.1-90.0	8.01-9.00	A+	First Class
80.1-90.0	8.01-9.00		Exemplary
70.1-80.0	7.01-8.00	A	First Class
70.1 00.0	7.01 0.00	71	Distinction
60.1-70.0	6.01-7.00	B+	First Class
55.1-60.0	5.51-6.00	В	High Second Class
50.1-55.0	5.01-5.50	С	Second Class
40.0-50.0	4.00-5.00	P	Pass Class
Below 40	Below 4.0	F	Re-Appear

# COURSE MATRIX FOR SEMESTER I AND SEMESTER II:

Subject	Paper Code	Paper	Duratio n of Exams		Marks		Credit s	Total Teach ing hours
				IA	Exa m	Total		
		I Semester Po	G Program					
Core Subjects	24MSC11A	Theoretical Perspectives of Psychology						
	24MSC12A	Indigenous Psychology						
	24MSC13A	Biopsychology						
	24MSC14A	Quantitative research Methods and Psychometry						
	24MSC15AP	Experimental Psychology- Psychophysics, Cognition, Memory and learning (Practical 1	7*3	7*30	7*70	7*10 0	6*4	6*60
	24MSC16AP	Computer Applications in Psychology (Practical 2)						
Softcore	24MSC17A	Statistics in Psychology					1*2	1*30
			Se	mester [	Total of	Credits	26	
	T	II Semester P	G Program	1		1	Ī	ı
	24MSC21A	Personality Psychology						
	24MSC22A	Counselling and Guidance						
	24MSC23A	Cognitive Psychology						
Core Subjects	24MSC24A	Qualitative Research Methods						
	24MSC25AP	Psychological Assessment and Life Skills Training	7*3	4*30	4*70	4*10 0	4*4	4*60
	24MSC26AP	Project: Psychometric Tool Development						
Softcore	24MSC27A	Theories of Learning					1*2	1*30
			Se	mester '	Total of	Credits	26	

# M.Sc. Psychology Detailed Syllabus

# I SEMESTER

# 24MSC11A: THEORETICAL PERSPECTIVES OF PSYCHOLOGY

Cou	irse Code	24MSC11A	Course Title	THEORETICAL PERSPECTIVES OF PSYCHOLOGY				
Course Type Credit		DSC	Contact Hours	60				
		4	Domain	HUMANITIES				
			SYLLABUS	,				
I	PSYCHOA	NALYTICAL PE	RSPECTIVE	10 HOURS				
	Histor	y, Sigmund Freud's a	nnroach					
			Neo-Freudian approach to r	notivation				
				nouvation,				
		ality, therapy and app						
		rends and application  RISTIC PERSPE		10 HOURS				
II	• Learning- Classical Conditioning (Pavlov) and Operant Conditioning (Skinner).							
	<ul> <li>Motivation – Drive and incentive theories (Hull), (Miller and Dollard, Rotter).</li> </ul>							
	<ul> <li>Personality – Mowrer.</li> </ul>							
	<ul> <li>Recent trends and application of the perspective</li> </ul>							
			AL PERSPECTIVES:	10 HOURS				
III		ation: Hierarchy of reland).	notives (Maslow), ERG 7	Theory (Alderfer), Theory of needs				
	Person	nality: Personal constr	ruct (Kelly), Self-theory of	personality (Rogers);				
	Existential approaches.							
	• Recent	t trends and application	on of the perspective					
	COGNITIVE AND SOCIAL PERSPECTIVES: 10 HOURS							
IV	COGNITIV		• <i>Motivation</i> : Cognitive balance and dissonance theory (Hieder, Festinger).					
IV			ce and dissonance theory (	Hieder, Festinger).				
IV	Motiva	ntion: Cognitive balan	ce and dissonance theory (rehm), Social learning theo					

#### **CULTURAL PERSPECTIVE:**

- Introduction to the study of culture and psychology- Defining culture, Culture and Diversity, how does culture influence human behaviours and Mental processes. Culture and Basic psychological processes- culture and perception, culture and cognition, culture and consciousness
- Culture and Self- culture and concepts of self, Independent and interdependent selves, interrelated and isolated self-concepts.
- Recent trends and application of the perspective

#### **REFERENCE BOOKS:**

 $\mathbf{V}$ 

David Matsumoto and Linda Juang (2004) Culture and Psychology, Thomson Wadsworth Davis R.S (1996). Psychology of Learning and Motivation, academic press.

Ekman, Paul and Davidson, R.J (Eds-1994). The nature of emotions, fundamental questions. Delhi, Oxford University press Series in affective science.

Hall. C.S. Lindzey G and Campbell J.B (1998) theories of personality New York John Wiley and sons (4th edition).

Hergenhahn B.R. and Olson M. H. (1998) Theories of personality, Prentice Hall

Hilgard, E. R Bower G.H, Sahakian, H (1997) Psychology of learning. Prentice hall of India, revised edition

Lawrence. A, Pervin and Oliver P John (1997) Personality: theory and research New York, John Wiley, 7th edition

Sahakian (1976) Introduction to psychology of learning. Chicoga: Rand Mcnally college publishing company.

Weiner B (1985) Human Motivation, New York: Springer and Verlag.

#### **COURSE OBJECTIVES:**

Students would get a historical perspective about the development of psychology as an independent body of knowledge. The emphasis is on understanding human behaviour from each school's perspective in respect of human motivation, development and functioning of human personality and the application of principles of each school to the development of mankind as well as its therapeutic value.

# COURSE CODE COURSE CODE COURSE OUTCOME CO1 Compare and contrast human behaviour based on Freudian and neo-Freudian perspectives. CO2 Appraise the behaviouristic perspectives on human behavior. CO3 Examine human personality through humanistic and existential perspectives. CO4 Compare and contrast cognitive and social perspectives for better understanding of human behaviour CO5 Determine the impact of culture on understanding human behavior.

#### TEACHING-LEARNING PEDAGOGY

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC12A: INDIGENOUS PSYCHOLOGY

<b>Course Code</b>		24MSC12A	Course Title	INDIGENOUS PSYCHOLOGY		
Course Type		DSC	Course Hours	60 Hours		
Credit 4 Domain H		HUMANITIES				
SYLLABUS						
I	INDIG	ENOUS PSYCI	HOLOGICAL PERSPECTIVE	10 HOURS		
-	• Em	nergence of Indig	genous, Indian, Transpersonal psycho	logy.		
	• Phi	ilosophical basis	and fundamental assumptions of Ind	ian Psychology.		
	• Cu	rrent research in	Indian Psychology.			
II	INDIA	N PSYCHOLO	GICAL PERSPECTIVES	12 HOURS		
	• Per	Personality and Motivation in Upanishads:				
	• Layers of existence- Taittiriya upanishad, Dvaita and Advaita schools-Motivation, and Role of Manas, Ahamkara, Buddhi and Citta.					
	• Viewpoints of Upanishads- Self and consciousness, States of consciousness (Mandukya Upanishad).					
	Bhagavad Gita (Characteristics of trigunas; Characteristics of stitha prajna)					
	• Introduction to Jain Perspective:					
	Historical background, premises, traditions: Digambaras and Shwethambaras.					
	• Tri	-ratna or princip	les of life- faith, knowledge, conduct	, Five vows		
	• Sel	If and Conscious	ness: Jiva and Ajiva, Role of Karma			
III	BUDD	HIST PSYCHO	LOGICAL PERSPECTIVE 1	10 HOURS		
•••	<ul> <li>Historical background, traditions, beliefs and schools of Buddhism: Theravada, Mahayana and Vajrayana.</li> <li>Five Groupings (Skandhas), Four noble truths and the eightfold path.</li> </ul>					
	• Tri	pitakas: Vinayap	oitaka, Sutta Pitaka and Abhidhamma	Pitaka.		
	• Tri	-Lakkhana- Suff	ering, Impermanence and non-self.			
	• Niı	rvana and mindfu	ulness according to Buddhism.			

# THEORY & APPLICATION OF YOGA 10 HOURS IV• Meaning and aims of Yoga, Patanjali's yoga sutra, Astanga yoga - stages of yoga, nadis and chakras, Concept of Prana and Pranayama. • Yoga therapy and Kundalini yoga. • Yoga and stress. Yoga for treating different systemic disorder. • Yoga for personality development and wellbeing. ALTERNATIVE HEALING TECHNIQUES 10 HOURS V • Introduction to alternative healing techniques • Meditation: Different types of meditations (Vipasana, Zen, Transcendental Meditation and mindfulness meditation). • Reiki: History of Reiki. Similarities and differences between Reiki and Pranic healing. Distance healing, Reiki symbols. Application of Reiki in different conditions. • Acupressure: Critical points, relief points. Application of acupressure. Siddha, Naturopathy and Ayurveda

#### **REFERENCE BOOKS**

Baginski B J and Sharaman S (1997). Reiki, Universal life energy. New Delhi. B Jain Publishers

Basics of Buddhism (2019) by Eternal Ganges Press Pvt Ltd

Choa K S (1990). The ancient Science and out of pranic healing. Philippines. Health accessory for all.

Concepts and Theories (Vol. 1). New Delhi: Pearson.

Cornelissen, R. M.M., Misra, G., Varma, S. (2001). *Foundation of Indian Psychology*: Daishaku Ikeda (2020) *Buddhism day by day – wisdom for modern life*, Eternal Ganges Pvt.Ltd

uss, C (1990). The Banyan Tree. Vol.III *Action Research in Holistic Heali*ng. Pune: Medical Mission sisters

Indian Psychology. New Delhi: Samvad Indian Foundation.

Iyengar, BKS (2001) *Light on Pranayama*. New Delhi. Harper Collins Pub. India. Iyengar, BKS, (2002).

*Yoga the path to holistic.* London, Dorling Kindersley Book.

Kuppuswamy B (2001). Elements of Ancient Indian Psychology. New Delhi. Konark Pub. (Reprint).

Misra, G. and Mohanty, A. K. (2001). *Indigenous Perspectives in Psychology*: Essay in Pandit Usharbudh Arya (1981). Mantra and meditation. Himalayan International Institute of

Yoga Science and Philosophy, USA.

Raghunath Safaya, (1976). Indian Psychology, MunshiramManoharlal Publishers Pvt. Ltd.

#### **COURSE OBJECTIVE**

- Understanding the Indigenous perspective.
- Learning concepts of Hinduism perspective and Jain Perspectives.
- •Learning Buddhistic perspective in personality development.
- Learning the importance of Yoga, practicing and benefits of Yoga.
- Different types of alternative healing techniques, application.

COURSE OUTCOME: AFTER THE COURSE THE STUDENT WILL BE ABLE TO				
CO CODE	COURSE DESCRIPTION			
CO1	Explain the indigenous perspective with suitable examples.			
CO2	Compare and contrast the Hinduistic perspective and Jian Perspectives.			
CO3	Examine the Buddhistic perspective in personality development.			
CO4	Critically assess the importance of Yoga, practicing and benefits of Yoga.			
CO5	Propose the use of alternative healing techniques for different ailments.			

#### TEACHING-LEARNING PEDAGOGY

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC13A: BIOPSYCHOLOGY

Course Code	24MSC13A	<b>Course Title</b>	Biopsychology	
Course Type	DCE	<b>Contact Hours</b>	60 Hours	
Credit	4	Domain	HUMANITIES	
		SYLLABUS		
I	BRAIN BEHAVIO	UR AND NERVOUS SYSTE	M 12 HOURS	
1	• Biopsychology-	Nature and Scope		
	• Methods of Simulation	Studying Brain- Ablatic Methods, Neurochemical Me	,	
	Nervous System- Nervous System	Structure, Functions, <i>Divisions</i> .	s-Central and Peripheral	
	• Neurons- Structure, Types and Functions of neurons.			
	• Neuronal Conduction- Communication between neurons, Synaptic Conduction.			
	• Neurotransmitters- Varieties of neurotransmitters, Neurotransmitter systems and behaviour.			
II	NEUROPSYCHO	LOGY	10 HOURS	
	• Cerebral Asymmetry.			
	• Endocrine System - Functions and Effects.			
	• Neurological Disorders- Tumours, Seizures, Parkinson's Disease, Huntington's Disease Alzheimer's Disease, Multiple Sclerosis.			
	• Neurological Asse	ssment and Testing.		
IV	<b>EVOLUTION OF</b>	BRAIN AND BEHAVIOUR	10 HOURS	
14	• Evolution of Human Species			
	• Evolution of Human Brain- Brain size and behaviour, Why the hominid brain enlarged?			
	• Current Research and Controversial Issues in Evolutionary Biopsychology			
	• Ethical issues in Research with Animals.			
V	PSYCHO PHARM	ACOLOGY	10 HOURS	
•	• Basic Principles of Psycho Pharmacology- Routes of Administration, Drug Effectiveness, Effects of repeated Administration, Placebo Effects.			
	, and the second	Sedatives, mood Stabilizers, St	ntipsychotics, Antidepressants, timulants, Sedatives/ Hypnotics,	

- Adverse Effects of Psychoactive Drugs- Drug and Drug Interactions, Orthostatic Hypotension, Sexual Dysfunction and hyperprolactinemia, Liver/Kidney Dysfunction.
- Ethical issues in Psychopharmacology.

#### REFERENCE BOOK

Kolb, B., Whishaw, I. Q., & Teskey, G. C. (2023). An introduction to the brain and behavior (7th ed.). Macmillan Learning

Buss, D. (2019). Evolutionary psychology: The new science of the mind. Routledge.

Kalat, J. W. (2021). Biological psychology (13th ed.). Cengage Learning.

Khosla, M. (2019). Physiological psychology: An introduction (1st ed.). SAGE Publications India Pvt. Limited.

Carlson, N. R. (2008). Foundations of physiological psychology (7th ed.). Pearson.

#### **COURSE OBJECTIVES:**

The paper would orient students about dynamics of brain behaviour complexity. The paper will focus on the relationship between physiology and psychology. Students will gain knowledge about various aspects of biopsychology.

COURSE OUT	COURSE OUTCOME : AFTER THE COURSE THE STUDENT WILL BE ABLE TO				
CO CODE	COURSE DESCRIPTION				
CO1	Explain the functioning of the brain and Nervous system.				
CO2	Apply knowledge of neuropsychology to explain psychological disorders.				
CO3	Examine the role of behavioural genetics and the impact of genetic engineering.				
CO4	Determine the impact of evolutionary processes on present day human behaviour				
CO5	Classification of Psychoactive Drugs and estimation of their effect. Evaluate ethical concerns in the field of psychopharmacology.				

#### TEACHING-LEARNING PEDAGOGY

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC14A: QUANTITATIVE RESEARCH METHODS AND PSYCHOMETRY

Course Code	24MSC14A	Course Title	QUANTITATIVE RESEARCH METHODS AND PSYCHOMETRY	
Course	DSC	Contact	60 Hours	
Type		Hours		
Credit	4	Domain	HUMANITIES	
		SYLLABUS		
I	INTRODUCTION TO RES 10 HOURS	SEARCH METHODO	LOGY	
	• Research: Meaning, object	ives, characteristics and	significance	
	• Research in Social Science	s: types and approaches		
	• Validity and reliability in s	ocial science research.		
	• Stages of research process			
	• Research Problem:			
	• Types, selection, characteristics and importance.			
	• Techniques of defining research problem			
II	PROBABILITY, VARIAB	PROBABILITY, VARIABLES AND HYPOTHESIS 10 HOURS		
	Probability and Normal delay.	istribution		
	<ul> <li>Meaning and types of variables, important approaches to manipulation of variables and techniques of controlling extraneous variables.</li> </ul>			
	• Research Hypothesis: De Type I and Type II errors.	• •	, functions and hypothesis testing,	
III	RESEARCH DESIGNS		12 HOURS	
	<ul><li>Meaning, purpose, pr</li><li>Non experimental Re</li></ul>	•	a research design.	
	Experimental Research	ch Designs		
	Principles and steps of	of Experimental designs		
	Between groups designation  Latin square and Factorial of		s design, Matched group designs,	
	• Within group design			

- *True experimental designs:* After- Only with Control Design, Before-and-After with control design, Solomon Four group design
- *Quasi experimental designs:* Time series, Equivalent time sample, Non-equivalent control group, Separate sample pre-post-test, Patched-up design, Longitudinal design, Cross sectional design and Cohort design
- Ex Post Facto Design: Correlational Design and Criterion-group design
- *Pre experimental designs*: One shot case study, one group pre-post-test, static-group comparison

Other designs: Exploratory designs, descriptive designs, Evaluation designs and Action research.

### IV DATA COLLECTION AND ANALYSIS AND REPORTING IN APA 10 HOURS

- Sampling:
- Meaning, need and fundamentals of sampling
- Probability and Non-Probability sampling
- Data collection: Importance, selection criteria and precautions
- Primary Data collection methods: Observation, interviews, questionnaires and schedules and Psychological tests
- Secondary data collection methods: Case study and documentary data
- Data Analysis: parametric and non-parametric.
- APA style of Research Writing:
- Reports: Significance, need, steps, mechanics of report writing and layout
- Citation and referencing style
- Plagiarism

#### V PSYCHOMETRY DEVELOPMENT IN PSYCHOLOGY 10 HOURS

- Types of Psychological tests and their application
- Levels of measurements
- Process of Psychometric development:
- Item writing and item analysis
- Guidelines for item writing and types of response formats
- Item difficulty and Item discrimination
- Item Validity and reliability
- Item response theory and Classical test theory

- Reliability and validity testing of tests
- Standardization and Norms

#### REFERENCE BOOKS

Creswell, J. W., & Creswell, J. D. (2021). Research design: Qualitative, quantitative, and mixed methods approaches (5th ed.). SAGE Publications.

Gravetter, F. J., & Wallnau, L. B. (2022). Statistics for the behavioral sciences (10th ed.). Cengage Learning.

McLeod, S. (2019). Research methods in psychology: A handbook (2nd ed.). SAGE Publications.

#### **COURSE OBJECTIVES:**

The paper aims to educate the students about research in Social Sciences so as to enable them to carry out quantitative research effectively and efficiently and report the findings in an accepted APA format.

CO	COURSE DESCRIPTION
CODE	
CO1	Build a research proposal applying the basic concepts of research.
CO2	Differentiate the types of variables, and formulate different types of hypotheses.
CO3	Choose the appropriate research design based on the research problem.
CO4	Differentiate the different sampling and data collection techniques based on research problems. Apply APA style of writing to research reports.
CO5	Examine the application of psychometry principles in test creation.

#### TEACHING-LEARNING PEDAGOGY

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

24MSC15AP: EXPERIMENTAL PSYCHOLOGY: PSYCHOPHYSICS, COGNITION, **MEMORY AND LEARNING (Practical 1)** 

Course Code	DSC DSC		Course Title	PSYCHOPHYSICS, COGNITION, MEMORY AND LEARNING (Practical 1)
Course Type			Contact Hours	60 Hours
Credit	4		Domain	HUMANITIES
SYLLABUS				
Topic		Number of Experiments	Title	
Psychophysics		3	Signal Detection  Method of A  Absolute Lime	verage Error Method of
Higher Cognitive functions		3	Syllogistic Reasoning Tower o London(added) Problem Solving	
Learning		2	Levels of Processing Peterson's rationa Learning	
Memory		2	Verbal Workin Suggestion	g Memory Observation and

Fechner, G. T., Howes, D. H., & Boring, E. G. (1966). Elements of psychophysics (Vol. 1).

New York: Holt, Rinehart and Winston.

Garrett, H. E. (1930). Great experiments in psychology.

Rajamanickam, M. (2004). Experimental Psychology with Advanced Experiments (in 2 Vols.). Concept Publishing Company.

#### **COURSE OBJECTIVES:**

The objective of this paper is to introduce the students to the theoretical background of Psychophysics, their application in everyday life and testing them in laboratory conditions. This would include measurement, tabulation of results and analysis of the reports using suitable statistical tools. The second part of the paper deals with classical concepts of Cognition, learning and Memory and aims to enable the students to carry out experiments and assess memory and cognition in their subjects.

COURSE OUTCOME : AFTER THE COURSE THE STUDENT WILL BE ABLE TO			
CO CODE	COURSE DESCRIPTION		
CO1	Discover and understand experiments and administer psychological tests to a subject.		
CO2	Infer interpretations and draw conclusions based on the norms given in the manual.		
CO3	Understand the importance of and apply standardized administration procedure		
CO4	Write a report which reflects the details of the experiment/ test, the aim, applications, procedure of administration and subject results.		
CO5	Enhance critical thinking and analysis skills through the use of testing and report writing.		

# **TEACHING-LEARNING PEDAGOGY:**

- 1. Demonstrations, skill-building activities, and practice
- 2. Problem-based learning, project-based learning, experiential learning activities.

# 24 MSC16PA: COMPUTER APPLICATIONS IN PSYCHOLOGY (Practical 2)

Course Code	24MSC16A P	Course Title	COMPUTER APPLICATIONS IN PSYCHOLOGY (Practical 2)
<b>Course Type</b>	DSC	<b>Contact Hours</b>	60 Hours
Credit	4	Domain	HUMANITIES
SYLLAB	US		
Ι		MS Office	
		Word Processing: G	eneral features
		formatting, Insert fu spacing and justifica word to PDF, export	and document, Font and Paragraph anction, charts, tables, formatting, line ation, page layout functions, converting and importing data to and from MS werPoint and APA writing using MS General Features
		merging files, Em	Point Slides, Transition and Designs, bedding images, charts, videos and format in presentation
		Spreadsheet: General multiple sheets	ral features: Entering Data, creating
II		Data analysis using	g SPSS
		• Data Entry: Vari	able view and computing data and MS EXCEL
		· ·	orting and selecting cases, computing tables to MS Word and generating
		•Descriptive statisti	ics and normality testing
		• Parametric Tests:	
		• t Test: One sample t Test	ple, Paired sample and Independent
		• ANOVA: One way Measures	y and Two-way ANOVA and Repeated

•MANOVA
● Correlation
●Non-Parametric Tests:
<ul><li>Mann Whitney U Test</li></ul>
●Median Test
●Wilcoxon Test
•Kruskal Wallis Test
●Friedman Test
• Predictive Analysis: Linear Regression analysis
Data Reduction: Factor Analysis

# **COURSE OBJECTIVES:**

The paper would orient students to apply MS Office and use it in APA style of writing and to analyse data and interpret it using SPSS.

COURSE OUTCOM	COURSE OUTCOME: AFTER THE COURSE THE STUDENT WILL BE ABLE TO				
CO CODE	COURSE DESCRIPTION				
CO1	Demonstrate knowledge of MS Office application				
CO2	Create presentation using advance powerpoint applications				
CO3	Tabulate and statistical analyze data using spreadsheets				
CO4	Analyze and interpret data using SPSS				
CO5	Carry out normality testing and select appropriate parametric and non parametric tests.				

#### **TEACHING-LEARNING PEDAGOGY:**

- 1. Demonstrations, skill-building activities, and practice
- 2. Problem-based learning, project-based learning, experiential learning activities.

# 24MSC17A: SOFTCORE: STATISTICS IN PSYCHOLOGY

Course Code	24M	SC17A	Course Title	STATISTICS IN PSYCHOLOG Y	
Course Type	Softo	core	Contact Hours	60 Hours	
Credit	4		Domain	HUMANITIES	
SYLLABUS					
I					
			RODUCTION TO ST		
		PSYCHOLO		10 HOURS	
		•Importance of Statistics in Psychology			
			• Introduction to basic concepts:		
			Measures of central tendency     Measures of variation (variance)		
			Measurement of Strawness and lumtosis		
		Measurement of Skewness and kurtosis			
			•Degrees of freedom, effect size, power of tests, confidence intervals, test static, critical value and critical region		
			• <i>Probability of distribution</i> : Area under probability curve using reference point, percentage rank and percentile rank and tests for best fit.		
		●Binomi	al and Normal distribution	on	
	• ]		Estimation of sampling		
II	PARAMETRI		C TESTS	10 HOURS	
		•z test ar means	nd t test: single sample,	dependent and independent	
			ANOVA one way		

III	NON-PARAMETRIC TESTS 10 HOURS
	●Chi-square
	●Paired Sample t test
	●Mann – Whitney U test and Kruskal Wallis test
IV	CORRELATION AND REGRESSION 10 HOURS
	•Karl Pearson's and Spearman's Rank Correlation
	Biserial and Point Biserial correlation
	•Regression Analysis- theoretical understanding of the regression model.

#### REFERENCE BOOKS

Aron, A., & Aron, E. N. (1999). Statistics for psychology. Prentice-Hall, Inc.

Das, N. (2008). *Statistical Methods Vol 1 &2*. Tata McGraw Hill Education Private Limited. Kothari, C. R. (2004). *Research methodology: Methods and techniques*. New Age

International.

Panneerselvam, R. (2004). Research Methodology, PHI Learning Pvt. Ltd.,

Singh, A. K. (1986). Tests, measurements and research methods in behavioural sciences. Tata McGraw-Hill.

#### **COURSE OBJECTIVES:**

As a science, study and research in Psychology involves analysis of data using statistical methods at various levels. This paper aims to enable the students to learn various data analysis methods in Psychology, apply it on data sets and learn to meaningfully interpret it.

COURSE OU	TCOME : AFTER THE COURSE THE STUDENT WILL BE ABLE
ТО	
COURSE	COURSE DESCRIPTION
CODE	
CO1	Explain the basic assumptions related to normal distribution and sampling estimation
CO2	Conduct and interpret parametric tests for hypothesis testing.
CO3	Conduct and interpret non parametric tests for hypothesis testing.
CO4	Apply and interpret common inferential statistical tests and correlational methods.
CO5	Propose appropriate statistical test for different research objectives

#### **Skill based Certification Course**

One of the following certification courses maybe considered:

- 1. Professional and Communicative English: Swayam Plus, 45 hours free course, not certification
- **2. Psychology of persuasion: Become an expert on persuading people:** Udemy free online course (No certificate)
  - **3. Professional School Counseling**: Paid self paced online course by our MoU partner Drishti (with contact hours, assessment and certification)
- **4.** Movement and Dance Therapy: Paid course with external faculty

# II SEMESTER

# 24MSC21A: PERSONALITY PSYCHOLOGY

Course Code	24MSC21A	Course Title	PERSONALITY P	SYCHOLOGY		
Course	DSC	<b>Contact Hours</b>	4 Hours per Week	Total:60		
Type			Hours			
Credit	4	Domain	HUMANITIES			
Syllabus						
I	NATURI 12 HOUI	*	D MEASUREMENT (	OF PERSONALITY		
	• ]	Definition and Appro	eaches to study person	ality, the trait		
	approach	to personality,				
	<ul> <li>Methods</li> </ul>	of personality assess	sment,			
	•	• Structural models of personality,				
	• The Five-Factor Model of personality traits.					
II	PERSONALITY IN THE SOCIAL AND CULTURAL CONTEXT 10					
	HOURS					
	• The storied construction of personality,					
	<ul> <li>Personality and social support processes, social pain and hurt</li> </ul>					
	feelings					
	• ]	Personality in cross-cultural perspective, Culture and personality				
III	PERSON 10 HOUI		UCATIONAL AND W	ORK CONTEXT		
	<ul> <li>Personality development of students</li> </ul>					
	• ]	<ul> <li>Factors influencing personality development</li> </ul>				
	• 1	<ul> <li>Personality and personnel selection</li> </ul>				
	• ]	Personality correlates	s of job performance			
IV	PERSONALIT	ΓΥ AND CRIMINAL	PSYCHOLOGY	10 HOURS		
			*1			
	•	Crime and Personalit	y			
		•	y tion in the criminal jus	stice system		

# V PERSONALITY AND POLITICAL PSYCHOLOGY 10 HOURS Role of Personality in Politics Leadership personality and decision making Personality Profiles of Citizens and Political Leaders Political Beliefs and Values

#### **REFERENCE BOOKS:**

- 1. Cambridge Handbook of Personality.
- 2. *Personality Psychology. Domains of knowledge about Human Nature*, Randy.J.Larsen, David M Buss.2<sup>nd</sup> edition
- 3. Theories of Personality, Hall and Lindsey.

#### **COURSE OBJECTIVES:**

The primary objective of the study of psychology is to understand individual differences. Personality is one of the variables that accounts for individual differences in the manner in which people understand and react to the various life experiences. Understanding of personality is essential across the stages of development in shaping the personality for its optimal functioning.

COUR	COURSE OUTCOME: AFTER THE COURSE THE STUDENT WILL BE ABLE TO		
CO	COURSE DESCRIPTION		
CODE			
CO1	Assess and explain personality using the trait approach to personality		
CO2	Determine the impact of social and cultural factors on the development of personality.		
CO3	Suggest ways to develop personality in the educational context and design competency mapping methods to enhance job performance.		
CO4	Explain the personality correlates of criminal behaviour and design criminal reformation interventions.		
CO5	Correlate personality factors to political behaviour		

# TEACHING-LEARNING PEDAGOGY

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC22A: COUNSELLING AND GUIDANCE

Course Code	24MSC22 A	Course Title	COUNSELLING AND GUIDANCE
Course	DSC	Contact	4 Hours per Week
Type		Hours	<b>Total</b> :60 Hours
Credit	4	Domain	HUMANITIES
Syllabus			
I	<ul><li>HOURS</li><li>Meaning, o</li><li>Backgroun</li><li>Counsellin</li><li>Common f</li></ul>	definition and scope of and and overview- History graychology in Indicactors and specific telew of techniques and	<u>*</u>
II	<ul> <li>Counsellor</li> <li>Characteristic</li> <li>Ethical issi</li> <li>Consultation</li> <li>Counselling</li> <li>Confrontation</li> <li>Other ski</li> <li>Summarizing</li> <li>Supplementary</li> <li>Docume</li> </ul>	r and counselee: Meanstics of a counsellor-ps, ues, legal issues, relation, professional developes Skills: icro skills in Counsell Responding, Noting and Inflakills used in Counsell lls, integrative skills, termination skills. by skills.	ing: Rapport, empathy, genogram, s, influencing skills, paraphrasing, Group counselling skills, act, termination letter, verbatim,

III	APPROACHES TO COUNSELLING 10 HOURS				
	<ul> <li>Psychoanalytic and psychodynamic (Freud, Adler and Erikson)</li> </ul>				
	<ul> <li>Behaviorist approach (Watson, Pavlov, Skinner,)</li> </ul>				
	• Humanistic Approach (Maslow, Rogers)				
<b>TX</b> 7					
IV	<ul> <li>COUNSELLING PROCESS (content rearranged)</li> <li>Introduction, stages of counselling, counselling relationship.</li> </ul>				
	• <i>Pre-counselling issues</i> - Interview assessment, problem identification,				
	defining and analyzing a problem, goal setting, working.				
	• Variables affecting counselling process, contracting, informed consent,				
	formulation, conceptualization, referrals, issues of confidentiality.				
	• Counselling Interview: Introduction to Counselling Interview,				
	Interviewing Techniques in Counselling. Verbatim recording, analysis and				
	interpretation, Handling resistance, termination and evaluation outcome.				
V	TYPES AND TRENDS IN COUNSELLING 10 HOURS				
	• Group Counselling- Definitions of groups; characteristics of groups; goals				
	of groups; and purpose of groups. Types of groups; differences between group				
	guidance, group counselling and group psychotherapy. Ethical and professional				
	issues in group counselling. Techniques of Group Counselling.				
	• Child and Adolescent Counselling: Process and techniques of child and				
	adolescent counselling.				
	• Other types of counselling:				
	o Marriage and Family counselling.				
	o Geriatric counselling, Rehabilitation, grief counselling				
	• Trends in Counselling: Counselling at workplace, Career counselling. Recent				
	trends in counselling.				

#### **REFERENCE BOOKS:**

- 1. Barki B.G. & Mukhyopadhay.B., (2008). *Guidance and counselling. A* Manual. Butler, G. & Hope, T. (1997). *Managing your mind: The mental fitness guide*. Oxford University Press.
- 2. Corey, G., Corey, M. S., &Callan, P. (2003). *Issues and ethics in the helping profession*. Pacific Grove, CA: Brooks/ Cole.
- 3. Doyle. Robert, E. (1992). *Essential Skills and strategies in the helping process*. California: Brooks/Cole.
- 4. Golden C.J., (1984). Current Topics in Rehabilitation Psychology.
- 5. Ivey, A., Pedersen, P. B., & Ivey, M. B. (2001). *Intentional group counselling: AMicro skills approach*. Belmont, CA: Wadsworth/ Thomson Learning.

- 6. Jones, R. N. (2002). Basic Counseling Skills. London: Sage Publishers.
- 7. Nayak A.K., (2007) Guidance and counselling. APH Publishing New Delhi.
- 8. Rao, S. N. (1991). Counseling and Guidance (2 ed.). New Delhi: Tata Mc Graw Hill.

#### **COURSE OBJECTIVES:**

This theory paper aims at providing an overview of introducing the theoretical basis of counselling skills, interviewing techniques, counsellors' personal and professional issues and growth and ethical and legal issues from a multicultural perspective. Students would be equipped with the perspectives and practices in counselling, issues involved in counselling, skills for counselling, techniques in counselling process and interview. The paper highlights the principles, theories.

COUI	COURSE OUTCOME : AFTER THE COURSE THE STUDENT WILL BE ABLE TO				
CO CODE	COURSE DESCRIPTION				
CO1	Explain the basic concepts of counselling and guidance and discuss the evolution of the field.				
CO2	Demonstrate professional counselling skills				
CO3	Apply psychological theories to the counseling process.				
CO4	Differentiate the processes in each stage of counseling and explain their significance.				
CO5	Compare and contrast the counseling process in different work settings and with different clients.				

#### TEACHING-LEARNING PEDAGOGY

- 1. Interactive lectures, flipped classroom, inquiry-based learning, group presentations
- 2. Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC23A: COGNITIVE PSYCHOLOGY

Course Code	24MSC23A	Course Title	COGNITIVE	PSYCHOLOGY
Course Type	DSC	Contact Hours	4 Hours per Week	<b>Total</b> :60 Hours
Credit	4	Domain	HUMANITIES	S
Syllabus	I			
Ī	<ul> <li>FUNDAMENTALS IN COGNITIVE PSYCHOLOGY</li> <li>10 HOURS</li> <li>Definition, Emergence of cognitive psychology</li> <li>Research methods and approaches in cognitive psychology</li> <li>Current areas of research in cognitive psychology</li> <li>Representation and processing of knowledge – Mental representation and mental procedure</li> <li>Characteristics of human information processing</li> <li>Models of word recognition.</li> </ul>			
II	<ul> <li>12 HOURS</li> <li>Sensation</li> <li>Pattern Recognimages. Cognimages. Cognimages. Cognimages. Concepts and Attention attention and attention.</li> </ul>	and classification: Of categories.  and information processing information processing the same and its function	sory receptors and bramagery: Characteristic biject recognition. Recessing: Nature and tyng. Neuropsychologic	ain. The constants. cs of mental cognizing faces. pes. Theories of al studies of

III	LEARNING, MEMORY AND LANGUAGE (title of learning added here since content already there)  10 HOURS
	<ul> <li>Cognitive Learning: Definition, Types. Theories.</li> <li>Memory: Types of Memory. Theories of memory. Memory distortions. Forgetting and theories of forgetting. Mnemonics and Memory skills. Schemas</li> </ul>
	<ul> <li>Language: Structure of Language. Stages in Language development.</li> <li>Language Comprehension and Production, Psycholinguistics. Bilingualism and Multilingualism. Learning Disability.</li> <li>SUGGESTED ADDITIONS:</li> </ul>
	Title of learning added here since content already here
IV	<ul> <li>INTELLIGENCE, THINKING AND CREATIVITY (Topics related to intelligence Moved to unit 4 &amp; creativity added as a new topic).</li> <li>10 HOURS</li> <li>Intelligence: Definition and Theories of Intelligence.</li> <li>Thinking: Nature and Process of Thinking. Types of thinking. Concept formation. Thought and language.</li> <li>Creativity: nature and aspects of Creativity, stages of creativity, correlates of creativity characteristics of a creative thinker and enhancing creativity.</li> </ul>
V	REASONING, PROBLEM SOLVING AND DECISION MAKING ( unit on cognitive neuroscience deleted and unit 4 split into 2) 10 HOURS
	<ul> <li>Reasoning: types of reasoning. Patterns of reasoning performance. Three approaches to study reasoning.</li> <li>Problem Solving □ types of problems, heuristics, steps in problem solving, barriers to problem solving- mental set and functional fixedness.</li> <li>Decision Making: Basic concepts of probability. Utility models of decision making. Improving decision making.</li> </ul>

#### **REFERENCE BOOKS:**

Catling, J., Ling, J., & Upton, D. (2012). Cognitive psychology. Prentice Hall.

Galotti, K. M. (2020). Cognitive Psychology In and Out of the Laboratory. Canada: SAGE.

Farmer, Thomas A., and Matlin, Margaret W.. Cognition. United Kingdom, Wiley, 2019.

Reed, S. K. (2012). Cognition: Theories and Applications. United States: Cengage Learning.

Robinson-Riegler, B., Robinson-Riegler, G. (2012). Cognitive Psychology: Applying the Science of the Mind. United Kingdom: Pearson Allyn & Bacon.

Sternberg, R. J., Sternberg, K. (2017). Cognitive Psychology. United States: Cengage Learning.

#### **COURSE OBJECTIVES:**

- 1. Discuss and understand the basic cognitive processes that guide human behavior.
- 2. Focuses on the individuals' thoughts as the determinate of emotions, behavior and personality.
- 3. Orient the students to understand underlying foundations of cognitive psychology and mechanisms underlying higher cognitive processes.

COURS	COURSE OUTCOME : AFTER THE COURSE THE STUDENT WILL BE ABLE TO				
CO	COURSE DESCRIPTION				
CODE					
CO1	Explain the fundamentals of the cognitive processes and determine the current/ future trends in the field.				
CO2	Differentiate the different cognitive processes involved in Sensation, perception, attention and consciousness.				
CO3	Apply the learning, language and memory principles to daily life scenarios.				
CO4	Examine the cognitive process involved in intelligence, thinking and creativity.				
CO5	Classify the types of reasoning, problem solving and decision making and cognitive strategies involved.				

#### TEACHING-LEARNING PEDAGOGY

Interactive lectures, flipped classroom, inquiry-based learning, group presentations Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC24A: QUALITATIVE RESEARCH METHODS

Course Code	24MSC24A	Course Title	QUALITATI METHODS	VE RESEARCH
Course Type	DSC	Contact Hours	4 Hours per Week	Total:60 Hours
Credit	4	Domain	HUMANITIE	S
Syllabus				
I	NATURE OF QUA	LITATIVE RESE	ARCH	12 HOURS
II	quantitative research • Key philos • Critique of methodology t • research in • Process of Ethical Consideratio	sophical and methodor f qualitative research for a Psychology Qualitative research		tative research ative research
11	RESEARCH	DIHEOREIICAL	POSITIONS IN QUA	10 HOURS
		digm of Qualitative r	research methods	10 110 CM3
	o Versteh	en, Constructivism,	Critical theory, charact	eristics and critiques
	of critical theo	ory.		
	• Theoretical	al Positions underlyii	ng Qualitative Researc	h
	o Symboli	c Interactionism and	Ethnomethodology	
	o Cultural	Framing of social ar	nd Subjective reality: S	tructuralist Models
	Positivism and Cons	structionism		

III	STRATEGIES OF INQUIRY 10 HOURS	
	Qualitative research Design	
	o Research question, design, methods and process	
	o Sampling and Instrumentation	
	o Reliability and Validity in Qualitative research	
	Strategies of inquiry	
	o Ethnography, Auto ethnography, case studies and analysing interpretive	<sub>'</sub> e
	practice.	
	o Grounded theory	
	o Co-operative enquiry: Action research practice	
	o Triangulation in Qualitative research	
	o Mixed methods in Qualitative research	
IV	QUALITATIVE RESEARCH DATA COLLECTION AND ANALYSIS	
	PART A 10 HOURS	
	Observational methods, Interviewing, Dairy and Narrative Methods, case history	
	method, life history method and content analysis	
V	QUALITATIVE RESEARCH DATA COLLECTION AND ANALYSIS:	
	PART B 10 HOURS	
	Focus groups, Thematic analysis, Interpretative Phenomenological Analysis	is
	(IPA),	
	Document analysis, discourse analysis and Conversation analysis	
	Reporting qualitative research data	
	Computer application in Qualitative research	
REFEREN	CES:	

- 1. Flick, U. (2020). An introduction to qualitative research (6th ed.). SAGE Publications.
- 2. Creswell, J. W., & Poth, C. N. (2018). Qualitative inquiry and research design: Choosing among five approaches (4th ed.). SAGE Publications.
- 3. Denzin, N. K., & Lincoln, Y. S. (Eds.). (2021). The SAGE handbook of qualitative research (5th ed.). SAGE Publications.

Maxwell, J. A. (2013). Qualitative research design: An interactive approach (3rd ed.). SAGE Publications.

#### **COURSSE OBJECTIVES:**

This provides students with a critical understanding of qualitative research methods in Psychology. The use of qualitative methods in conjunction with quantitative methods and independently. Hands- on experience to design qualitative studies and the importance of qualitative research in Psychology.

#### COURSE OUTCOME: AFTER THE COURSE THE STUDENT WILL BE ABLE TO

CO	COURSE DESCRIPTION
CODE	
CO1	Explain the basic principles, characteristics, process and ethics of qualitative research.
CO2	Compare and conclude the basic differences in the theoretical approaches to qualitative research.
CO3	Select appropriate qualitative research designs and strategies for enquiry and analysis of qualitative data.
CO4	Critically evaluate the various data collection methods and choose appropriate methods as per research objectives
CO5	Interpret data through various qualitative analysis methods. Analyze qualitative data using computer applications

#### TEACHING-LEARNING PEDAGOGY

Interactive lectures, flipped classroom, inquiry-based learning, group presentations Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC25AP: PSYCHOLOGICAL ASSESSMENTS AND LIFE SKILLS TRAINING- PART A

Course Code	24MSC25AP	Course Title	PSYCHOLOGICAL ASSESSMENTS AND LIFE SKILLS TRAINING- PART A		
Course Type	DSC	Contact Hours	4 Hours per Week		
Credit	4	Domain	Total:60 Hours HUMANITIES		
Syllabus					
Psychological	Assessment of Cog	nitive Abilities			
Assessments (Part A)	Assessment of Pers	onality			
(Part A)	Assessment of Diag	gnostic Tools			
	Intervention Strateg	ries			
Life Skills	Life Skills Training can be executed in Three Phases. · Maximum 4				
Training (Part B)	students in a group.				
<b>D</b> )	Phase I: Pre-Training:				
	• Topics should be selected.				
	<ul> <li>Developing module based on the topics selected.</li> </ul>				
	• Participant groups should be specified.				
	Prepare Personal Data Sheet.				
	Identifying Institution/Organization to conduct training program.				
	• Consent should be taken from the Institution/Organization.				
	• Arrange for materials required to conduct training programs.				
	Phase II: Training:				
	• The module should be of maximum five sessions and minimum of two				
	sessions.				
	• Time limit: Min. 30 for minutes each session.				
	• Follow the guidelines given to execute the training program				
	• After completion of sessions suggestions/feedback/opinions/comments				
	should be taken				

from each participant.

#### Phase III: Post Training:

- A detailed report should be written about the training program.
- Guidelines given should be followed to write the report
- Thematic and content analysis method should be used to analyse the content given by

participants.

Evaluation: Separate records to be submitted for Part A and Part B. Part B should include:

- Certificate from the organization/institution
- Certificate from the guide
- Details of the module developed
- Report on the execution of the module
- Evaluation of Part B would be based on the report and viva voce

#### **COURSE OBJECTIVES:**

Students would learn about different tools to be used for specific concerns. Paper will give knowledge about the administration, scoring and interpretation of various tools available. This would help students in utilizing these skills in future careers in the field of assessment and research.

CO CODE	COURSE DESCRIPTION	
CO1	Administer, analyze and interpret psychological tools related to cognitive and personality variables.	
CO2	Design interventions based on test results.	
CO3	Design life skill training module	
CO4	Deliver Life skills training module to different audiences	
CO5	Evaluate the effectiveness of the LST module.	

# TEACHING-LEARNING PEDAGOGY

Interactive lectures, flipped classroom, inquiry-based learning, group presentations Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC26PA: PROJECT: PSYCHOMETRIC TOOL DEVELOPMENT

Course Code	24MSC26PA	Course Title	24MSC26A: PROJECT PSYCHOMETRIC TOOL DEVELOPMENT	
Course Type	DSC	<b>Contact Hours</b>	4 Hours per Week	
Credit	4	Domain	Total:60 Hours HUMANITIES	
Syllabus				
General Guidelines:	• Title, purpose	, and sample limitations	to be clearly mentioned.	
Group project with not less than 3 students and a maximum of 8 students supervised by batch teacher	the scale and Me analysis used  Types of meas and Variables, na Nature of resp development  Use and applic Steps to be fol Item writing, I Item validity a	rature on the variable be thodology followed in the surement used, Type of pature and type of variable onse and scale, Psychometation of the test lowed attem difficulty and item and item analysis	e being measured netric analysis and Norm	
	Reliability and validity testing of the tool and Scoring pattern and  Norm Development			
	<ul><li>Norm Development</li><li>Evaluation: Report evaluation, presentation and Viva Voce</li></ul>			

Anastasi, A., & Urbina, S. (1997). Psychological testing. Prentice Hall/Pearson Education.

Chadha, N. K. (2009). Applied psychometry. SAGE Publications India.

Singh, A. K. (1986). Tests, measurements and research methods in behavioural sciences.

Tata McGraw-Hill.

#### **COURSE OBJECTIVES:**

The students are expected to demonstrate and apply the theoretical aspects of Psychometry and desubstantial sample size. The project would be a group Endeavor and students are expected to devestigable data, run psychometric analysis on the tool, check the tool for validity and reliability and same.

CO CODE	COURSE DESCRIPTION
CO1	Demonstrate theoretical knowledge related to psychometry
CO2	Construct and refine items of a psychological tool
CO3	Evaluate the face and content validity of the scale using experts.
CO4	Test the reliability of the scale.
CO5	Develop a training manual consisting of test administration procedure, scoring

#### TEACHING-LEARNING PEDAGOGY

Interactive lectures, flipped classroom, inquiry-based learning, group presentations Group discussions, collaborative learning, team teaching, activity-based learning

# 24MSC27A - THEORIES OF LEARNING SOFTCORE Skill based Certification Course

One of the following certification courses maybe considered:

- 1. Writing winning resumes and cover letters: Coursera: 12 hours
- 2. Teamwork skills: communicating effectively in groups, Coursera, 11 hours
- **3.** Crisis Intervention & Trauma Management: Paid self paced online course by our MoU partner Drishti (with contact hours, assessment and certification)
- 4. Art and expressive Therapy: Paid course with external faculty